#### Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 **Six** 269 kcal **2.33 Twelve** 538 kcal **3.50** 11" 772 kgal 5 57 Garlic pizza bread 🚺 0" 384 kgal / // 1

With cheese V	<b>8</b> " 473 kcal		11" //2 kcal 11" 922 kcal	
<b>Desserts</b>				
NEW Salted caramel s Vanilla ice cream 877 kcal or cu			g 🛡	4.99
NEW Millionaire's sho Two vanilla ice cream scoops, si toffee sauce				2.17
<b>Vanilla ice cream ♥ (58</b> Two scoops, toffee sauce, Belgi		auce		1.82
Cookie crunch 🗸 📆 3 Two vanilla ice cream scoops, c		e, Belgian ch	ocolate sauce	1.82
Mini warm chocolate b Belgian chocolate sauce, vanilla		UNDER 435 kg	al	2.98
Mini warm cookie doug Salted caramel filling, toffee sa	_		431 kcal	2.98
Mini American-style p Two pancakes, maple-flavour sy	_	_	cal	3.54
Fresh fruit V 59 5555 470 Apple, banana, blueberries, stra		lla ice cream	ı	4.56
Warm chocolate fudge	<b>cake (V</b> 90	9 kcal. Vanill	a ice cream	5.33
Warm chocolate brow Belgian chocolate sauce, vanilla		al		5.33
<b>Warm cookie dough sa</b> Salted caramel filling, toffee sa	_			5.33
British Bramley apple Vanilla ice cream 673 kcal or cu				5.62
American-style panca	kes V 🚳 68	39 kcal		4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- · Exclude those dishes containing certain allergens.
- See full lists of ingredients. Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

Four pancakes, maple-flavour syrup, vanilla ice cream

 $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild	= Mild	1edium hot 🖊 🆊	= Very hot
= Extre	mely hot		
Vegetarian 🥏	Vegan 🥯 5% fat	or less UNDER Dis	h under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# Served 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	NEW Fiesta brunch / © 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.42
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to Small breakfast 655 435 kcal	<b>4.99</b> ast <b>4.45</b>	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) <b>75p</b>		Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	5.14
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	Hollandaise sauce, rocket  American-style pancakes  NEW Four pancakes, banana, strawberries, blueberries,	4.99
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	maple-flavour syrup. <b>№</b> \$9 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. <b>№</b> \$9 554 kcal	4.99 4.30
Small vegetarian breakfast 👽 🖘 😘 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal Two pancakes, maple-flavour syrup. 277 kcal	3.54 3.25
Vegan breakfast @ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast	3.77
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,	6.85	Beans on toast  \$\infty\$ \omega 566 kcal. Buttered white bloomer toast  \text{NIMW} Vegan option available with vegan spread  \$\infty\$ \omega 566 kcal.	3.66
four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Friedown hash brown more great bean. Lineal politic causes.	4.99	Small beans on toast  \$\infty\$ \$\infty\$ \$\infty\$ 252 kcal  Buttered white bloomer toast  This aligns of the struible in more programs lade \$\infty\$ 527 kcal	2.62
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	0.00	Two slices of toast with jam or marmalade V 524 kcal White bloomer bread	
Porridge V S CTD 252 kcal (plain)  Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p	2.09	Fresh fruit @ \$\colon\text{colon} 200 kcal Apple, banana, blueberries, strawberries	3.66
Strawberries <b>⊘</b> (27 kcal) <b>62p</b> ; Blueberries <b>⊘</b> (17 kcal) <b>62p</b> Honey <b>♡</b> (91 kcal) <b>34p</b> ; Sliced apple <b>⊘</b> (46 kcal) <b>62p</b>		NEW Fresh fruit and yoghurt  \$\infty\$ \$\infty\$ \$\infty\$ 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

### **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
<b>Vegan sausage  3</b> 82 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown 🥑 82 kcal	46p	Poached egg V 63 kcal	93p	,	

### **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.42
Sausage butty 714 kcal	3.42
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	3.42
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 5% 566 435 kcal	

# **Breakfast muffin deal**

Di Caniast Indilili acai	
Includes tea, coffee or hot chocolate. Free refil	ls°
<b>Egg &amp; cheese muffin ♥</b> (557) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
<b>Egg &amp; bacon muffin</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
<b>Egg &amp; sausage muffin</b> 333 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
<b>Egg &amp; vegetarian sausage muffin ♥</b> (333) kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
<b>Breakfast muffin</b> \$355 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	<b>4.01</b>
Smashed avocado muffin <b>②</b> S	4.01
Add: Hash brown 🥥 (82 kcal) 46p	

#### Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

# Tea. coffee and hot chocolate-



Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

for the facts drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





FOOD HYGIENE RATING

0 1 2 3 4 5

# **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



# Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable

回燃回



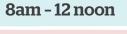
#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



**Breakfast** 

£4.99

Tea. coffee and £1.56 hot chocolate Free refills

**Traditional** 

breakfast

## **Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

£4.11

£5.64

alcoholic drink\*

# **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£5.44 £6.97

### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink\*

£6.09

£7.62

# Steak Club

INCLUDES A DRINK' •

**Tuesday 11.30am - 11pm** Featuring classic 8oz sirloin

alcoholic drink\*

£9.67 £11.20

### Curry Club INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\* £9.44

£7.91

INCLUDES A DRINK • Choose from over 150 drinks

# Coffee The freshly ground 100% Arabica



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

### **Award-winning** children's menu

Best children's meals (first place) Independently run 'secret diner' survey



**Sustainable Restaurant** Association Awarded the highest rating in the world's largest sustainability certification for pubs



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§







8" pizzas. Sourdough base - proved, stretched,	3	Burgers includes A De Beef burgers made with 100% Br
topped and freshly baked to order.		Beef burgers One 3 oz beef patty.
Margherita V (1887) 467 kcal. Mozzarella, basil	6.04	Served with a small portion of chips (329
Pepperoni // 575 kcal. Mozzarella, pepperoni	6.61	American burger 696 kcal
lam and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.61	Red onion, gherkin, ketchup, American-style mus
BBQ chicken 555 kcal	6.61	Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion
Nozzarella, BBQ sauce, chicken breast, red onion, rocket	, ,,	Skinny beef burger 500 375 kcal
Roasted vegetable V 514 kcal lozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61	Iceberg lettuce, tomato, red onion, with a side sa
'egan roasted vegetable Ø 🖘 🐃 355 kcal	6.61	American cheese burger 730 kcal
ushroom, roasted pepper, courgette, onion, basil	0.01	American-style cheese, red onion, gherkin, ketcl
picy meat feast /// 615 kcal	7.20	American-style mustard
lozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		Double beef burgers Two 3ozbeef p
Char-grilled halloumi-style cheese V 514 kcal	4.96	Served with chips (602 kcal, included in 0
ocket, roasted pepper, courgette, onion, salsa		<b>Double American burger</b> 1138 kcal Red onion, gherkin, ketchup, American-style mu:
1" garlic pizza bread V 772 kcal	5.57	Double classic beef burger 1119 kcal
lachos /// 0 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chil	lies <b>5.81 4.23</b>	Iceberg lettuce, tomato, red onion
Bowl of chips @ 964 kcal Bowl of chips with curry sauce @ 1082 kcal	5.58	Double American cheese burger 1
Cheesy chips V 1256 kcal	5.41	American-style cheese, red onion, gherkin, ketcl
.oaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03	American-style mustard
Tomato & basil soup V 🕸 📸 374 kcal. White bloomer bread	4.23	Chicken burgers
NEW Vegan option available with vegan spread 🥏 🖘 😘 285 kcal		Served with a small portion of chips (329 k
ith any of the small plates below, choose one dip:		Crunchy chicken strip burger / 776
weet chilli 🆊 🗑 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🖊 🗸 🕢 13		Two southern-fried chicken strips, iceberg lettuc
ack Daniel's® Tennessee Honey glaze 🤍 87 kcal; Chipotle mayo 🏸 🎔 🕽	50 kcal	Served with chips (602 kcal, included in 0
lue cheese V 270 kcal; BBQ sauce Ø 83 kcal		Fried buttermilk chicken burger 12 Breaded whole chicken breast fillet
Halloumi-style fries V 555 396 kcal	4.96	Char-grilled chicken breast burger
Chicken bites (555) 322 kcal. Ten battered chicken breast pieces	6.09	Skinny chicken burger (%) (500) 394 kg
<b>Southern-fried chicken strips</b> 555 459 kcal. Five chicken breast strips 555 459 kcal. Five chicken breast strips 555 459 kcal.	6.26	Char-grilled chicken breast, with a side salad, inste
Chicken wings /// 813 kcal. Ten spicy chicken wings Nuorn™ nuggets ⊘ 833 331 kcal. Eight coated pieces	5.19	Meat-free burgers
adorn maggets of the actual Light coated pieces	0.17	Served with chips (602 kcal, included in C
Deli Deals <sup>®</sup> INCLUDES A DRINK		Beyond Burger <sup>™</sup> @ 1043 kcal
		BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce
All wraps and paninis are freshly made to order.		Breaded vegetable burger ♥ 1039 k
10" wraps A smaller wrap and filling.		Lentils, carrot, onion, sweetcorn, mushroom, mo
<b>Small brunch wrap</b> 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese		Fried halloumi-style cheese burg
	ıst-a-wrap, thout a drink	Just-a-burger
ried egg, two vegan sausages, Cheddar cheese	3.08	Served on its own, without chips or a dr
Small shawarma chicken 🎢 🎜 502 kcal	each	American burger (555) 367 kcal Red onion, gherkin, ketchup, American-style must
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	soft drink*	Crunchy chicken strip burger
		Two southern-fried chicken strips, iceberg lettuc
uniato, uniun, rucket, mesminint	4.11	1 7 9
