#### Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 **Six** 269 kcal **2.33 Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 💟

With cheese V	<b>8</b> " 473 kcal	4.98	<b>11</b> " 922 kcal	6.44
<b>Desserts</b>				
Vanilla ice cream 877 kcal or o			g <b>V</b>	4.99
NEW Millionaire's sho Two vanilla ice cream scoops, toffee sauce				2.17
<b>Vanilla ice cream V (</b> Two scoops, toffee sauce, Bel		auce		1.82
Cookie crunch <b>♥</b> (500) Two vanilla ice cream scoops,		e, Belgian ch	ocolate sauce	1.82
<b>Mini warm chocolate</b> Belgian chocolate sauce, vanil		UNDER 435 kc	al	2.98
Mini warm cookie dou Salted caramel filling, toffee s	_		431 kcal	2.98
<b>Mini American-style</b> Two pancakes, maple-flavour		_	cal	3.54
Fresh fruit <b>v</b> 🕸 😘 4 Apple, banana, blueberries, st		lla ice cream		4.56
Warm chocolate fudg	j <b>e cake </b> 90	9 kcal. Vanilla	a ice cream	5.33
Warm chocolate brov Belgian chocolate sauce, vanil		al		5.33
Warm cookie dough s Salted caramel filling, toffee s				5.33
British Bramley apple Vanilla ice cream 673 kcal or c		_		5.62
American-style panc	<b>akes 🕐 </b> 68	39 kcal		4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

· Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
  Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

 $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot	
= Extremely hot	
Vegetarian 🕢 Vegan 🥯 5% fat or less 😘 Dish under 500 Calorie	es

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

## Served 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	NEW Fiesta brunch ♥ ♥ 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.88
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to Small breakfast (200) 435 kcal	<b>4.99</b> ast <b>4.45</b>	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown Add: Black pudding (178 kcal) <b>75p</b>		Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	American-style pancakes  NEW Four pancakes, banana, strawberries, blueberries,	4.99
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	maple-flavour syrup. 💟 🥯 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 👽 🎨 554 kcal	4.99 4.30
Small vegetarian breakfast ♥ ጭ 555 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. ♥ Two pancakes, maple-flavour syrup. ♥ ♦ ♦ ♦ ₹ 277 kcal	3.54 3.25
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Scrambled egg on toast € 570 kcal Three eggs, buttered white bloomer toast	3.77
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,	6.85	Beans on toast V 39 566 kcal. Buttered white bloomer toast  NEW Vegan option available with vegan spread Ø 59 566 kcal	3.66
four pancakes, maple-flavour syrup  Small American breakfast 629 kcal	4.99	Small beans on toast ♥ ॐ ௵ 252 kcal Buttered white bloomer toast	2.62
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread	2.47
Porridge ♥ ॐ ॐ 252 kcal (plain) Add: Banana ⊘ (110 kcal) 62p; Maple-flavour syrup ⊘ (125 kcal) 34p	2.09	Fresh fruit @ 68 (555) 200 kcal Apple, banana, blueberries, strawberries	3.66
Strawberries ⊘ (27 kcal) 62p; Blueberries ⊘ (17 kcal) 62p Honey ♥ (91 kcal) 34p; Sliced apple ⊘ (46 kcal) 62p		NEW Fresh fruit and yoghurt (1) (20) (334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

#### **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
Vegan sausage @ 82 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown @ 82 kcal	46p	Poached egg V 63 kcal	93p	•	

### **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread 3.4	38
Sausage butty 714 kcal 3.8	38
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal 3.8	38
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 🚳 (\$66) 435 kcal	

## Rroakfast muffin doal

Dreakiast mullin deal			
Includes tea, coffee or hot chocolate. Free refills			
<b>Egg &amp; cheese muffin ♥</b> (367) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31		
<b>Egg &amp; bacon muffin</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77		
<b>Egg &amp; sausage muffin</b> 333 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77		
<b>Egg &amp; vegetarian sausage muffin ♥ (555)</b> 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77		
<b>Breakfast muffin</b> \$600 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.01		
Smashed avocado muffin    ©	4.01		
Add: Hash brown	• • • • •		

Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

### Tea. coffee and hot chocolate-

TEA, COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -LAVATIA (A) (A)

Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

for the facts drinkaware.co.uk 🞖 idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



around 2000 kcal a day.§

Allergen and nutritional information can

website and Wetherspoon app. Adults need

#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee
The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

