Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 Sliced chillies FFFF @ 3 kcal 88p 94n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** Garlic pizza bread 🚺 8" 386 kcal 4.40 **11**" 772 kcal **5.57**

With cheese V	8" 473 kcal		11" 922 kcal	
Desserts				
NEW Salted caramel st Vanilla ice cream 877 kcal or cus				6.16
NIAW Millionaire's shor Two vanilla ice cream scoops, sho toffee sauce			e sauce,	2.17
Vanilla ice cream V 5000 Two scoops, toffee sauce, Belgian		auce		1.82
Cookie crunch (V) (500) 36 Two vanilla ice cream scoops, cho		e, Belgian chocolate	sauce	1.82
Mini warm chocolate br Belgian chocolate sauce, vanilla i		435 kcal		2.98
Mini warm cookie doug Salted caramel filling, toffee saud			l	2.98
Mini American-style pa Two pancakes, maple-flavour syr				4.70
Fresh fruit V 592 (556) 470 Apple, banana, blueberries, straw		lla ice cream		4.56
Warm chocolate fudge	cake 909	9 kcal. Vanilla ice cre	am	5.33
Warm chocolate brown Belgian chocolate sauce, vanilla i		al		5.33
Warm cookie dough sar Salted caramel filling, toffee saud	_			5.33
British Bramley apple of Vanilla ice cream 673 kcal or cust				5.62
American-style pancak	ces V 🥯 68	39 kcal		6.16

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

· Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

 $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium	n hot /// = Very hot
= Extremely hot	
V Vegetarian 🕖 Vegan 🥯 5% fat or less	Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	8.01	Fiesta brunch ♥ ♥ 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	4.36
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to		Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.50
Small breakfast 655 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	5.41	Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom,	6.50
Add: Black pudding (178 kcal) 75p		Hollandaise sauce, rocket	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding.	6.50
Large vegetarian breakfast V 1129 kcal	8.01	Hollandaise sauce, rocket	
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		American-style pancakes NEW Four pancakes, banana, strawberries, blueberries,	6.16
Vegetarian breakfast V 786 kcal	6.31	maple-flavour syrup. W 53 708 kcal	0.10
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. V 🚳 554 kcal	6.16 5.45
Small vegetarian breakfast 👽 🚳 📆 291 kcal	5.41	Small American-style pancakes	
Fried egg, vegan sausage, baked beans, hash brown, tomato	= 04	Two pancakes, maple-cured bacon, maple-flavour syrup. (555) 322 kcal Two pancakes, maple-flavour syrup. (V 68) (555) 277 kcal	4.70 4.42
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.91	Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast	4.93
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,	8.01	Beans on toast \$\infty\$ \sigma 566 kcal. Buttered white bloomer toast \$\text{NEW}\$ Vegan option available with vegan spread \$\infty\$ \$\sigma\$ \$\sigma\$ \$\sigma\$ \$\sigma\$ 460 kcal	3.77
four pancakes, maple-flavour syrup		Small beans on toast V 🥺 ; 252 kcal	2.62
Small American breakfast 629 kcal	6.16	Buttered white bloomer toast	
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread	2.58
Porridge 👽 🥸 📆 252 kcal (plain) Add: Banana 🕢 (110 kcal) 62p: Maple-flavour syrup 🥥 (125 kcal) 34p	2.09	Fresh fruit @ 58 (\$55) 200 kcal Apple, banana, blueberries, strawberries	3.77
Strawberries ⊘ (27 kcal) 62p : Blueberries ⊘ (17 kcal) 62p Honey ∨ (91 kcal) 34p : Sliced apple ⊘ (46 kcal) 62p		Fresh fruit and yoghurt	5.41

Breakfast extras

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
Vegan sausage 🥏 82 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.9 7
Hash brown 🥑 82 kcal	46p	Poached egg V 63 kcal	93p	,	

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.36
Sausage butty 714 kcal	4.36
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	4.36
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 5% (500) 435 kcal	

Breakfast muffin deal

Di Caniast Illullill ucal				
Includes tea, coffee or hot chocolate. Free refills				
Egg & cheese muffin ♥ (\$555) 249 kcal Fried egg, American-style cheese, in an English muffin	4.47			
Egg & bacon muffin 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93			
Egg & sausage muffin 3333 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.93			
Egg & vegetarian sausage muffin ♥ (%%) 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.93			
Breakfast muffin \$600 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	5.16			
Smashed avocado muffin <a> <a> <a> <a> <a> <a> <a> <a> <a> <a>	5.16			
Add: Hash brown ⊘ (82 kcal) 46p	•••••			

Breakfast wrap 724 kcal 4.93 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.93 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

Tea. coffee and hot chocolate-



Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, and and the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. #Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all cannet

drinkaware.co.uk 尽 idwetherspoon.com ∋

Main menu 11.30am - 11pm. Children's menu available.

