Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Mediterranean side salad @ 198 kcal 3.22 Sliced chillies FFFF @ 3 kcal 88n Mushy peas V 248 kcal 94p Peas @ 133 kcal Side salad @ 91 kcal 2.29 **Coleslaw 399** kcal **1.40** Chicken gravy 50 kcal 94p Roasted vegetables @ 135 kcal 1.53 Onion rings @ Six 269 kcal **Twelve** 538 kcal **3.50** Garlic pizza bread 🚺 **8**" 386 kcal 4.40 **11**" 772 kcal **5.57** With cheese V **8**" 473 kcal 4.98 11" 922 kcal 6.44

Desserts NEW Chocolate & salted caramel torte 5.33 Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream V 746 kcal or coconut ice cream 701 kcal NEW Salted caramel sticky toffee pudding V 4.99 Vanilla ice cream 877 kcal or custard 741 kcal Millionaire's shortbread W 609 kcal 2.17 Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream (V 500 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce

| Two Scoops, torree Sauce, Detgian enocotate Sauce | |
|--|------|
| Cookie crunch ♥ (\$65) 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce | 1.82 |
| Mini warm chocolate brownie © \$35 435 kcal Belgian chocolate sauce, vanilla ice cream | 2.98 |
| Mini warm cookie dough sandwich ♥ 650 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 2.98 |
| Mini American-style pancakes ♥ (367) 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream | 3.54 |
| Fresh fruit 👽 👀 📆 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream | 4.56 |
| Warm chocolate fudge cake 👽 909 kcal. Vanilla ice cream | 5.33 |
| Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream | 5.33 |
| Warm cookie dough sandwich ♥ 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 5.33 |
| British Bramley apple crumble | 5.62 |

Four pancakes, maple-flavour syrup, vanilla ice cream Add: Custard V (134 kcal) 1.23; Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (166 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

Vanilla ice cream V 673 kcal, coconut ice cream 6 628 kcal or custard 5 537 kcal

ALLERGEN AND NUTRITIONAL INFORMATION

American-style pancakes V 38 689 kcal

This can be found on our menus. customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the ustomer information screen to filter menus by specific dietary requirements,

- Exclude those dishes containing certain
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only yegan or yegetarian dishes.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

RREAKFAST

Served 8am - 12 noon

| BRLARF | A |
|--|--------------|
| Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast | 6.59 |
| Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast | 4.99 |
| Small breakfast 555 435 kcal | 4.45 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) 75p | |
| Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato | 4.45 |
| Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast | 6.59 |
| Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast | 4.99 |
| Small vegetarian breakfast 👽 🕸 📸 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato | 4.45 |
| Vegan breakfast @ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread | 4.61 |
| American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup | 6.85 |
| Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup | 4.99 |
| Porridge V S SSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSS | 2.09 |
| Shakshuka \$\infty\$ \$547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Grilled halloumi-style cheese \$\infty\$ (447 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52 | 5.14 |
| Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa | 3.42 |
| Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket | 5.14 |
| Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket | 5.14 |
| Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket | 5.14 |
| NEW Hash brown basket @ 555 410 kcal American-style pancakes | 1.99 |
| NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 👽 🚳 708 kcal | 4.99 |
| Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. © \$554 kcal Small American-style pancakes | 4.99 4.30 |
| Two pancakes, maple-cured bacon, maple-flavour syrup. (556) 322 kcal Two pancakes, maple-flavour syrup. (V) (S) (577) kcal | 3.54 3.25 |
| Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast | 3.77 |
| Beans on toast V 39 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread Ø 39 560 kcal | 3.66 |
| Small beans on toast \$\infty\$ \$\infty\$ \$\infty\$ 252 kcal Buttered white bloomer toast | 2.62 |
| Two slices of toast with jam or marmalade V 524 kcal White bloomer bread | 2.47 |
| Fresh fruit @ 58 566 200 kcal | 3.66 |
| Apple, banana, blueberries, strawberries NEW Fresh fruit and yoghurt © 59 5334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt | 4.45 |

