### Desserts

Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	6.14
<b>NEW</b> Salted caramel sticky toffee pudding <b>V</b> 877 kcal Vanilla ice cream	6.39
<b>NEW Millionaire's shortbread V (555)</b> 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.68
<b>Vanilla ice cream (V) (555)</b> 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.33
<b>Cookie crunch (V) (555)</b> 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.33
<b>Mini warm chocolate brownie V (555</b> kcal Belgian chocolate sauce, vanilla ice cream	3.50
Mini warm cookie dough sandwich 父 🐻 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.50
<b>Fresh fruit (V) (53) (557)</b> 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.40
<b>Warm chocolate fudge cake </b> 909 kcal Vanilla ice cream	6.14
<b>Warm chocolate brownie 文</b> 736 kcal Belgian chocolate sauce, vanilla ice cream	6.14
Warm cookie dough sandwich V 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	6.14
British Bramley apple crumble V 673 kcal Vanilla ice cream	6.44
•••••••••••••••••••••••••••••••••••••••	

Add: Vanilla ice cream scoop 💟 (135 kcal) 94p; Toffee sauce 💟 (66 kcal) 42p Belgian chocolate sauce (61 kcal) 42p; Banana (110 kcal) 62p Strawberries (27 kcal) 62p; Blueberries (27 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens. • See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **FFFF** = Extremely hot Vegetarian ØVegan 5% fat or less 55 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§



**Book direct** for the best rates at jdwetherspoon.com, on our app or by photo

# Scan to find out more.

## Served BREAKFAST 9am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	8.24
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	6.54
<b>Small breakfast ()))</b> 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	5.62
Add: Black pudding (178 kcal) <b>75p</b>	
<b>Freedom breakfast</b> 586 kcal Iwo fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.62
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.24
<b>Vegetarian breakfast </b> 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, nushroom, tomato, slice of toast	6.54
<b>Small vegetarian breakfast (V 😳 (557)</b> 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	5.62
Vegan breakfast @ 642 kcal Iwo vegan sausages, baked beans, two hash browns, mushroom, iomato, slice of toast, vegan spread	6.14
Porridge ♥ ☜ ☜ 252 kcal (plain) Add: Banana @ (110 kcal) 62p; Strawberries @ (27 kcal) 62p Blueberries @ (17 kcal) 62p; Honey ♥ (91 kcal) 34p Sliced apple @ (46 kcal) 62p	2.09
Eggs Benedict 725 kcal Iwo poached eggs, on an English muffin, with Wiltshire cured ham, Iollandaise sauce, rocket	6.74
Mushroom Benedict 🔮 638 kcal wo poached eggs, on an English muffin, with mushroom, łollandaise sauce, rocket	6.74
<b>Miner's Benedict</b> 939 kcal wo poached eggs, on an English muffin, with black pudding, Iollandaise sauce, rocket	6.74
Scrambled egg on toast 🛛 570 kcal hree eggs, buttered white bloomer toast	5.16
Beans on toast V 🕸 566 kcal. Buttered white bloomer toast	4.01
Small beans on toast (V) 🕸 📆 252 kcal Buttered white bloomer toast	2.84
<b>Two slices of toast with jam or marmalade V</b> 524 kcal Vhite bloomer bread	2.80
F <b>resh fruit @ </b> & 🐝 200 kcal Apple, banana, blueberries, strawberries	4.01
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	5.62

## **Breakfast extras**

Add any of the following:			
Black pudding 178 kcal	75p	Hash brown ⊘ 82 kcal	46p
Lincolnshire sausage 168 kcal	1.05	<b>Vegan sausage </b> 82 kcal	1.05
Slice of toast V 225 kcal	1.13	Baked beans ⊘ 126 kcal	93p
Fried egg V 56 kcal	93p	Poached egg V 63 kcal	93p
Two scrambled eggs 💟 136 kcal			1.63
Two rashers of back bacon 131 kcal			1.57
Four rashers of maple-cured bacon 91 kcal			1.52
Two mushrooms 🥏 100 kcal			93p
Two grilled tomato halves 🧭 16 kcal			52p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website; app and on the telephone. Istatement of daily Calorie needs from the Department of Health & Social Care. #Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