The Pilgrim's Progress

Bedford

Breakfast

7am - 12 noon

Traditional breakfast £6.31

Tea. coffee and hot chocolate Free refills

Deli Deals INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

£5.64

alcoholic drink*

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger alcoholic drink*

£5.44

£6.97

Afternoon deals INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

£6.09

£7.62

Steak Club

INCLUDES A DRINK' • **Tuesday 11.30am - 11pm**

Featuring classic 8oz sirloin alcoholic drink*

£9.67

£11.20

£9.44

Curry Club

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* alcoholic drink*

£7.91

INCLUDES A DRINK • Choose from over 150 drinks

LAVATIA Coffee
The freshly ground 100% Arabica

0 1 2 3 4 5

100% UK and

From farms in the UK

and Ireland, prime beef

steaks matured for 28

days. Traceable from

Irish beef

farm to fork.

the maximum food hygiene rating of 5 in our pub.

This pub is named after one of the most widely read books in the English language written by John Bunyan, who lived most of his life in and around Bedford during the 17th century. Born in 1628, at Elstow near Bedford, his career as a writer and preacher was enriched by deep religious experiences throughout his life.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Sustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable



Free-range eggs

free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Award-winning children's menu

Lavazza coffee^{tt} we serve is from

Rainforest Alliance-certified farms

Best children's meals (first place) Independently run 'secret diner' survey

Sustainable Restaurant Association



Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels **Book direct** for the best rates



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

goodfoodtalks opening menus for everybody The spoken menu app for the visually impaired