omato, omon, rocket, rresh minit Gmall Quorn™ nuggets ⊘ 😘 310 kcal	each	
Small Quorn™ nuggets @ (555) 310 kcal  alad leaves, tomato, cucumber, salsa —		Curries Includes Adr
Small Quorn™ nuggets @ \$\$\$ 310 kcal alad leaves, tomato, cucumber, salsa Small southern-fried chicken \$\$\$\$\$ 399 kcal	each oholic drink* <b>5.64</b>	
Small Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink*	Classic curries With basmati pilau ri Mangalorean roasted cauliflower
Small Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal alad leaves, smoky chipotle mayo  Small cold chicken breast // 52 555 277 kcal alad leaves, sweet chilli sauce	each oholic drink* <b>5.64</b>	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry FF @ \$927 kcal
Small Quorn™ nuggets ② 555 310 kcal latad leaves, tomato, cucumber, salsa  Small southern-fried chicken // 555 399 kcal latad leaves, smoky chipotle mayo  Small cold chicken breast // 52 555 277 kcal latad leaves, sweet chilli sauce  Small fried halloumi-style cheese // € 555 391 kcal	each oholic drink* <b>5.64</b>	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry PP @ \$927 kcal Chicken tikka masala PP 1190 kcal
imall Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa small southern-fried chicken // 555 399 kcal alad leaves, smoky chipotle mayo small cold chicken breast // 52 555 277 kcal alad leaves, sweet chilli sauce small fried halloumi-style cheese // € 555 391 kcal alad leaves, sweet chilli sauce, tomato, cucumber	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ @ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// @ 935 kcal
Small Quorn™ nuggets ② 355 310 kcal alad leaves, tomato, cucumber, salsa alad leaves, tomato, cucumber, salsa alad leaves, smoky chipotle mayo  Small cold chicken breast 🎾 30 277 kcal alad leaves, sweet chilli sauce  Small fried halloumi-style cheese 🎉 391 kcal alad leaves, sweet chilli sauce, tomato, cucumber  dd: Small side salad ② (46 kcal); Small portion of chips ② (329 kcal) 1.0	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry PP @ \$927 kcal Chicken tikka masala PP 1190 kcal
Small Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$9.27 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// \$9.35 kcal Beef Madras //// 1043 kcal
Small Quorn™ nuggets ② 555 310 kcal  alad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // \$ 935 kcal Beef Madras /// 1043 kcal Change your plain naan to a garlic naar
Small Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each	& spinach curry  9 @ \$927 kcal Chicken tikka masala 9 1190 kcal Chicken jalfrezi 9 \$935 kcal Beef Madras 9 \$1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilau ri
Small Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa small southern-fried chicken	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$3 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // // \$935 kcal Beef Madras // // 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @
Small Quorn™ nuggets ② 355 310 kcal alad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry  © 39 927 kcal Chicken tikka masala  19 1190 kcal Chicken jalfrezi  99 935 kcal Beef Madras  1043 kcal  Change your plain naan to a garlic naam Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry  60 Choose: Basmati pilau rie 568 kcal; Chips 9
Small Quorn™ nuggets ② 300 310 kcal  catal leaves, tomato, cucumber, salsa  catal leaves, tomato, cucumber, salsa  catal leaves, smoky chipotle mayo  catal cold chicken breast	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$3 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // \$9 935 kcal Beef Madras // 1043 kcal  Change your plain naan to a garlic naan Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$3 568 kcal; Chips 9 Simple chicken tikka masala
Small Quorn™ nuggets ② 300 310 kcal  catal leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each 3 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$3 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // \$9 935 kcal Beef Madras // 1043 kcal  Change your plain naan to a garlic naan Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$3 568 kcal; Chips 9 Simple chicken tikka masala // Choose: Basmati pilau rice \$30 kcal; Chips 1232
Small Quorn™ nuggets ② 355 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken	each oholic drink* 5.64 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry  9 9 927 kcal Chicken tikka masala 9 1190 kcal Chicken jalfrezi 9 9 935 kcal Beef Madras 9 1043 kcal  Change your plain naan to a garlic naam Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry 9 0 Choose: Basmati pilau rice \$ 568 kcal; Chips 9 Simple chicken tikka masala 9 Choose: Basmati pilau rice \$ 300 kcal; Chips 1232 Simple chicken jalfrezi
Small Quorn™ nuggets ② 300 310 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken	each oholic drink* 5.64 each 3 each	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$\frac{9}{2} \text{927 kcal}\$ Chicken tikka masala // 1190 kcal Chicken jalfrezi // & \frac{9}{2} \text{935 kcal}\$ Beef Madras // 1043 kcal  Change your plain naan to a garlic naan  Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$\frac{9}{2} \text{568 kcal; Chips 9}\$  Simple chicken tikka masala // Choose: Basmati pilau rice \$\frac{8}{2} \text{506 kcal; Chips 1232}\$  Simple chicken jalfrezi /// Choose: Basmati pilau rice \$\frac{8}{2} \text{575 kcal; Chips 9}\$