Breakfast extras

| Add any of the following: | | | |
|--------------------------------|-----------------|--------------------------------|------|
| Black pudding 178 kcal | 75p | Hash brown 🕢 82 kcal | 46p |
| Lincolnshire sausage 168 kcal | 1.05 | Vegan sausage 🕢 82 kcal | 1.05 |
| Slice of toast V 225 kcal | 1.13 | Baked beans @ 126 kcal | 93p |
| Fried egg V 56 kcal | 93p | Poached egg V 63 kcal | 93p |
| Two scrambled eggs V 136 kcal | l | | 1.63 |
| Two rashers of back bacon 131 | kcal | | 1.57 |
| Four rashers of maple-cured by | oacon 91 | kcal | 1.52 |
| Two mushrooms @ 100 kcal | | | 93p |
| Two grilled tomato halves @ 16 | s kcal | | 52p |
| Grilled halloumi-style cheese | V 447 ko | cal | 1.97 |
| | | | |

Breakfast butties and wraps

| Dicaniast patties and with | |
|--|------|
| Bacon butty 574 kcal | 3.42 |
| Three rashers of bacon, buttered white bloomer bread | |
| Sausage butty 714 kcal | 3.42 |
| Two Lincolnshire sausages, buttered white bloomer bread | |
| Vegetarian sausage butty ♥ 541 kcal | 3.42 |
| Two vegan sausages, buttered white bloomer bread | |
| Vegan option available with vegan spread 🥏 🥯 😘 435 kcal | |
| Breakfast wrap 724 kcal | 4.36 |
| Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese | |
| Vegetarian breakfast wrap 👽 735 kcal | 4.36 |
| Fried egg, two vegan sausages, two hash browns, Cheddar cheese | |

Breakfast muffin dea

| Includes tea, coffee or hot chocolate. Free refills° | |
|---|------------------|
| Egg & cheese muffin ♥ 555 249 kcal Fried egg, American-style cheese, in an English muffin | 3.31 |
| Egg & bacon muffin 314 kcal Fried egg, bacon, American-style cheese, in an English muffin | 3.77 |
| Egg & sausage muffin 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin | 3.77 |
| Egg & vegetarian sausage muffin ♥ (555) 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin | 3.77 |
| Breakfast muffin 333 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi | 4.01 n |
| Smashed avocado muffin @ \$271 kcal Guacamole, pico de gallo, on an English muffin, rocket | 4.01 |
| Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97 | |
| Add: Hash brown (a) (82 kcal) 46p | |

-Tea. coffee and hot chocolate-



LAVATIA (ARABICA) (SO)

Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

for the facts drinkaware.co.uk o idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



iustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable



around 2000 kcal a day.§

100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Tea. coffee and

hot chocolate

Free refills

£4.99

Traditional

breakfast

£1.56

Deli Deals INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

soft drink* £4.11

£5.64

alcoholic drink*

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger soft drink* alcoholic drink* £6.97

£5.44

Afternoon deals INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink*

£6.09

£7.62 Steak Club

INCLUDES A DRINK' •

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin alcoholic drink*

£9.67 £11.20

Curry Club

INCLUDES A DRINK • **Thursday 11.30am - 11pm**

Featuring the katsu curry range soft drink* alcoholic drink*

£7.91

INCLUDES A DRINK' • **Choose from over 150 drinks**

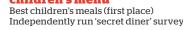
LAVATIA Coffee The freshly ground 100% Arabica



Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

£9.44

Award-winning children's menu





Sustainable Restaurant Association









Small plates Any 3 for £14.93

| Dilian places miy 5101 :14.55 | | |
|---|------|--|
| $8^{\rm n}$ pizzas. Sourdough base — proved, stretched, topped and freshly baked to or | der. | |
| Margherita V 67 kcal. Mozzarella, basil | 5.91 | |
| Pepperoni 📂 575 kcal. Mozzarella, pepperoni | 6.51 | |
| Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket | 6.51 | |
| BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket | 6.51 | |
| Roasted vegetable V 514 kcal | 6.51 | |
| Mozzarella, mushroom, roasted pepper, courgette, onion, basil | | |
| Roasted vegetable and vegan cheeze @ 50 (500) 416 kcal | 6.51 | |
| Mushroom, roasted pepper, courgette, onion, basil | | |
| Spicy meat feast FFF 615 kcal | 7.09 | |
| Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | | |
| NEW Char-grilled halloumi-style cheese 🗘 514 kcal | 4.96 | |
| Rocket, roasted pepper, courgette, onion, salsa | 4.70 | |
| 11" garlic pizza bread V 772 kcal | 5.57 | |
| Nachos / / Ø 695 kcal | 5.81 | |
| Cheese, guacamole, salsa, sour cream, sliced chillies | 3.01 | |
| Bowl of chips @ 964 kcal | 4.23 | |
| Bowl of chips with curry sauce @ 1082 kcal | 5.58 | |
| Cheesy chips V 1256 kcal | 5.41 | |
| Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream | 6.03 | |
| Tomato & basil soup V 50 555 374 kcal. White bloomer bread | 4.23 | |
| Vegan option available with vegan spread \$\infty\$ \$\inft | 4.23 | |
| | | |
| With any of the small plates below, choose one dip: | | |
| N≥W Korean-style dip ♥ 96 kcal; Sweet chilli 🖊 🚳 37 kcal; Sticky soy ♥ 100 kcal | | |
| Naga chilli /// @ 136 kcal; Jack Daniel's® Tennessee Honey glaze V 87 kcal | | |
| Chipotle mayo ♥♥♥ ♥ 150 kcal; Blue cheese ♥ 270 kcal; BBQ sauce 	 83 kcal | | |
| Halloumi-style fries V 555 396 kcal | 4.96 | |
| Chicken bites 322 kcal. Ten battered chicken breast pieces | 6.09 | |
| Southern-fried chicken strips 5 kcal. Five chicken breast strips | | |
| Chicken wings 813 kcal. Ten spicy chicken wings | 6.75 | |
| Quorn™ nuggets @ 😘 331 kcal. Eight coated pieces | 5.19 | |

Deli Deals Includes a Drink

All wraps and paninis are freshly made to order.

10" wraps A smaller wrap and filling.

Small Korean fried chicken 384 kcal
lceberg lettuce, cucumber, coriander, Korean-style sauce

Small brunch wrap 559 kcal
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese
Small vegetarian brunch wrap ♥ 545 kcal
Fried egg, two vegan sausages, Cheddar cheese
Small shawarma chicken /// 502 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint
Small Quorn™ nuggets № 3310 kcal

alcoholic drink*

5.64

Small southern-fried chicken /// 355 399 kcal Salad leaves, smoky chipotle mayo Small cold chicken breast // 30 555 277 kcal

Salad leaves, tomato, cucumber, salsa

Salad leaves, sweet chilli sauce

Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.03 each

12" wraps

NEW Korean fried chicken 618 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken ** 719** kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Southern-fried chicken /// 609 kcal. Salad leaves, smoky chipotle mayo Cold chicken breast // 3 479 kcal. Salad leaves, sweet chilli sauce

Quorn™ nuggets 508 kcal. Tomato, cucumber, salsa

Paninis

NEW Roasted vegetable and vegan cheeze 480 kcal

Tuna mayo and Cheddar cheese 590 kcal
Cheddar cheese and tomato 527 kcal
Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 508 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad ② (91 kcal); Tomato & basil soup ② (150 kcal)

Spicy rice ② (208 kcal); Chips ② (602 kcal) 1.44 each

Burgers INCLUDES A DRINK | Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Chicken burgers

Breaded whole chicken breast fillet

Beyond Burger[™] **1043** kcal

Served on its own, without chips or a drink.

American burger 367 kcal

Cheddar cheese • 82 kcal

NEW Vegan cheeze @ 57 kcal

Crunchy chicken strip / 92 kcal

Maple-cured bacon 91 kgal

American-style cheese V 69 kcal

Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger / (500) 447 kcal

Additional toppings and burger patties

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Maple-cured bacon with Cheddar cheese 173 kcal

Maple-cured bacon with American-style cheese 160 kcal

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Meat-free burgers

mature Cheddar cheese

Sweet chilli sauce

Just-a-burger

Served with a small portion of chips (329 kcal, included in Calories below).

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

NEW Korean crunchy chicken strip burger 712 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Crunchy chicken strip burger **₱** 776 kcal

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal

Char-grilled chicken breast burger 970 kcal

Char-grilled chicken breast, with a side salad, instead of chips

Served with chips (602 kcal, included in Calories below).