	.93	Burgers including Beef burgers made with 10
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		Beef burgers One 3oz beef pa
Margherita V 855 467 kcal. Mozzarella, basil	5.9	0 1 10 11 61
Pepperoni 575 kcal. Mozzarella, pepperoni	6.5	American burger 696 kcal
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, roci		Red onion, gherkin, ketchup, American
BBQ chicken 555 kcal	6.5	Classic beef burger 677 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		Iceberg lettuce, tomato, red onion Skinny beef burger (500) 375
Roasted vegetable V 514 kcal	6.5	Iceberg lettuce, tomato, red onion, wit
ozzarella, mushroom, roasted pepper, courgette, onion, basil		American cheese burger 73
'egan roasted vegetable ⊘ ॐ ‱ 355 kcal ushroom, roasted pepper, courgette, onion, basil	6.5	American-style cheese, red onion, ghe
Spicy meat feast //// 615 kcal	7.09	American shill american
ozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.0	Double beef burgers Two 3
Char-grilled halloumi-style cheese 👽 514 kcal	5.4	Served with chips (602 kcal, incl
ocket, roasted pepper, courgette, onion, salsa		Double American burger 11 Red onion, gherkin, ketchup, American
1" garlic pizza bread ♥ 772 kcal	5.57	Double classic beef burger
lachos 🖊 🗸 🗸 695 kcal. Cheese, guacamole, salsa, sour cream, sliced		Icehern lettuce tomato redionion
Bowl of chips @ 964 kcal	4.23	
Bowl of chips with curry sauce @ 1082 kcal	5.58	
heesy chips V 1256 kcal	5.36	American etula muetard
paded chips 1303 kcal. Cheese, maple-cured bacon, sour cream pmato & basil soup 🛡 🕸 \varpi 374 kcal. White bloomer bread	6.03 4.23	
Thato & basit soup (*) 500 374 kcat. Write bloomer bread (*) 500 500 285 kcal	4.2	Served with a small portion of ch
		Crunchy chicken strip burg
ith any of the small plates below, choose one dip: veet chilli 🎾 🗑 37 kcal; Sticky soy 🔇 100 kcal; Naga chilli 🎾 🎾 🌀	126 kaal	Two southern-fried chicken strips, icel
ck Daniel's® Tennessee Honey glaze 💟 87 kcal; Chipotle mayo 📂		Served with chips (602 kcal, incl
Le cheese V 270 kcal; BBQ sauce Ø 83 kcal	130 KGat	Fried buttermilk chicken b
alloumi-style fries V SSS 396 kcal	5.4	Breaded whole chicken breast fillet
hicken bites (50%) 322 kcal. Ten battered chicken breast pieces	6.09	Char-grilled chicken breast
puthern-fried chicken strips / 5000 459 kcal. Five chicken bro		Skinny chicken burger 🚳 🔮
hicken wings /// 813 kcal. Ten spicy chicken wings	6.75	Loar-orilled chicken breast, with a sine s
uorn™ nuggets @ ‱ 331 kcal. Eight coated pieces	5.19	Meat-free burgers
	• • • • • • • • • • • • • • • • • • • •	Served with chips (602 kcal, inclu
Deli Deals [®] Includes a drink •		Beyond Burger™ @ 1043 kcal
		BEYOND MEAT plant-based pat iceberg lettuce, garlic & herb sauce
ll wraps and paninis are freshly made to order.		Breaded vegetable burger
10" wraps A smaller wrap and filling.		Lentils, carrot, onion, sweetcorn, musi
nall brunch wrap 559 kcal		Fried halloumi-style chees
ed egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,	Just-a-burger
nall vegetarian brunch wrap V 545 kcal	201	Justabulger
	without a drink	
d egg, two vegan sausages, Cheddar cheese	without a drink 3.08 each	Served on its own, without chir
ed egg, two vegan sausages, Cheddar cheese nall shawarma chicken /// 502 kcal	3.08	
ed egg, two vegan sausages, Cheddar cheese nall shawarma chicken /// 502 kcal cken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	3.08 each	Served on its own, without chip American burger 555 367 kc Red onion, gherkin, ketchup, American- Crunchy chicken strip burg