#### **Award-winning** children's menu

Best children's meals (first place) Independently run 'secret diner' survey



#### **Sustainable Restaurant** Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





**Traditional** 

breakfast

£4.99

£1.56

alcoholic drink\*

£5.64

alcoholic drink\*

£6.97

£7.62

alcoholic drink\*

£11.20

alcoholic drink\*

£9.44

**Breakfast** 

8am - 12 noon

Tea. coffee and

hot chocolate

**Deli Deals** 

INCLUDES A DRINK •

just-a-wrap, without a drink

£3.08

**Burger meals** 

INCLUDES A DRINK •

Featuring 3oz American burger

**Afternoon deals** 

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Steak Club INCLUDES A DRINK' • **Tuesday 11.30am - 11pm** Featuring classic 8oz sirloin

Curry Club

INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range

INCLUDES A DRINK' •

Choose from over 150 drinks

Free refills

soft drink\*

£4.11

soft drink\*

soft drink\*

£6.09

£9.67

soft drink\*

£7.91

£5.44

Small plates Any 3 for £14.	.93
B" pizzas. Sourdough base - proved, stretched, copped and freshly baked to order.	
	E 01
Margherita V 556 467 kcal. Mozzarella, basil	5.91 6.51
Pepperoni 🌈 575 kcal. Mozzarella, pepperoni Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rock	
BBQ chicken 555 kcal	6.51
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	0.51
Roasted vegetable V 514 kcal	6.51
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable @ 🚳 😘 355 kcal	6.51
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast ル 615 kcal	7.09
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
Par-grilled halloumi-style cheese V 514 kcal	4.96
Rocket, roasted pepper, courgette, onion, salsa	
11" garlic pizza bread V 772 kcal	5.57
Nachos 🖊 🗸 🗸 695 kcal. Cheese, guacamole, salsa, sour cream, sliced	chillies <b>5.81</b>
Bowl of chips Ø 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips V 1256 kcal	5.53
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup V 58 500 374 kcal. White bloomer bread	4.23
NEW Vegan option available with vegan spread @ 53 556 285 kcal	
Nith any of the small plates below, choose one dip:	
Sweet chilli 🎾 🕝 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🎾 🕖 🕢	136 kcal
Jack Daniel's Tennessee Honey glaze V 87 kcal; Chipotle mayo	
Blue cheese V 270 kcal; BBQ sauce Ø 83 kcal	
Halloumi-style fries V (500) 396 kcal	4.96
Chicken bites (\$508) 322 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips / 555 459 kcal. Five chicken brea	
·	
Chicken wings FFF 813 kcal. Ten spicy chicken wings	6.75
Chicken wings	
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets @ 833 331 kcal. Eight coated pieces	6.75
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK •	6.75
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets @ \$333 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	6.75
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets @ \$333 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	6.75
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK •	6.75
Chicken wings	6.75 5.19
Chicken wings	6.75
Chicken wings	6.75 5.19 just-a-wrap, without a drink 3.08
Chicken wings	6.75 5.19 just-a-wrap, without a drink
Chicken wings	just-a-wrap, without a drink 3.08 each
Chicken wings	just-a-wrap, without a drink 3.08 each
Chicken wings /// 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals° INCLUDES A DRINK All wraps and paninis are freshly made to order.  INCLUDES A Smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ③ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② 330 kcal	just-a-wrap, without a drink 3.08 each
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK:  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 3310 kcal  Salad leaves, tomato, cucumber, salsa	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each
Chicken wings /// 813 kcal. Ten spicy chicken wings  Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK:  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 330 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 330 399 kcal	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink*
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 555 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal  Salad leaves, smoky chipotle mayo	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 500 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 500 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 500 277 kcal	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink*
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 360 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 300 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 300 277 kcal  Salad leaves, sweet chilli sauce	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 555 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 379 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 50 555 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese // © 555 391 kcal	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals° INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 555 310 kcal  Galad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal  Galad leaves, smoky chipotle mayo  Small cold chicken breast // © 577 kcal  Galad leaves, sweet chilli sauce  Small fried halloumi-style cheese // © 555 391 kcal  Galad leaves, sweet chilli sauce	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint  Small Quorn™ nuggets © 555 310 kcal  Galad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal  Galad leaves, smoky chipotle mayo  Small cold chicken breast // 556 277 kcal  Galad leaves, sweet chilli sauce  Small fried halloumi-style cheese // \$156 391 kcal  Galad leaves, sweet chilli sauce	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  **Deli Deals** INCLUDES A DRINK* ••••  All wraps and paninis are freshly made to order.  **EW** 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ③ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② 555 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 52 555 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese //  © 555 391 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese //  © 555 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad ② (46 kcal); Small portion of chips ② (329 kcal) 1	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Chicken wings	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
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Chicken wings	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK® All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ② 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② 3310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // ② 377 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese // ② 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad ② (46 kcal); Small portion of chips ② (329 kcal) 1  12" wraps  IEW Shawarma chicken /// 719 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Quorn™ nuggets ② 308 kcal. Tomato, cucumber, salsa  Southern-fried chicken /// 609 kcal  Salad leaves, smoky chipotle mayo  Cold chicken breast // ③ 479 kcal  Salad leaves, sweet chilli sauce  Fried halloumi-style cheese // ② 707 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each
Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets © 331 kcal. Eight coated pieces  Deli Deals° INCLUDES A DRINK: All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap © 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets © 555 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 555 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 50 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese // © 555 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1  12" wraps  12" wraps  12" bhawarma chicken /// 719 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Quorn™ nuggets © 508 kcal. Tomato, cucumber, salsa  Southern-fried chicken /// 609 kcal  Salad leaves, smoky chipotle mayo  Cold chicken breast // 50 479 kcal  Salad leaves, sweet chilli sauce  Fried halloumi-style cheese // 707 kcal	just-a-wrap, without a drink 3.08 each soft drink* 5.64 each soft drink* 5.70 each alcoholic drink*

