#### Sides and extras 4.31 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.57 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal Chicken gravy 50 kcal Onion rings 🕖 **Six** 269 kcal **2.33** Twelve 538 kcal 3.50

Desserts	
NEW Salted caramel sticky toffee pudding ♥ Vanilla ice cream 877 kcal or custard 741 kcal	5.72
Millionaire's shortbread V 600 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.72
Vanilla ice cream ♥ (%) 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.37
Cookie crunch ♥ (\$55) 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.37
Mini warm chocolate brownie (V) (555) 435 kcal Belgian chocolate sauce, vanilla ice cream	3.53
Mini warm cookie dough sandwich <b>3</b> 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.53
Mini American-style pancakes ♥ €555 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	4.27
Fresh fruit 👽 😵 📆 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.38
Warm chocolate fudge cake ♥ 909 kcal. Vanilla ice cream	6.13
<b>Warm chocolate brownie </b> ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream	6.13
<b>Warm cookie dough sandwich ♥</b> 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	6.13
British Bramley apple crumble <b>V</b> Vanilla ice cream 673 kcal or custard <b>S</b> 537 kcal	6.42
American-style pancakes ♥ ॐ 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.72

Add: Custard V (134 kcal) 1.23; Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (166 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- · Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits
- · List only vegan or vegetarian dishes.

 $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot	
= Extremely hot	
V Vegetarian 🥏 Vegan 🥯 5% fat or less 💖 Dish under 500 (	Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# 8am - 12 noon

4.50

6.07

6.07

6.07

5.72

5.72

5.02

4.27

3.98

4.50

3.91

2.76

2.72

3.91

5.33

5.08

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toa Small breakfast 6559 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) 75p	5.33	Piesta brunch  \$\iiiis\$ \$\iiis\$ 659 kcal  Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa  Eggs Benedict 725 kcal  Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket  Mushroom Benedict  \$\iiiis\$ 638 kcal  Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast 1129 kcal Two fried eggs, three vegan sousages, baked beans, three hash browns,	5.33 7.58	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket American-style pancakes
mushroom, tomato, two slices of toast  Vegetarian breakfast ♥ 786 kcal  Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	5.89	N≥W Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. ♥ № 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. ♥ ॐ 554 kcal
Small vegetarian breakfast  ©	5.33 5.49	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal Two pancakes, maple-flavour syrup. 327 kcal
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread  American breakfast 1258 kcal	7.58	Scrambled egg on toast <b>v</b> 570 kcal Three eggs, buttered white bloomer toast <b>Beans on toast v 3</b> 566 kcal. Buttered white bloomer toast
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal		NEW Vegan option available with vegan spread   Small beans on toast   Swall beans on toast  Buttered white bloomer toast
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		Two slices of toast with jam or marmalade V 524 kcal White bloomer bread
Porridge (V (S) (S) 252 kcal (plain)  Add: Banana (A) (110 kcal) 62p; Maple-flavour syrup (A) (125 kcal) 34p  Strawberries (A) (27 kcal) 62p; Blueberries (A) (17 kcal) 62p  Honey (M) (91 kcal) 34p; Sliced apple (A) (46 kcal) 62p	2.09	Fresh fruit @ \$\colon\co

#### Breakfast extras

75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
46p	Poached egg V 63 kcal	93p	•	
	1.05 1.05 1.13	<ul> <li>1.05 Four rashers of maple-cured bacon 91 kcal</li> <li>1.05 Two scrambled eggs ♥ 136 kcal</li> <li>1.13 Fried egg ♥ 56 kcal</li> </ul>	1.05       Four rashers of maple-cured bacon 91 kcal       1.52         1.05       Two scrambled eggs ♥ 136 kcal       1.63         1.13       Fried egg ♥ 56 kcal       93p	<ul> <li>1.05 Four rashers of maple-cured bacon 91 kcal</li> <li>1.05 Two scrambled eggs ♥ 136 kcal</li> <li>1.63 Two grilled tomato halves ⊚ 16 kcal</li> <li>1.13 Fried egg ♥ 56 kcal</li> <li>93p Grilled halloumi-style cheese ♥ 447 kcal</li> </ul>