ed egg, two vegan sausages, Cheddar cheese mall shawarma chicken /// 502 kcal cken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, nato, onion, rocket, fresh mint mall Quorn™ nuggets ⊘ ₩ ₩ 310 kcal	3.08 each soft drink* 4.11	Served on its own, without chip American burger 555 367 kc Red onion, gherkin, ketchup, American-
rd egg, two vegan sausages, Cheddar cheese nall shawarma chicken /// 502 kcal cken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, ato, onion, rocket, fresh mint nall Quorn™ nuggets (2008) 310 kcal ad leaves, tomato, cucumber, salsa	3.08 each soft drink* 4.11 each	Served on its own, without chip American burger 367 kg Red onion, gherkin, ketchup, American- Crunchy chicken strip burg Two southern-fried chicken strips, icel
d egg, two vegan sausages, Cheddar cheese nall shawarma chicken /// 502 kcal ken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, ato, onion, rocket, fresh mint nall Quorn™ nuggets (2000) 310 kcal ad leaves, tomato, cucumber, salsa nall southern-fried chicken /// 3000 399 kcal	3.08 each soft drink* 4.11 each alcoholic drink*	Served on its own, without chip American burger 367 kg Red onion, gherkin, ketchup, American- Crunchy chicken strip burg Two southern-fried chicken strips, icel Curries Include
egg, two vegan sausages, Cheddar cheese all shawarma chicken	3.08 each soft drink* 4.11 each	Served on its own, without chip American burger 367 kc Red onion, gherkin, ketchup, American- Crunchy chicken strip burg Two southern-fried chicken strips, icel Curries include Classic curries With basmat
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legg, two vegan sausages, Cheddar cheese all shawarma chicken	3.08 each soft drink* 4.11 each alcoholic drink* 5.64	Served on its own, without chip American burger 367 kc Red onion, gherkin, ketchup, American- Crunchy chicken strip burg Two southern-fried chicken strips, ice Curries Include Classic curries With basma' Mangalorean roasted cauli & spinach curry 7 @ \$927
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Fried egg, two vegan sausages, Cheddar cheese Fmall shawarma chicken // 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint Fmall Quorn™ nuggets 30 310 kcal Faladal leaves, tomato, cucumber, salsa Fmall southern-fried chicken // 30 399 kcal Faladal leaves, smoky chipotle mayo Fmall cold chicken breast // 30 277 kcal Faladal leaves, sweet chilli sauce Fmall fried halloumi-style cheese // 30 391 kcal Faladal leaves, sweet chilli sauce, tomato, cucumber Fmall side salad (46 kcal); Small portion of chips (329 kcal)	soft drink* 4.11 each alcoholic drink* 5.64 each 1.03 each soft drink* 5.70 each alcoholic drink*	Served on its own, without ching American burger 355 367 kc Red onion, gherkin, ketchup, American-Crunchy chicken strip burg. Two southern-fried chicken strips, ice Curries Include Classic curries With basma Mangalorean roasted cauli & spinach curry 9 9 927 Chicken tikka masala 9 11 Chicken jalfrezi 9 935 k Beef Madras 9 1043 kcal Change your plain naan to a gasimple curries With basmat Simple Mangalorean roast cauliflower & spinach curr Choose: Basmati pilau rice 568 kc Simple chicken tikka masa Choose: Basmati pilau rice 575 kc Simple chicken jalfrezi 6 568 kc Simple chicken jalfrezi 7 kc Simple beef Madras 7 5 kc Simple beef Madras 7 kc Simple S