#### **Breakfast butties and wraps** Bacon butty 574 kcal 4.59 Three rashers of bacon, buttered white bloomer bread 4.59 Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread 4.59 Vegetarian sausage butty V 541 kcal Two vegan sausages, buttered white bloomer bread NEW Vegan option available with vegan spread @ 58 (566) 435 kcal Breakfast wrap 724 kcal 5.75 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese 5.75 Vegetarian breakfast wrap V 735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese

### **Breakfast muffin deal**

Includes tea, coffee or hot chocolate. Free ref	ills°
<b>Egg &amp; cheese muffin ()</b> (55) 249 kcal Fried egg, American-style cheese, in an English muffin	4.70
<b>Egg &amp; bacon muffin († 1910)</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.16
<b>Egg &amp; sausage muffin (555)</b> 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	5.16
<b>Egg &amp; vegetarian sausage muffin ♥ (††††)</b> 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	5.16
Breakfast muffin (555) 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muf	<b>5.40</b> fin
Add: Hash brown 🥥 (82 kcal) 46p	

## - Tea, coffee and hot chocolate -







Flat white V 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha V 147 kcal		White coffee V 24 kcal Hot chocolate V 169 kcal Tea with semi-skimmed milk V 14 kcal	
Espresso @ 6 kcal Black coffee @ 6 kcal		Dairy alternative: oat sachet Ø Decaffeinated tea and coffee av	
Biscuits			
Walkers shortbread V 151 kcal	71p	Stem ginger biscuit 123 kcal	71p
Belgian chocolate biscuit 🔍 129 kcal	71p	Salted caramel brownie bar 🔇 316 kcal	1.64

for the facts drinkaware.co.uk 🖁

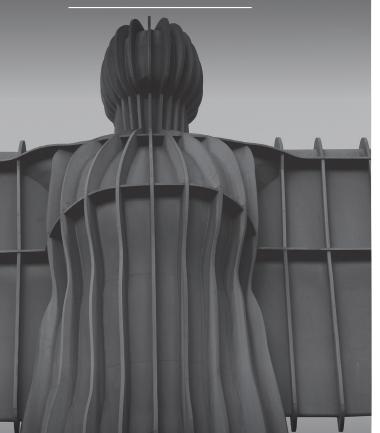
idwetherspoon.com ⊋ SIMNOGRILINOAD > around 2000 kcal a day.§



Main menu 11.30am - 11pm. Children's menu available.

# Wetherspoons

Metrocentre, Gateshead



Vhen Wetherspoon's chairman, Tim Martin, opened his first pub in north Lo in 1979, he named it Wetherspoons, after a Mr Wetherspoon – his New Zealand primary school teacher, the reasoning being that Mr Wetherspoon was too nice to be running Tim's particular class and couldn't control it; Tim thought to himself that, likewise, he couldn't control his first pub, so considered the name appropriate.



**Table service** 

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

The cod and haddock we serve

iustainable fish



**Food hygiene** rating We have been awarded the maximum food hygiene rating of 5 in our pub.





farm to fork.



ASSURED

# to the MSC's standard for fisheries.

Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.





LAVATIA Coffee The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

### **Award-winning**

children's menu Best children's meals (first place) Independently run 'secret diner' survey

#### **Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need

#### soft drink\* alcoholic drink\* £6.85 £8.38



**Breakfast** 

9am - 12 noon Traditional breakfast

£6.54

Tea. coffee and

hot chocolate

**Free refills** 

£1.56

**Deli Deals** 

INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink £5.82

> Featuring 3oz American burger soft drink\* alcoholic drink\*

£8.19

£9.72

### INCLUDES A DRINK<sup>\*</sup> **Choose from over 150 drinks**

## **Small plates**

Featuring halloumi-style fries, chicken wings and loaded chips

Any 3 for £17.47

UNLIMITED M





come from fisheries which have been independently certified well-managed and sustainable