### **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.50
Sausage butty 714 kcal	4.50
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	4.50
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 5% (506) 435 kcal	

## **Breakfast muffin deal**

DI CANIASI III WIIIII WCAI			
includes tea, coffee or hot chocolate. Free refills			
Egg & cheese muffin 🗸 📆 249 kcal Fried egg, American-style cheese, in an English muffin	3.91		
Egg & bacon muffin 📆 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.38		
Egg & sausage muffin (555) 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.38		
Egg & vegetarian sausage muffin 👽 😘 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.38		
Breakfast muffin 📆 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	<b>4.61</b>		
Smashed avocado muffin ② S SSS 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97	4.61		
Add: Hash brown 🧔 (82 kcal) 46p			

Vegetarian breakfast wrap 735 kcal 5.08 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese

### Tea. coffee and hot chocolate-

TEA, COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -LAVATIA (A) (A)

Breakfast wrap 724 kcal

Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

Flat white **9** 92 kcal

Cappuccino 102 kcal

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

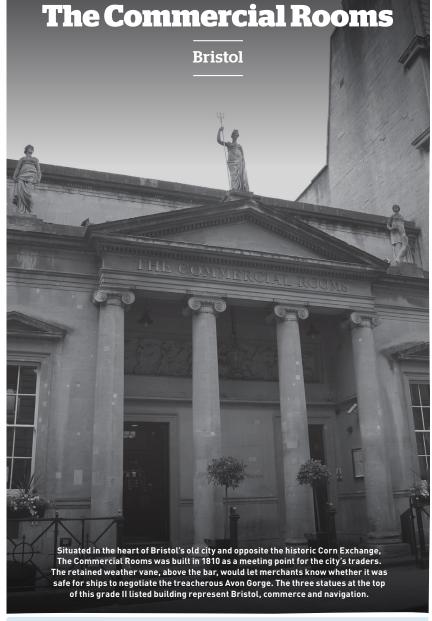
### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

drinkaware.co.uk ♡ idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





### **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



around 2000 kcal a day.§

Allergen and nutritional information can

be found on our customer information screen,

website and Wetherspoon app. Adults need

#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**qoodfoodtalks** 

The spoken menu app for the visually impaired

opening menus for everybody



**Traditional** breakfast £5.89

Tea. coffee and £1.56 hot chocolate Free refills

### **Deli Deals** INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.97

soft drink\* £5.00

£6.53

alcoholic drink\*

# **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\* £7.85

£6.32

# **Afternoon deals**

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink\*

£6.98

£8.51

## Steak Club

INCLUDES A DRINK' • **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

alcoholic drink\*

£10.83 | £12.36

### Curry Club INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\*

£9.07 £10.60

INCLUDES A DRINK • Choose from over 150 drinks

# LAVATIA Coffee The freshly ground 100% Arabica



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

#### **Award-winning** children's menu

Best children's meals (first place) Independently run 'secret diner' survey



**Sustainable Restaurant Association** Awarded the highest rating in the world's







Small plates Any 3 for £15.33			
Char-grilled halloumi-style cheese V 514 kcal	5.28		
Rocket, roasted pepper, courgette, onion, salsa	6.18		
Nachos ♥️♥ ♥ 695 kcal Cheese, quacamole, salsa, sour cream, sliced chillies	0.10		
Bowl of chips @ 964 kcal	4.31		
Bowl of chips with curry sauce @ 1082 kcal	5.95		
Cheesy chips ♥ 1256 kcal	5.50		
Loaded chips 1303 kcal	6.40		
Cheese, maple-cured bacon, sour cream  Tomato & basil soup ♥ ॐ ‱ 374 kcal	4.31		
White bloomer bread	4.01		
NEW Vegan option available with vegan spread @ 593 (1997) 285 kcal			
With any of the small plates below, choose one dip:			
Sweet chilli 🖊 🚳 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🖊 🗸 🚳 136 kcal			
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo  \$\mathre{\psi} \mathre{\psi}\$ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	cal		
Halloumi-style fries V 5555 396 kcal	5.28		
Chicken bites (555) 322 kcal Ten battered chicken breast pieces	6.40		
Southern-fried chicken strips 5 655 459 kcal Five chicken breast strips	6.40		
Chicken wings /// 813 kcal	7.08		
Ten spicy chicken wings			
<b>Quorn™ nuggets @ 331</b> kcal Eight coated pieces	5.28		
Deli Deals Includes a Drink			