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Add: Side salad (91 kcal); Tomato & basil soup (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

Choose any 8" pizza from the small plates section.

Classic beef burger 677 kcal leaberg lettuce, tomato, red onion Skinny beef burger 375 kcal leaberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1119 kcal leaberg lettuce, tomato, red onion Double American cheese burger 1119 kcal leaberg lettuce, tomato, red onion Double American cheese burger 11207 kcal American-style mustard Double American cheese burger 1207 kcal American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger 776 kcal soft drink* 9.6 Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger 370 kcal soft drink* 6.5 Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger 370 kcal acholic drink* 6.5 Served with chips (602 kcal, included in Calories below). Beyond Burger* 1043 kcal soft drink* 7.73 each each 1043 kcal soft drink* 9.26 each 1043 kcal soft drink* 9.26 each 1044 kcal soft drink* 1045 each 1045	Burgers includes a Drink of					
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below) American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal leeberg lettuce, tomato, red onion Skinny beef burger 678 bcal leeberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double Classic beef burger 1119 kcal leeberg lettuce, tomato, red onion Double American-style cheese, red onion, gherkin, ketchup, American-style mustard Double American burger 1119 kcal leeberg lettuce, tomato, red onion Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below). Served with chips (602 kcal, included in Calories below). Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken breast burger 770 kcal Two southern-fried chicken strips iceberg lettuce, mayonnaise Char-grilled chicken breast filet Char-grilled chicken breast burger 7970 kcal Skinny chicken burger 3079 kcal Lentis, carrot, onion, sweetcern, mushroom, mozzarella, mature Cheddar cheese Breaded whole chicken breast burger 708 kcal Served with chips (602 kcal, included in Calories below). Beyond Burger 3079 kcal Lentils, carrot, onion, sweetcern, mushroom, mozzarella, mature Cheddar cheese Breaded vegetable burger 3079 kcal Lentils, carrot, onion, sweetcern, mushroom, mozzarella, mature Cheddar cheese Breaded woog the cheese burger 1039 kcal Lentils, carrot, onion, sweetcern, mushroom, mozzarella, mature Cheddar cheese Breaded vegetable burger 3079 kcal Chicken jalfrezi 7979 kcal Chicken jalfrez	Beef burgers made with 100% British be	eef, freshl	y cooked to			
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion Skinny beef burger 699 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion Double American cheese burger 1207 kcal American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Crunchy chicken breast fillet Char-grilled chicken breast fillet Char-grilled chicken breast burger 7970 kcal Skinny chicken burger 2013 yak kcal Char-grilled chicken breast surger 970 kcal Skinny chicken burger 2013 kcal Beyond Burger 2014 k		luded in Cal	ories below).			
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Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal leberg lettuce, tomato, red onion Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below Crunchy chicken strip burger	American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup,	S				
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American-style cheese, red onion, gherkin, ketchup, American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 5.4 Two southern-fried chicken burger lettuce, mayonnaise alcoholic drink* 6.5 Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger 394 kcal Char-grilled chicken breast, with a side salad, instead of chips Meat-free burgers Served with chips (602 kcal, included in Calories below). Beyond Burger 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce Breaded vegetable burger 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 790 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 1118 kcal. Sweet chilti sauc Currics Includes A DRINK 1128 Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry 1128 with basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry 1129 975 kcal Chicken tikka masala 1190 kcal Chicken jalfrezi 1190 kcal	Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal	soft drink*				
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Beyond Burger™ ② 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce Breaded vegetable burger ③ 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger / ③ 1118 kcal. Sweet chilli sauc Just-a-burger Served on its own, without chips or a drink. American burger ③ 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / ④ 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry / ② ② 927 kcal Chicken tikka masala / 1190 kcal Chicken jalfrezi / / ⑤ ③ 935 kcal Beef Madras / / 1043 kcal Change your plain naan to a garlic naan ② (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	Char-grilled chicken breast burger 970 kcal Skinny chicken burger (3) (577) 394 kcal	7.73 each				
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce Breaded vegetable burger © 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger P 1118 kcal. Sweet chilli sauc Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 4447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry P 297 kcal Chicken tikka masala P 1190 kcal Chicken jalfrezi P 395 kcal Beef Madras P 1043 kcal Change your plain naan to a garlic naan © (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.		elow).				
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 1118 kcal. Sweet chilli sauc Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry 28 927 kcal Chicken tikka masala 190 kcal Chicken jalfrezi 935 kcal Beef Madras 190 1043 kcal Change your plain naan to a garlic naan (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	7.73				
Served on its own, without chips or a drink. American burger 33 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 33 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Curries includes a drink of the control of t	Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, r					
Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry // ② \$\text{927 kcal}\$ Chicken tikka masala // 1190 kcal Chicken jalfrezi // // \$\text{935 kcal}\$ Beef Madras // 1043 kcal Change your plain naan to a garlic naan ② (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	Served on its own, without chips or a drink. American burger 333 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 5333 447 kca		each 3.3 6			
Mangalorean roasted cauliflower & spinach curry 9 9 927 kcal Chicken tikka masala 19 1190 kcal Chicken jalfrezi 9 935 kcal Beef Madras 19 1043 kcal Change your plain naan to a garlic naan (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	Curries Includes a drink	•				
Chicken tikka masala 19 1190 kcal Chicken jalfrezi 199 935 kcal Beef Madras 199 1043 kcal Change your plain naan to a garlic naan (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	Mangalorean roasted cauliflower	naan and p	oppadums.			
Change your plain naan to a garlic naan ♥ (add 92 kcal) 47p Simple curries With basmati pilau rice or chips.	Chicken tikka masala 🆊 1190 kcal Chicken jalfrezi 🎢 🗸 🚳 935 kcal	9.84				
		72 kcal) 47p				
cauliflower & spinach curry 🖊 🗑 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal						
Simple chicken tikka masala // Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi /// Choose: Basmati pilau rice \$575 kcal; Chips 977 kcal	Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi	7.62				
Simple beef Madras //// Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal	Simple beef Madras	(293 kcal) 1.7	6			
Two plain poppadums @ (86 kcal) 47p	•••••	Add: One vegetable samosa and two onion bhajis 🖊 🚳 (293 kcal) 1.76 Two plain poppadums 🚳 (86 kcal) 47p				
Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander. Katsu grilled chicken curry \$\sigma\$ 542 kcal Sliced char-grilled chicken breast	Add: One vegetable samosa and two onion bhajis 🎾 🥥 Two plain poppadums 🥥 (86 kcal) 47p					
Katsu Quorn™ nugget curry @ 686 kcal soft drink* alcoholic drink	Add: One vegetable samosa and two onion bhajis // @ Two plain poppadums @ (86 kcal) 47p Katsu curries With a mild Japanese-style kats coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry \$\mathbb{S}\$ 542 kcal		ce,			