### Small plates Any 3 for £17.47

Dinan places may stor 417.1	1
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V 📷 467 kcal. Mozzarella, basil	6.74
Pepperoni 🖉 575 kcal	7.33
Mozzarella, pepperoni	
Ham and mushroom 505 kcal	7.33
Mozzarella, ham, mushroom, rocket	
BBQ chicken 555 kcal	7.33
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable 💟 514 kcal	7.33
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable 🥏 🥸 🐯 355 kcal	7.33
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast <b>///</b> 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.91
Muzzarella, nam, pepperum, chicken preast, suceu chilles, ruckel	
11" garlic pizza bread 💟 772 kcal	6.98
Nachos /// V 695 kcal	6.54
Cheese, guacamole, salsa, sour cream, sliced chillies	
Bowl of chips Ø 964 kcal	4.74
Bowl of chips with curry sauce @ 1082 kcal	6.31
Cheesy chips V 1256 kcal	6.03
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.82
With any of the small plates below, choose one dip:	
Sweet chilli // @ 37 kcal; Sticky soy V 100 kcal; Naga chilli /// @ 13	
Jack Daniel's® Tennessee Honey glaze 🔍 87 kcal; Chipotle mayo 🖉 🇨 🔍	150 kcal
Blue cheese 💙 270 kcal; BBQ sauce 🧭 83 kcal	
Halloumi-style fries 💟 🗺 396 kcal	6.93
Chicken bites (555) 322 kcal. Ten battered chicken breast pieces	6.88
Southern-fried chicken strips / 500 459 kcal	6.65
Five chicken breast strips	0.00
Chicken wings /// 813 kcal. Ten spicy chicken wings	6.99
Quorn <sup>™</sup> nuggets @ (555) 331 kcal. Eight coated pieces	6.26
auorin inuggets (2) 500 331 kcat. Eight coated pieces	0.20

### Deli Deals<sup>®</sup> INCLUDES A DRINK

All wraps and paninis are freshly made to order.

<b>NEW</b> 10 <sup>e</sup> wraps A smaller wrap and filling.	
<b>Small brunch wrap</b> 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	without a drink <b>5.82</b> each
Small shawarma chicken 🖅 502 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* <b>6.85</b>
Small Quorn <sup>™</sup> nuggets Ø 📅 310 kcal	each
Salad leaves, tomato, cucumber, salsa	alcoholic drink*
Small southern-fried chicken /// (555) 399 kcal Salad leaves, smoky chipotle mayo	<b>8.38</b> each
Small fried halloumi-style cheese <b>// 2</b> (55) 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	

Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.03 each

12" wraps

NEW Shawarma chicken **FFF** 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn <sup>™</sup> nuggets @ ፼ 508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken /// 609 kcal Salad leaves, smoky chipotle mayo	soft drink*
Fried halloumi-style cheese 🖊 🛇 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	<b>8.42</b> each

alcoholic drink\*

9.95

each

#### **Paninis**

Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

#### 8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Spicy rice @ (208 kcal) Chips 🥏 (602 kcal) **1.44** each

### Burgers INCLUDES A DRINK Beef burgers made with 100% British beef, freshly cooked to order. Trace

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).
American burger 696 kcal

Red onion, gherkin, ketchup, American-style mustard		
	soft drink*	alcoholic drink*
Classic beef burger 677 kcal	8.19	9.72
Iceberg lettuce, tomato, red onion	each	each

## Skinny beef burger (500) 375 kcal

Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* <b>8.77</b> alcoholic drink* <b>10.30</b>	
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1138 kcal		
Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
	10.44	11.97
Double classic beef burger 1119 kcal	each	each
Iceberg lettuce, tomato, red onion		
•••••••••••••••••••••••••••••••••••••••	•••••	
Double American cheese burger 1207 kcal	-	oft drink* <b>11.03</b>
American-style cheese, red onion, gherkin, ketchup,	alcoho	lic drink* <b>12.56</b>

#### **Chicken burgers**

American-style mustard

Served with a small portion of chips (329 kcal, included in Crunchy chicken strip burger / 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* alcoholic drink*	8.19 9.72
Served with chips (602 kcal, included in Calories below)		
Fried buttermilk chicken burger 1255 kcal	soft drink* '	10.44
Breaded whole chicken breast fillet	alcoholic drink*	11.97

soft drink\*

10.44

each

alcoholic drink\*

11.97

each

#### Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger™ 🧭 1043 kcal	
🖙 BEYOND MEAT plant-based patty,	
iceberg lettuce, garlic & herb sauce	
Fried halloumi-style cheese burger	