Deli Deals INCLUDES A DRINK	
All wraps and paninis are freshly made to order.	
NEW 10" wraps A smaller wrap and filling.	
<b>Small brunch wrap</b> 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	just-a-wrap, without a drink
Small shawarma chicken /// 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	3.97 each
<b>Small Quorn™ nuggets @ \$555</b> 310 kcal Salad leaves, tomato, cucumber, salsa	5.00 each
Small southern-fried chicken 777 (399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink* 6.53 each
Small cold chicken breast // 🚳 📆 277 kcal Salad leaves, sweet chilli sauce	eacii
Small fried halloumi-style cheese // 👽 🐯 391 kcal	

Salad leaves, sweet chilli sauce, tomato, cucumber

Small side salad (46 kcal) Small portion of chips @ (329 kcal)

#### 12" wraps

NEW Shawarma chicken 777 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,

tomato, onion, rocket, fresh mint Quorn<sup>™</sup> nuggets @ 508 kcal

Tomato, cucumber, salsa soft drink\* Southern-fried chicken **FFF** 609 kcal 6.56 Salad leaves, smoky chipotle mayo each Cold chicken breast PP 3 479 kcal Salad leaves, sweet chilli sauce alcoholic drink\*

Fried halloumi-style cheese // W 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe

**Paninis** 

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) Spicy rice (208 kcal); Chips (602 kcal)

Adults need around 2000 kcal a day.§

#### Burgers includes a drink

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* Classic beef burger 677 kcal 6.32 7.85 Iceberg lettuce, tomato, red onion each each Skinny beef burger 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kcal soft drink\* 6.91 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 8.44 American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal soft drink\* alcoholic drink\* Red onion, gherkin, ketchup, American-style mustard 8.59 10.12 Double classic beef burger 1119 kcal each each Iceberg lettuce, tomato, red onio soft drink\* 9.17 Double American cheese burger 1207 kcal

American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 10.70 American-style mustard

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger 776 kcal soft drink\* 6.32 Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 7.85

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet alcoholic drink\* Char-grilled chicken breast burger 970 kcal 8.59 10.12 Skinny chicken burger 53 5394 kcal each each Char-grilled chicken breast, with a side salad, instead of chips

Meat-free burgers

Served with chips (602 kcal, included in Calories below). Beyond Burger<sup>™</sup> 1043 kcal soft drink\* alcoholic drink\* 10.12

BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce Breaded vegetable burger V 1039 kcal

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 🖊 🔾 1118 kcal. Sweet chilli sauce

8 59

each

each

each **4.05** 

each

10.01

Just-a-burger

each 1.03

8.09

each

each 1.44

Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger # 447 kcal

### Two southern-fried chicken strips, iceberg lettuce, mayonnaise CUITTIES INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **FF** @ 529 927 kcal Chicken tikka masala 1190 kcal

soft drink\* alcoholic drink\* 10.72 12.25 Chicken jalfrezi FFF 529 935 kcal each Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 47p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry 🔰 🧿 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal

Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 9.60 11.13 each each

soft drink\* alcoholic drink\*

8.48

each

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

soft drink\* Char-grilled chicken breast 1417 kcal 10.80 Fried buttermilk chicken 1703 kcal each alcoholic drink Maple-cured bacon, Cheddar cheese, BBQ sauce 12.33

each

soft drink\*

11.72

each

alcoholic drink\*

13.25

soft drink\*

9.55

each

alcoholic drink\*

11.08

each

Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal

Heatwave burger Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 12.25 Three 3oz beef patties, American-style cheese, alcoholic drink\* 13.78 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