Sliced whole breaded chicken breast fillet

aceable from farm to fork.	
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calori	es below).
Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal	soft drink*
Fried buttermilk chicken 1703 kcal	9.93 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 11.46 each
Heatwave burger PPP Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal	
Fiesta burger	er,
Triple American cheese & bacon burger 1770 kcal sof Three 3oz beef patties, American-style cheese, alcoholi maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	t drink* 11.38 c drink* 12.91
Additional toppings and burger patties	
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k	cal 2.14
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese	ccal 2.14 1.52
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese © 82 kcal American-style cheese © 69 kcal	2.14 1.52 1.52
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese	ccal 2.14 1.52
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese © 82 kcal American-style cheese © 69 kcal Maple-cured bacon 91 kcal	2.14 1.52 1.52 1.52
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese № 82 kcal American-style cheese № 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip ₱ 92 kcal 30z beef patty 168 kcal Char-grilled chicken breast 187 kcal	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ● 82 kcal American-style cheese ● 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip ● 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal	2.14 1.52 1.52 1.52
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 969 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 30z beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 9257 kcal	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ● 82 kcal American-style cheese ● 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip ● 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ● 82 kcal American-style cheese ● 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip ● 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty ● 257 kcal Fried halloumi-style cheese ● 298 kcal \$\infty\$ BEYOND MEAT patty	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese & 82 kcal American-style cheese & 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip \$\int 92 \text{ kcal}\$ 30z beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty & 257 kcal Fried halloumi-style cheese \$\int 298 \text{ kcal}\$ BEYOND MEAT patty \$\int 184 \text{ kcal}\$ Chicken INCLUDES A DRINK*	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 257 kcal Fried halloumi-style cheese 298 kcal BEYOND MEAT patty 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill.	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ● 82 kcal American-style cheese ● 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip ● 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty ● 257 kcal Fried halloumi-style cheese ● 298 kcal ■ BEYOND MEAT patty ● 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken	2.14 1.52 1.52 1.52 1.50
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 257 kcal Fried halloumi-style cheese 298 kcal BEYOND MEAT patty 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill.	2.14 1.52 1.52 1.52 1.50 each 1.97
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 257 kcal Fried halloumi-style cheese 298 kcal BEYOND MEAT patty 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	2.14 1.52 1.52 1.52 1.50 each 1.97
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 9257 kcal Fried halloumi-style cheese 9298 kcal BEYOND MEAT patty 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip	soft drink* 10.83 each alcoholic drink* 12.36
Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese 82 kcal American-style cheese 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty 257 kcal Fried halloumi-style cheese 298 kcal BEYOND MEAT patty 184 kcal Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy Char-grilled in a Naga chilli & citrus glaze	soft drink* 10.83 each alcoholic drink*

3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty ♥ 257 kcal Fried halloumi-style cheese ♥ 298 kcal BEYOND MEAT patty ② 184 kcal	each 1.97	Two vegan sausages, fried egg, baked beans, chips Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals. Pub classics INCLUDES ADRI
Chicken Includes a Drink		Fish and chips Freshly battered cod and chips
Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip	soft drink*	Peas 1240 kcal or mushy peas 1298 kcal Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	10.83 each	Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46
Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	alcoholic drink* 12.36 each	All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans Add: Black pudding (178 kcal) 75p Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips Steak & kidney pudding Peas, onion & red wine gravy
Chicken baskets Chicken wing basket /// Eight wings, coleslaw, Naga chilli dig Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket / Three southern-fried chicken strips, five chicken breast bites, coleslaw, Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal		Choose: Mashed potato 963 kcal; Chips 1279 kcal Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy Wiltshire cured ham, eggs and chips 856 kcal
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice	soft drink* 8.68 each alcoholic drink* 10.21 each	Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal Three vegan sausages NEW Chilli bean non-carne Ø @ \$\omega\$ 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle
Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal Add: Chicken gravy (50 kcal) 94p		Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.