🗾 💟 1118 kcal. Sweet chilli sauce

11" pizzas Includes Adrink .	1	
Sourdough base - proved, stretched, topped and freshly baked to order.	6.1.1	*
Margherita 💙 934 kcal. Mozzarella, basil		* alcoholic drink* 12.95
Pepperoni 💋 1151 kcal Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket		soft drink* <b>12.60</b>
<b>BBQ chicken</b> 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		each alcoholic drink*
<b>Roasted vegetable </b> ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		<b>14.13</b> each
<b>Vegan roasted vegetable @</b> 509 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast //// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rock	<b>13.77</b> et	15.30

Additional toppings Red onion @ 10 kcal Sliced chillies ///// @ 3 kcal Mushroom @ 4 kcal each 88p
Garlic & herb dip ⊘ 180 kcal Mozzarella ♥ 150 kcal Ham 71 kcal Chicken breast 94 kcal
Maple-cured bacon 91 kcal         each 1.15
Pepperoni         Image: Pepperoni

raceable from farm to fork.	
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calor	ies below).
<b>Ultimate burger</b> 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burge	er sauce, gherkin
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Fried buttermilk chicken 1703 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal Fiesta burger @ 1380 kcal	soft drink* 12.65 each alcoholic drink* 14.18 each
<b>BEYOND MEAT</b> plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	
Triple American cheese & bacon burger 1770 kcal so Three 3oz beef patties, American-style cheese, alcohol maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	ft drink* <b>14.10</b> ic drink* <b>15.63</b>
Just-a-burger Served on its own, without chips or a drink. American burger 💮 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 🖉 📆 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each <b>4.51</b>
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 Cheddar cheese () 82 kcal American-style cheese () 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip () 92 kcal	1.52 1.52 1.52 1.50
3oz beef patty 168 kcal Fried buttermilk chicken 473 kcal Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty Ø 184 kcal	each <b>1.97</b>

## Chicken Includes A DRINK

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

#### Peri-peri char-grilled half chicken

Lemon and herb 🖊	
Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose:	soft drink* <b>13.59</b> each
Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Chips 1453 kcal Hot and spicy ////	alcoholic drink* <b>15.12</b> each
Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose:	
Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Chips 1423 kcal	

#### **Chicken baskets**

Boneless basket 🖊	
Three southern-fried chicken strips, five chicken breast bites,	
coleslaw, BBQ sauce	
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	

Chicken bites basket	
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice 🚳 763 kcal; Chips 1157 kcal	
Southern-fried chicken strips basket 🖊	i

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket 🖊 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

## Fish and o

Small fres Peas 681 kcal

#### Small Whi Chips, peas 62 Four Whitby br

Add: Two slices of b Chip shop-sty

### Fish and o

Freshly ba Peas 1240 kcal Whitby bre Chips, peas 113

> Eight Whitby br Add: Two slices of b

> Chip shop-sty

All-day bro Two fried eggs, baked beans, c

Add: Black pud

Vegetariar Two fried eggs baked beans, c

> Wiltshire Two slices of W

> Sausages, Three Lincolns

Vegan sau Three vegan sa

**NEW** Chill Red peppers, r smoky chipotle

soft drink\*

11.42

each

alcoholic drink\*

12.95

each

Coleslaw 💟 559 kcal

Cheese V Baked bea

Chilli bean

Roasted ve

### Small pub classics INCLUDES A DRINK

Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips 🥟 Peas 681 kcal or mushy peas 739 kcal	10.60	12.13
<b>Small Whitby breaded scampi</b> Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	10.60	12.13
Add: Two slices of bread ♥ (404 kcal) <b>1.34</b> Chip shop-style curry sauce @ (118 kcal) <b>1.46</b>		
Small Wiltshire cured ham, egg and chips (55) kcal One slice of Wiltshire cured ham, fried egg	9.38	10.91
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	9.67	11.20
Add: Black pudding (178 kcal) 75p		
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	9.67	11.20