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

Choose any 8" pizza from the small plates section.

Cheddar cheese and tomato V 527 kcal

#### 2CTS INCLUDES A DRINK • gers made with 100% British beef, freshly cooked to order. Tra rgers One 3oz beef patty. ith a small portion of chips (329 kcal, included in Calories below). an burger 696 kcal gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* 5.44 6.97 beef burger 677 kcal each uce, tomato, red onion each peef burger 500 375 kcal cuce, tomato, red onion, with a side salad, instead of chips an cheese burger 730 kcal soft drink\* 6.04 style cheese, red onion, gherkin, ketchup, alcoholic drink\* 7.57 tvle mustard beef burgers Two 3oz beef patties. ith chips (602 kcal, included in Calories below). American burger 1138 kcal soft drink\* alcoholic drink\* gherkin, ketchup, American-style mustard 7.73 9.26 classic beef burger 1119 kcal each each uce, tomato, red onior American cheese burger 1207 kcal soft drink\* 8.30 tyle cheese, red onion, gherkin, ketchup, alcoholic drink\* 9.83 tyle mustard n burgers ith a small portion of chips (329 kcal, included in the Calories below). chicken strip burger 🗗 776 kcal soft drink\* 5.44 rn-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* **6.97** ith chips (602 kcal, included in Calories below). uttermilk chicken burger 1255 kcal hole chicken breast fillet alcoholic drink\* illed chicken breast burger 970 kcal 7.73 9.26 chicken burger 🚳 😘 394 kcal each chicken breast, with a side salad, instead of chips ee burgers ith chips (602 kcal, included in Calories below). Burger<sup>™</sup> **1**043 kcal soft drink\* alcoholic drink\* ND MEAT plant-based patty, 7.73 9.26 tuce, garlic & herb sauce each each **d vegetable burger (V**) 1039 kcal rot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese alloumi-style cheese burger ሾ 🔇 1118 kcal. Sweet chilli sauce ourger each **3.36** n its own, without chips or a drink. an burger 😘 367 kcal gherkin, ketchup, American-style mustard chicken strip burger / 447 kcal rn-fried chicken strips, iceberg lettuce, mayonnaise INCLUDES A DRINK **CUTTIES** With basmati pilau rice, plain naan and poppadums. orean roasted cauliflower ch curry 🖊 🗑 🚳 927 kcal soft drink\* alcoholic drink\* tikka masala 🃂 1190 kcal 9.84 11.37 n jalfrezi 🎢 🎏 🚳 935 kcal each each adras //// 1043 kcal your plain naan to a garlic naan 💟 (add 92 kcal) 47p curries With basmati pilau rice or chips. Mangalorean roasted wer & spinach curry 🆊 🧑 ısmati pilau rice 🥯 568 kcal; Chips 970 kcal chicken tikka masala 🏴 soft drink\* alcoholic drink\* smati pilau rice 830 kcal; Chips 1232 kcal 7.62 9.15 chicken jalfrezi 🆊 🆊 ismati pilau rice 🚳 575 kcal; Chips 977 kcal beef Madras smati pilau rice 684 kcal; Chips 1086 kcal Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 🚳 542 kcal