11" pizzas includes a drink	-18	
Sourdough base - proved, stretched, topped and freshly baked to order. Margherita 934 kcal. Mozzarella, basil Pepperoni 151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal	soft drink 8.68	atoonotio ariii
Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, ba Vegan roasted vegetable ② ® 709 kcal Mushroom, roasted pepper, courgette, onion, basil	asil	9.84 each alcoholic drink* 11.37 each
Spicy meat feast /// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, Additional toppings Red onion @ 10 kcal; Sliced chillies //// @ 3 kcal; McGarlic & herb dip @ 180 kcal; Mozzarella © 150 kcal; Ham	ushroom	cal each 88 ¢
Chicken breast 94 kcal; Maple-cured bacon 91 kcal Pepperoni 109 kcal; Roasted vegetables 90 kcal		each 1.15 each 1.5 3
Small pub classics INC	soft drink	
Fish and chips Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	7.84	
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop–style curry sauce ⊚ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips 333 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p Small vegetarian all-day brunch ♥ 611 kcal	6.91	8.4
	0.71	0.4
Two vegan sausages, fried egg, baked beans, chips		
Two vegan sausages, fried egg, baked beans, chips Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* 6.09	alcoholic drink* 7.62
Afternoon deal Mon - Fri, 2pm - 5pm	6.09	
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	6.09	7.62
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals. Pub classics INCLUDES AD	6.09	7.62

•		
Pub classics INCLUDES A DRII	NK' •	
Fish and chips	soft drink*	alcoholic drink*
Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) 75p	9.72 chips	11.25
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal	8.32	9.85
Three Lincolnshire sausages, peas, onion & red wine gravy Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal	7.73	9.26

peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

7.73

8.32

7.27

soft drink* alcoholic drink*

8.80

9.26

From farms in the UK and Ireland, prin (traceable from farm to fork), matured seasoned with a steak-seasoning blend cooked to your liking.	for 28 day	S,
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* 11.25 each	alcoholic drink* 12.78 each
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal	soft drink* 13.59 each	alcoholic drink* 15.12 each
Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauc Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82		
Below meals are served with peas, tomato and m	ushroom. soft drink	* alcoholic drink
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad © 609 kcal; Mediterranean salad 73' Jacket potato © 856 kcal; Mashed potato 827 kcal; Chip	10.08 9 kcal	
5oz gammon and egg Choose: Side salad ጭ ‱ 402 kcal; Mediterranean sal Jacket potato ጭ 649 kcal; Mashed potato 620 kcal; Chip		10.26
10oz gammon and eggs	11.89	13.42

Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed grill 11.89 13.42 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.65 15.18 Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

Noodles, salads and pastas INCLUDES A DRINK •

	soft drink* al	coholic drink*
New Ramen noodle bowl // @ \$ \$66 kcal Noodles, bean sprouts, shiitake mushroom, spring onion,	6.99	8.52
carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriand in a light broth	er,	
Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg V	(63 kcal) 9	3p
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 555 283 kcal	9.47	11.00
Southern-fried chicken breast strips 655 465 kcal		
Mediterranean salad @ (555) 334 kcal	8.35	9.88
Pearl barley, quinoa, butternut squash, wheat berries, red pepper,		
cherry tomatoes, pumpkin seeds, basil, dressing		
Add: Grilled halloumi-style cheese (447 kcal) 1.97	:0	
「una mayo (298 kcal) 1.06; Roasted vegetables ⊚ (90 kcal) 1.5 Char willed abjeton broast (197 kgal) 1.97	13	
Char-grilled chicken breast (187 kcal) 1.97	8.62	10.1E
Grilled halloumi-style cheese	0.02	10.15
& roasted vegetable salad V 655 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing		
Burrito salad bowl © 668 kcal	8.62	10.15
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips,	0.02	10.15
pricy rice, cheese, roasted pepper, codi gette, onion, tortitta chips. Juacamole, sliced chillies		
Add: Char-grilled chicken breast (187 kcal) 1.97		
Chilli bean non-carne / @ (149 kcal) 1.97		
	0.00	40.70
Pasta alfredo © 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato. basil. rocket	8.90	10.43
Add: Char-grilled chicken breast (187 kcal) 1.97 ; Maple-cured l	nacon (91 kg	al) 1.52
, , ,	9.47	11.00
British beef & pancetta lasagne	7.47	11.00

Jacket potatoes includes a drink ...

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Choose: Side salad 761 kcal; Chips 1295 kcal

Baked beans @ 500 482 kcal 6.85 each Chilli bean non-carne 🖊 🥝 🚳 😘 442 kcal Roasted vegetables @ 500 383 kcal

alcoholic drink* soft drink* 8.38