2.14 Maple-cured bacon with Cheddar cheese 173 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal 1.52 Cheddar cheese V 82 kcal 1.52 American-style cheese V 69 kcal 1.52 Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal 1.50

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal each **1.97** Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

### Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken hites hasket Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket // V Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal Add: Chicken gravy (50 kcal) 94p

Small pub classics includes a drink .

soft drink\* alcoholic drink\* Fish and chips Small freshly battered cod and chips 10.26 8.73 Peas 681 kcal or mushy peas 739 kcal Small Whitby breaded scampi 8.73 10.26 Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (a) (118 kcal) 1.46 7.50 9.03 Small Wiltshire cured ham, egg and chips (500) 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 681 kcal 7.79 9.32 Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p Small vegetarian all-day brunch V 611 kcal 7.79 9.32 Two vegan sausages, fried egg, baked beans, chips

Afternoon deal

Fish and chips

Mon - Fri, 2pm - 5pm choose from the above small pub classic me

soft drink\* | alcoholic drink\* 6.98 8.51

soft drink\* alcoholic drink\*

### Pub classics includes a drink

Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.95	12.48
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.95	12.48
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	10.61	12.14
<b>Vegetarian all-day brunch ♥</b> 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.61	12.14
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	9.20	10.73
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	9.20	10.73
<b>Vegetarian bangers and mash ♥</b> 635 kcal Three vegan sausages, peas, onion & red wine gravy	9.20	10.73
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.61	10.14
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	8.61	10.14
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	8.61	10.14
NEW Chilli bean non-carne Ø @ \$\oint 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	9.20	10.73

#### Afternoon deal Mon - Fri, 2pm - 5pm

Choose from the above pub classic meals.

soft drink\* alcoholic drink 8.14 9.67

### Jacket potatoes includes a drink of

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Cheese V 512 kcal Baked beans @ 5% 5555 482 kcal Chilli bean non-carne / @ 58 58 442 kcal Roasted vegetables @ 538 (555) 383 kcal

7.72 9.25

soft drink\*

alcoholic drink\*

### Steaks and grills INCLUDES A DRINK

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak

soft drink\* alcoholic drink 12.13 13.66 Mediterranean salad 657 kcal; Jacket potato 774 kcal each each

Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink Chanse: Side salad 785 kgal 14.48 16.01 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze V (87 kcal) 1.82 each

Choose: Side salad 526 kcal

fried egg, six onion rings

Chips 2012 kcal

Mashed potato 745 kcal: Chips 1061 kcal

Mashed potato 1003 kcal; Chips 1320 kcal

Below meals are served with peas, tomato and mushroom.

soft drink\* alcoholic drink 10.95 12.48 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 827 kcal; Mashed potato 827 kcal Chips 1143 kcal 5oz gammon and egg 9.60 11.13 Choose: Side salad 53 555 402 kcal Mediterranean salad 532 kcal; Jacket potato 530 649 kcal Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 14.31 12.78 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal Chips 1146 kcal 12.78 Mixed arill 14.31 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal: Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal Chips 1519 kcal Large mixed grill 14.53 16.06 Gammon, pork loin, rump, lamb, two Lincolnshire sausages

### Noodles, salads and pastas INCLUDES A DRINK

Choose: Side salad 1477 kcal: Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal

NEW Ramen noodle bowl P @ \$2 \$660 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg \$\mathbf{V}\$ (63 kcal) 93p	8.99	10.52
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast (36) 283 kcal Southern-fried chicken breast strips (36) 465 kcal	10.32	11.85
Mediterranean salad	9.19 3	10.72
Grilled halloumi-style cheese & roasted vegetable salad ♥ ★ 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	9.47	11.00
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, quacamole, sliced chillies	9.47	11.00

9.75 Pasta alfredo M 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

Add: Char-grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52

Add: Char-grilled chicken breast (187 kcal) 1.97

Chilli bean non-carne / (a) (149 kcal) 1.97

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

11.85

11.28

10.32

soft drink\* alcoholic drink\*