Small Quorn™ nuggets ② 330 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken  \$\mathcal{Image} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	each oholic drink* 5.64 each 3 each soft drink* 5.70 each cholic drink*	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$3 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // // \$9 935 kcal Beef Madras // // 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$3 568 kcal; Chips 9 Simple chicken tikka masala // Choose: Basmati pilau rice \$30 kcal; Chips 1232 Simple chicken jalfrezi /// Choose: Basmati pilau rice \$3575 kcal; Chips 9 Simple beef Madras ////
Small Quorn™ nuggets ② 300 310 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken	each oholic drink* 5.64 each 3 each	Classic curries With basmati pilauri Mangalorean roasted cauliflower & spinach curry // @ \$ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// \$ 935 kcal Beef Madras //// 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilauri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilaurice \$ 568 kcal; Chips 9 Simple chicken tikka masala /// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple chicken jalfrezi //// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple beef Madras ///// Choose: Basmati pilaurice 684 kcal; Chips 1086
Small Quorn™ nuggets ② 355 310 kcal  datad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 355 399 kcal  datad leaves, smoky chipotle mayo  Small cold chicken breast // 32 355 277 kcal  datad leaves, sweet chilli sauce  Small fried halloumi-style cheese // 329 kcal 391 kcal  datad leaves, sweet chilli sauce, tomato, cucumber  dd: Small side salad ② (46 kcal); Small portion of chips ② (329 kcal) 1.0  2" wraps  EW Shawarma chicken /// 719 kcal  chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,  somato, onion, rocket, fresh mint  Quorn™ nuggets ② 3508 kcal. Tomato, cucumber, salsa  Southern-fried chicken /// 609 kcal  datad leaves, smoky chipotle mayo  Cold chicken breast // 32 479 kcal  datad leaves, sweet chilli sauce  Fried halloumi-style cheese // 3707 kcal  datad leaves, sweet chilli sauce  Fried halloumi-style cheese // 3707 kcal  datad leaves, sweet chilli sauce  Fried halloumi-style cheese // 3707 kcal  datad leaves, sweet chilli sauce  Fried mayo and Cheddar cheese 590 kcal	each cholic drink* 5.64 each  3 each  soft drink* 5.70 each cholic drink* 7.23	Classic curries With basmati pilauri Mangalorean roasted cauliflower & spinach curry // @ \$ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // // \$ 935 kcal Beef Madras // // 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilauri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilaurice \$ 568 kcal; Chips 9 Simple chicken tikka masala // Choose: Basmati pilaurice \$ 30 kcal; Chips 1232 Simple chicken jalfrezi /// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple beef Madras //// Choose: Basmati pilaurice 684 kcal; Chips 1086 Add: One vegetable samosa and two onion bhaji
Small Quorn™ nuggets ② 355 310 kcal Small Quorn™ nuggets ② 355 310 kcal Small southern-fried chicken	each cholic drink* 5.64 each  3 each  soft drink* 5.70 each cholic drink* 7.23	Classic curries With basmati pilauri Mangalorean roasted cauliflower & spinach curry // @ \$ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// \$ 935 kcal Beef Madras //// 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilauri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilaurice \$ 568 kcal; Chips 9 Simple chicken tikka masala /// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple chicken jalfrezi //// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple beef Madras ///// Choose: Basmati pilaurice 684 kcal; Chips 1086
Small Quorn™ nuggets ② \$55 310 kcal Small Southern-fried chicken  \$\mathcal{P}	each cholic drink* 5.64 each  3 each  soft drink* 5.70 each cholic drink* 7.23	Classic curries With basmati pilau ri Mangalorean roasted cauliflower & spinach curry // @ \$\frac{9}{2} \text{927 kcal}\$ Chicken tikka masala // 1190 kcal Chicken jalfrezi // & \frac{9}{2} \text{935 kcal}\$ Beef Madras // 1043 kcal  Change your plain naan to a garlic naar  Simple curries With basmati pilau ri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice \$\frac{9}{2} \text{568 kcal; Chips 9}\$ Simple chicken tikka masala // Choose: Basmati pilau rice \$\frac{9}{2} \text{568 kcal; Chips 1232}\$ Simple chicken jalfrezi // Choose: Basmati pilau rice \$\frac{9}{2} \text{575 kcal; Chips 9}\$ Simple beef Madras // Choose: Basmati pilau rice \$\frac{9}{2} \text{575 kcal; Chips 1086}\$ Add: One vegetable samosa and two onion bhaji Two plain poppadums @ (86 kcal) 47p  Katsu curries With a mild Japanese-s
Small Quorn™ nuggets ② 330 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken	each cholic drink* 5.64 each  3 each  soft drink* 5.70 each cholic drink* 7.23	Classic curries With basmati pilauri Mangalorean roasted cauliflower & spinach curry // @ \$ 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi // // \$ 935 kcal Beef Madras // // 1043 kcal Change your plain naan to a garlic naan Simple curries With basmati pilauri Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilaurice \$ 568 kcal; Chips 9 Simple chicken tikka masala // Choose: Basmati pilaurice \$ 30 kcal; Chips 1232 Simple chicken jalfrezi /// Choose: Basmati pilaurice \$ 575 kcal; Chips 9 Simple beef Madras //// Choose: Basmati pilaurice 684 kcal; Chips 1086 Add: One vegetable samosa and two onion bhaji

Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

Burgers INCLUDES A DRINK' Beef burgers made with 100% British b	eef, freshl	y cooked to o
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>5.44</b> each	alcoholic drink* 6.97 each
<b>Skinny beef burger (555)</b> 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 6.04 dlic drink* 7.57
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	helow)	
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each	alcoholic drink*  9.26 each
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.30 dic drink* 9.83
Chicken burgers Served with a small portion of chips (329 kcal, incl Crunchy chicken strip burger ₱ 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayon	s Inaise alcoho	Calories below). soft drink* 5.44 blic drink* 6.97
Served with chips (602 kcal, included in Calories Fried buttermilk chicken burger 1255 kcal	below).	
Breaded whole chicken breast fillet  Char-grilled chicken breast burger 970 kcal  Skinny chicken burger 30 (1973) 394 kcal  Char-grilled chicken breast, with a side salad, instead of chip	each	alcoholic drink* 9.26 each
Meat-free burgers		
Served with chips (602 kcal, included in Calories to Beyond Burger™	soft drink* 7.73 each	alcoholic drink* 9.26 each
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, Fried halloumi-style cheese burger		
Just-a-burger Served on its own, without chips or a drink. American burger 555 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 565 447 kc Two southern-fried chicken strips, iceberg lettuce, mayon		each <b>3.36</b>
Curries includes a drink		
Classic curries With basmati pilau rice, plai	n naan and p	oppadums.
Mangalorean roasted cauliflower & spinach curry // @ ® 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// ® 935 kcal	soft drink* <b>9.84</b> each	alcoholic drink* 11.37 each
Beef Madras //// 1043 kcal		
Change your plain naan to a garlic naan 🔾 (add		
Simple curries With basmati pilau rice or ch Simple Mangalorean roasted cauliflower & spinach curry ፆፆ ⊚ Choose: Basmati pilau rice ⊗ 568 kcal; Chips 970 kcal	ips.	
Simple chicken tikka masala // Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi /// Choose: Basmati pilau rice ® 575 kcal; Chips 977 kcal	soft drink* <b>7.62</b> each	alcoholic drink* <b>9.15</b> each
Simple beef Madras //// Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal		
Add: One vegetable samosa and two onion bhajis 🎾 🥥 Two plain poppadums 🕢 (86 kcal) 47p	(293 kcal) <b>1.7</b>	6
Katsu curries With a mild Japanese-style kat coconut-flavour rice, sliced chillies and coriande		ce,

Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

Eight coated pieces

Katsu Quorn™ nugget curry @ 686 kcal

soft drink\* alcoholic drink\*

10.26

each

8.73

each

aceable from farm to fork.	
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calori	es below).
Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal	soft drink*  9.93 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 11.46 each
Heatwave burger /// Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal	
Fiesta burger ⊘ 1380 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepp courgette, onion	ier,
1	t drink* 11.38 c drink* 12.91
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ② 82 kcal American-style cheese ② 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal  30z beef patty 168 kcal Char-grilled chicken breast 187 kcal	2.14 1.52 1.52 1.52 1.50
Fried buttermilk chicken 473 kcal Breaded vegetable patty © 257 kcal Fried halloumi-style cheese © 298 kcal  BEYOND MEAT patty @ 184 kcal	each <b>1.97</b>
Chicken includes a drink	
Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken	
Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy / Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	soft drink* 10.83 each alcoholic drink* 12.36 each
Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	
Chicken baskets Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket	1
Three southern-fried chicken strips, five chicken breast bites, coleslaw, E Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	3BQ sauce

Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	<b>10.83</b> each
Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	alcoholic drink* 12.36 each
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	
Chicken baskets Chicken wing basket PPP Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket P Three southern-fried chicken strips, five chicken breast bites, coleslaw, I Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket \$\notine{\mathbb{F}}\$ Five chicken strips, coleslaw, Jack Daniel's* Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	soft drink*  8.68 each  alcoholic drink*  10.21 each
Quorn™ 'no chicken' nuggets basket    Eight coated pieces, coleslaw, sweet chilli sauce  Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal  Add: Chicken gravy (50 kcal) 94p	

11" pizzas includes a drink	. 418	
Sourdough base - proved, stretched, topped and freshly baked to order.  Margherita 934 kcal. Mozzarella, basil  Pepperoni 1151 kcal. Mozzarella, pepperoni	soft drink <b>8.68</b>	
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		soft drink*  9.84 each alcoholic drink*
Roasted vegetable ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, b Vegan roasted vegetable ⊘ № 709 kcal Mushroom, roasted pepper, courgette, onion, basil	asil	<b>11.37</b> each
Spicy meat feast PPP 1214 kcal Mozzarella, ham. pepperoni, chicken breast, sliced chillies,	11.02 rocket	12.55
Additional toppings Red onion ② 10 kcal; Sliced chillies PPPPP ③ 3 kcal; M	· · · · · · · · · · · · · · ·	cal each <b>88p</b>
Garlic & herb dip ⊘ 180 kcal; Mozzarella ♥ 150 kcal; Han Chicken breast 94 kcal; Maple-cured bacon 91 kcal	n 71 kcal	each <b>1.15</b>
Pepperoni 灰 109 kcal; Roasted vegetables 🥥 90 kcal		each <b>1.53</b>
Small pub classics inc	LUDES A I	RINK •
Fish and chips	soft drink	* alcoholic drink*
Small freshly battered cod and chips Ø leas 681 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) <b>1.34</b> Chip shop-style curry sauce ⊘ (118 kcal) <b>1.46</b>		
Small Wiltshire cured ham, egg and chips (66) 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	6.91	8.44
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	6.91	8.44
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* <b>6.09</b>	alcoholic drink* <b>7.62</b>
Pub classics includes a d	RINK •	
Fish and chips	soft drink	* alcoholic drink*
Freshly battered cod and chips 🔗	10.08	11.61
Peas 1240 kcal or mushy peas 1298 kcal <b>Whitby breaded scampi</b> Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add. Two slices of bread (A) (/A)/ kcal) 1 34		•••••••••••••••••••••••••••••••••••••••