Breaded vegetable burger V 1039 kcal

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,

BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

Fried halloumi-style cheese burger // V 1118 kcal

NEW Korean crunchy chicken strip burger 52 383 kcal

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

Skinny chicken burger 58 58 394 kcal

soft drink*

5.44

each

alcoholic drink*

6.97

each

soft drink*

7.73

each

alcoholic drink*

9.26

each

soft drink*

7.73 each

alcoholic drink

9.26

each

3.36

each

2.14

2.14

1.52

1.52

1.52

1.52

1.50

each **1.97**

soft drink*

10.83

each

alcoholic drink

12.36

soft drink*

8.68

each

alcoholic drink

10.21

each

Add: Chicken

gravy (50 kcal)

94p

each

Beef burgers One 3oz beef patty Served with a small portion of chips (329 kcal, included in Calories below). soft drink* American burger 696 kcal 5.44 Red onion, gherkin, ketchup, American-style mustard each Classic beef burger 677 kcal alcoholic drink Iceberg lettuce, tomato, red onion 6.97 Skinny beef burger 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kgal soft drink* 6 NA American-style cheese, red onion, gherkin, ketchup, alcoholic drink* 7.57 American-style mustard Double beef burgers Two 3oz beef patties. soft drink* Served with chips (602 kcal, included in Calories below). 7.73 Double American burger 1138 kcal each Red onion, gherkin, ketchup, American-style mustard alcoholic drink Double classic beef burger 1119 kcal 9.26 Iceberg lettuce, tomato, red oni Double American cheese burger 1207 kcal soft drink* 8.30 American-style cheese, red onion, gherkin, ketchup. alcoholic drink* 9.83 American-style mustard

Gourmet burgers
Served with chips, six onion rings (871 kcal, included in Calories below).
Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin **Tennessee burger**Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze **Choose: Beef** (two 3oz beef patties) 1567 kcal

Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal
BBQ burger
Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal
11.46

Heatwave burger ///
Naga chilli mayo, American-style cheese, hash brown,

topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

soft drink* 11.38
alcoholic drink* 12.91

Curries includes a drink

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry // @ 39 927 kcal

Chicken tikka masala // 1190 kcal Chicken jalfrezi /// 🚳 935 kcal

Beef Madras /// 1043 kcal

Change your plain naan to a garlic naan V (add 92 kcal) 47p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry **//** @ Choose: Basmati pilau rice \$\infty\$ 568 kcal; Chips 970 kcal

soft drink*

9.84

each

7.62

soft drink*

8.73

each

alcoholic drink*

11.37

each

9.15

each

alcoholic drink*

10.26

each

soft drink* alcoholic drink*

Simple chicken tikka masala Choose: Basmati pilau rice 30 800 kcal; Chips 970 kca Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi FFF Choose: Basmati pilau rice \$\infty\$ 575 kcal; Chips 977 kcal Simple beef Madras FFFF

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76
Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry \$\infty\$ 542 kcal
Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Adults need around 2000 kcal a day.§

Fried halloumi-style cheese ② 298 kcal

BEYOND MEAT patty ② 184 kcal

Chicken Includes a DRINK •

Chicken strips, chicken breast bites, chips tossed in a Korean-style sauce, coriander, sliced chillies

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal

Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal

Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze. Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal
Char-grilled half chicken, mash and gravy 818 kcal
Lemon & herb chicken, peas, chicken gravy
Chicken baskets

Boneless basket 🅖

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal
Chicken wing basket

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal
Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Side salad 623 kcal; Spicy rice 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket **/**Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal 11"DIZZAS INCLUDES A DRINK • Sourdough base - proved, stretched, topped and freshly baked to order. soft drink* alcoholic drink* Margherita V 934 kcal. Mozzarella, basil 8.68 10.21 Pepperoni / 1151 kcal Mozzarella, pepperoni soft drink* Ham and mushroom 1011 kcal 9.84 Mozzarella ham mushroom rocket each BBQ chicken 1097 kcal Mozzarella RBO sauce chicken breast redinion rocket alcoholic drink* Roasted vegetable V 1028 kcal 11.37 Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze @ 829 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast **FFF** 1214 kcal 11.02 12.55 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal: Sliced chillies ##### @ 3 kcal: Mushroom @ 4 kcal each 88p Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal each **1.15** Pepperoni **FF** 109 kcal; Roasted vegetables **3** 90 kcal each 1.53

Small pub classics Includes A DRINK •

| Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal | soft drink* 7.84 | alcoholic drink* 9.37 |
|---|----------------------------|---------------------------------|
| Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi | 7.84 | 9.37 |
| Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46 | | |
| Small Wiltshire cured ham, egg and chips 📆 455 kcal Jne slice of Wiltshire cured ham, fried egg | 6.61 | 8.14 |
| Small all-day brunch 681 kcal incolnshire sausage, bacon, fried egg, baked beans, chips udd: Black pudding (178 kcal) 75 p | 6.91 | 8.44 |
| Small vegetarian all-day brunch V 611 kcal | 6.91 | 8.44 |