### Pub classics Includes A DRINK

chips	soft drink*	alcoholic drink*
<b>attered cod and chips 🧭</b> l or mushy peas 1298 kcal	12.83	14.36
<b>eaded scampi</b> 35 kcal or mushy peas 1192 kcal. readed scampi	12.83	14.36
oread 🔍 (404 kcal) <b>1.34</b> le curry sauce 🥥 (118 kcal) <b>1.46</b>		
<b>unch</b> 1245 kcal , bacon, two Lincolnshire sausages, chips	12.47	14.00
dding (178 kcal) <b>75p</b>		
<b>n all-day brunch V</b> 1023 kcal , three vegan sausages, chips	12.47	14.00
<b>cured ham, eggs and chips</b> 856 kcal Viltshire cured ham, two fried eggs	10.49	12.02
<b>, chips and beans</b> 1170 kcal shire sausages	10.49	12.02
<b>isages, chips and beans @</b> 910 kcal ausages	10.49	12.02
L <b>i bean non-carne ₱ @                                  </b>	11.07	12.60

### Jacket potatoes Includes A DRINK

With side salad and one filling. Extra fillings 1.30 each.

512 kcal	soft drink* <b>9.58</b>
ans ⊘ 🥺 뻀 482 kcal	each
n non-carne 🕖 🕢 🐯 🖏 442 kcal	alcoholic drink <b>11.11</b> each
regetables 🥏 🧐 383 kcal	

Curries Includes A DRINK		
Classic curries With basmati pilau rice, pla	in naan and p	oppadums.
Mangalorean roasted cauliflower & spinach curry <b>//</b> @ 😳 927 kcal		
Chicken tikka masala // 1190 kcal	soft drink* <b>12.60</b>	alcoholic drink* 14.13
hicken jalfrezi 🖅 🐼 935 kcal	each	each
Beef Madras 🖅 🎢 1043 kcal		
Change your plain naan to a garlic naan 🕐 (add 92 kcal) 47p		
Add: One vegetable samosa and two onion bhajis 📂 🤇 Two plain poppadums 🥥 (86 kcal) 47p	🔊 (293 kcal) <b>1.7</b>	16
Katsu curries With a mild Japanese-style ka coconut-flavour rice, sliced chillies and coriand		ice,
<b>Katsu grilled chicken curry</b> 🚳 542 kcal Sliced chicken breast		
atsu Quorn™ nugget curry @ 686 kcal Jht coated pieces	soft drink* <b>11.49</b> each	alcoholic drink* <b>13.02</b> each
Katsu chicken curry 828 kcal		

Sliced whole breaded chicken breast fillet

### Noodles, salads and pastas INCLUDES A DRINK

soft drink\* alcoholic drink\*

	soft drink* al	coholic drink*
NEW Ramen noodle bowl // @ 38 (56) 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (93 kcal) 1.15 Poached egg () (63 kcal) 93p	8.99	10.52
Chicken & maple-cured bacon salad Choose: Chicken breast (337) 283 kcal Southern-fried chicken breast strips (337) 465 kcal	12.12	13.65
Mediterranean salad (2) (334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red peppe cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables (2) (90 kcal) 1.53 Chicken breast (187 kcal) 1.97	<b>10.99</b> r.	12.52
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	11.55	13.08
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	12.12	13.65
Sides and extras		
Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal)	34p)	4.74
Small bowl of chips @ 602 kcal		2.87
Five chicken wings 🕬 407 kcal		3.34
NEW Five chicken breast bites 161 kcal		2.99
Eight Whitby breaded scampi 464 kcal		4.99
Peas 🥏 133 kcal		94p
Mushy peas V 248 kcal		94p
Side salad 🮯 91 kcal		2.29
Mediterranean side salad @ 198 kcal		3.22
Roasted vegetables @ 135 kcal		1.53
Coleslaw V 399 kcal		1.40
Sliced chillies		88p 2.33
Six onion rings @ 269 kcal		2.33
Twelve onion rings Ø 538 kcal 8° garlic pizza bread 🔇 386 kcal		3.50 5.80
		6.38
8" garlic pizza bread with cheese 💟 473 kcal 11" garlic pizza bread 💟 772 kcal		6.98
11" garlic pizza bread with cheese V 922 kcal		7.85

Adults need around 2000 kcal a day.§