Fish and chips	soft drink*	alcoholic drink*
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked bea Add: Black pudding (178 kcal) <b>75p</b>	<b>9.72</b> ans, chips	11.25
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine grav Choose: Mashed potato 963 kcal; Chips 1279 kcal	y <b>8.32</b>	9.85
<b>Bangers and mash</b> 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
<b>Vegan sausages, chips and beans ◎</b> 910 kcal Three vegan sausages	7.73	9.26
NEW Chilli bean non-carne 🖊 🥝 🖘 635 kcal Red peppers, red kidney and black turtle beans, smoky chipo	<b>8.32</b> otle sauce, rice,	<b>9.85</b> tortilla chips
Afternoon deal	soft drink*	alcoholic drink*

7.27

8.80

Mon - Fri, 2pm - 5pm Choose from the above pub classic meals

Steaks and grills INC From farms in the UK and Ireland, prin (traceable from farm to fork), matured seasoned with a steak-seasoning blend cooked to your liking.	ne beef ste for 28 day	eaks s,
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* 11.25 each	alcoholic drink* <b>12.78</b> each
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauc Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82	,	alcoholic drink* <b>15.12</b> each
Below meals are served with peas, tomato and m  BBQ chicken melt  Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce  Choose: Side salad  8 609 kcal; Mediterranean salad 739  Jacket potato  8 856 kcal; Mashed potato 827 kcal; Chip	soft drink <b>10.08</b> kcal	
5oz gammon and egg	8.73	10.2

Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mashed potato 1003 kcal; Chips 1320 kcal	each	each
Add your choice of steak sauce: Creamy peppercorn sauce Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 e	'	
Below meals are served with peas, tomato and mus	shroom. soft drink*	alcoholic drink
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad \$\infty\$ 609 kcal; Mediterranean salad 739 k Jacket potato \$\infty\$ 856 kcal; Mashed potato 827 kcal; Chips		11.61
<b>5oz gammon and egg</b> Choose: Side salad  \$\circ{\pi}{200}\$ 402 kcal; Mediterranean salat Jacket potato  \$\circ{\pi}{200}\$ 649 kcal; Mashed potato 620 kcal; Chips		10.26
10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 114		13.42
Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kca Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 19		13.42
Large mixed grill Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kc Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 20	cal	15.18
Noodles, salads and	pasta	<b>IS</b>

INCLUDES A DRINK

S	oft drink* alo	coholic drink*		
NEW Ramen noodle bowl 🆊 🕢 🚳 🐝 466 kcal	6.99	8.52		
Noodles, bean sprouts, shiitake mushroom, spring onion,				
carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriando	er,			
in a light broth				
Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg V (63 kcal) 93p				
Chicken & maple-cured bacon salad	9.47	11.00		
Choose: Char-grilled chicken breast (500) 283 kcal				
Southern-fried chicken breast strips (\$500) 465 kcal				
Mediterranean salad @ 555 334 kcal	8.35	9.88		
Pearl barley, guinoa, butternut squash, wheat berries, red pepper,	0.00	7.00		
cherry tomatoes, pumpkin seeds, basil, dressing				
Add: Grilled halloumi-style cheese (V) (447 kcal) 1.97				
Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal) 1.53				
Char-grilled chicken breast (187 kcal) 1.97	0.70	40.45		
Grilled halloumi-style cheese	8.62	10.15		
& roasted vegetable salad 🗸 📸 494 kcal				
Roasted pepper, courgette, onion, pico de gallo, dressing				
Burrito salad bowl V 668 kcal	8.62	10.15		
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips,				
guacamole, sliced chillies				

Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / @ (149 kcal) 1.97 10.43 Pasta alfredo V 618 kcal 8.90 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52

# Jacket potatoes INCLUDES A DRINK .

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw 🔮 559 kcal Cheese V 512 kcal

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Baked beans @ 588 5555 482 kcal 6.85 Chilli bean non-carne / @ 538 5555 442 kcal Roasted vegetables @ 53 555 383 kcal

soft drink\* alcoholic drink\* 8.38

9.47 11.00