Afternoon deal Mon - Fri, 2pm - 5pm

Two vegan sausages, fried egg, baked beans, chips

| | soft drink* | alcoholic drin |
|--|--------------------------|----------------|
| Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal | 10.08 | 11.6 |
| Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi | 10.08 | 11.6 |
| Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop–style curry sauce ⊚ (118 kcal) 1.46 | | |
| All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked bear Add: Black pudding (178 kcal) 75p | 9.72 ns, chips | 11.2 |
| Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips | 9.72 | 11.2 |

Steak & kidney pudding Peas, onion & red wine gravy 9.85 8.32 Choose: Mashed potato 963 kcal; Chips 1279 kcal Bangers and mash 894 kcal 8.32 9.85 Three Lincolnshire sausages, peas, onion & red wine gravy 9.85 Vegetarian bangers and mash

635 kcal 8.32 Three vegan sausages, peas, onion & red wine gravy Wiltshire cured ham, eggs and chips 856 kcal 7.73 9.26 Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal 7.73 9.26 Three Lincolnshire sausages 7.73 9.26 Vegan sausages, chips and beans @ 910 kcal Three vegan sausages

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Afternoon deal
Mon - Fri, 2pm - 5pm

NEW Chilli bean non-carne 7 @ 635 kcal

soft drink* alcoholic drink*
7.27 8.80

9.85

8.32

soft drink* alcoholic drink'

7.62

6.09

Steaks and grills INCLUDES A DRINK

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink* 11.25 Classic 8oz sirloin steak 459 kcal 12.78 13.75 15.28 Classic 10oz rib-eye steak 717 kcal Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 13.59 15.12 16.09 17.62 Gourmet 10oz rib-eye steak 965 kcal Peas, tomato, mushroom, three onion rings, steak sauce

Peas, tomato, mushroom, three onion rings, steak sauce

Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal

Mashed potato 143 kcal; Chips 602 kcal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal)

Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82 each

Below meals are served with peas, tomato and mushroom. soft drink* alcoholic drink*

BBQ chicken melt 10.08 11.61

BBQ chicken melt 10.08 11.61 Char-grilled chicken Cheddar cheese hacon BBQ sauce Choose: Side salad 530 609 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 10.26 5oz gammon and egg 8.73 Choose: Side salad 532 kcal: Mediterranean salad 532 kcal Jacket potato 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.42 11.89 Choose: Side salad 611 kcal: Mediterranean salad 741 kcal Jacket potato 858 kcal: Mashed potato 829 kcal: Chips 1146 kcal Mixed arill 13.42

Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal

Large mixed grill 13.65

Gammon, pork loin, rump, lamb, two Lincolnshire sausages,
fried egg, six onion rings

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal

Gammon, pork loin, rump, lamb, Lincolnshire sausage

Noodles, salads and pastas includes a drink:

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

soft drink* alcoholic drink* Ramen noodle bowl **FF** @ 58 666 kcal 6.99 8.52 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg V (63 kcal) 93p Chicken & maple-cured bacon salad 9.47 11.00 Choose: Char-grilled chicken breast 283 kcal Southern-fried chicken breast strips (\$500) 465 kcal 9.88 Mediterranean salad @ 5334 kcal 8.35 Pearl barley, guinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 1.97 Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal) 1.53 Char-grilled chicken breast (187 kcal) 1.97 Grilled halloumi-style cheese 8.62 10.15 & roasted vegetable salad V 500 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing 10.15 Burrito salad bowl V 668 kcal 8.62 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, quacamole sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / (0) (149 kcal) 1.97

Jacket potatoes includes a drink 1

With side salad and one filling. Extra fillings 1.22 each.

Tuna mayo 592 kcal; Coleslaw ♥ 559 kcal

Cheese ♥ 512 kcal

Add: Char-grilled chicken breast (187 kcal) 1.97

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Pasta alfredo V 618 kcal

sun-dried tomato, basil, rocket

Maple-cured bacon (91 kcal) 1.52

Cheese © 512 kcal

Baked beans © \$\circ\$ \$\circ\$ \$\circ\$ 482 kcal

Chilli bean non-carne \(\bigcirc\$ \$\circ\$ \$\circ\$

Fusilli pasta, creamy pecorino & regato cheese sauce, spinach

soft drink*
6.85
each
alcoholic drink*
8.38
each

8.90

9.47

10.43

11.00

MENU_46

15.18