Sliced char-grilled chicken breast

Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

Eight coated pieces

Katsu Quorn™ nugget curry @ 686 kcal

soft drink\* alcoholic drink\*

8.73

each

10.26

each

aceable from farm to fork.	
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calori	es below).
<b>Ultimate burger</b> 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
<b>Tennessee burger</b> Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze <b>Choose: Beef</b> (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal	soft drink*  9.93 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 11.46 each
Heatwave burger /// Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal	
Fiesta burger ⊘ 1380 kcal  → BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepp courgette, onion	oer,
Triple American cheese & bacon burger 1770 kcal sof Three 3oz beef patties, American-style cheese, alcoholi maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	it drink* 11.38 c drink* 12.91
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kg	cal <b>2.14</b>
Cheddar cheese V 82 kcal	1.52
American-style cheese V 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip <b>№</b> 92 kcal	1.50
<b>3oz beef patty</b> 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each <b>1.97</b>
Breaded vegetable patty V 257 kcal	
Fried halloumi-style cheese V 298 kcal	
S BEYOND MEAT 'patty  ◎ 184 kcal	
Chicken Includes a Drink	
Chicken on the bone is marinated, slow cooked	
and finished on the char-grill.	
Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	soft drink*
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	10.83
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	each
Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze	alcoholic drink*

Chicken on the bone is marinated, slow cooked and finished on the char-grill.  Peri-peri char-grilled half chicken							
Lemon and herb Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	soft drink* 10.83 each						
Hot and spicy Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal, Meshad notate 1107 kcal, Chine 1423 kcal	alcoholic drink* 12.36 each						
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy							
Chicken baskets Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket F Three southern-fried chicken strips, five chicken breast bites, coleslaw, I Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal							
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal	soft drink* <b>8.68</b> each						
<b>Southern-fried chicken strips basket </b> Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	alcoholic drink*						

Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket 🖊 🖤

Eight coated pieces, coleslaw, sweet chilli sauce

Add: Chicken gravy (50 kcal) 94p

10.21

11" pizzas includes a drink •		
Sourdough base - proved, stretched, topped and freshly baked to order.  Margherita 9 934 kcal. Mozzarella, basil  Pepperoni 15 1151 kcal. Mozzarella, pepperoni	soft drink*	alcoholic drii 10.2
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		soft drink* <b>9.84</b> each
Roasted vegetable © 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable © \$\infty\$ 709 kcal	ā	llcoholic drink* 11.37 each
Mushroom, roasted pepper, courgette, onion, basil  Spicy meat feast /// 1214 kcal  Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocke	<b>11.02</b> t	12.5
Additional toppings Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushroo Garlic & herb dip @ 180 kcal; Mozzarella @ 150 kcal; Ham 71 k Chicken breast 94 kcal; Maple-cured bacon 91 kcal	cal	each <b>1 1</b> !
Pepperoni  109 kcal; Roasted vegetables  90 kcal		each <b>1.5</b> 3
Small pub classics INCLUD	ES A D	RINK' •
Fish and chips	soft drink*	alcoholic drir
Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	7.84	9.3
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.3
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.1
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p	6.91	8.4
Small vegetarian all-day brunch V 611 kcal	6.91	8.4

Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	7.84	9.37	
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37	
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop–style curry sauce ⊚ (118 kcal) 1.46			
Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14	
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	6.91	8.44	
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	6.91	8.44	
Afternoon deal Mon - Fri, 2pm - 5pm	soft drink* 6.09	alcoholic drink* <b>7.62</b>	

soft drink\* alcoholic drink\*

8.80

7.27

Pub classics includes a drink:					
Fish and chips	soft drink*	alcoholic drink*			
Freshly battered cod and chips 🥟	10.08	11.61			
Peas 1240 kcal or mushy peas 1298 kcal Whitby breaded scampi	10.08	11.61			
Chips, peas 1135 kcal or mushy peas 1192 kcal.					
Eight Whitby breaded scampi  Add: Two slices of bread (V) (404 kcal) 1.34	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·			
Chip shop-style curry sauce @ (118 kcal) 1.46					

Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.00	11.01
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) <b>75p</b>	<b>9.72</b> chips	11.25
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	7.73	9.26
NEW Chilli bean non-carne P @ 53 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle	<b>8.32</b> sauce, rice, to	<b>9.85</b> rtilla chips

Afternoon deal

Mon - Fri, 2pm - 5pm

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.				
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* 11.25 each	alcoholic drink* <b>12.78</b> each		
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Medida pateta 1003 kcal. China 1330 kcal	soft drink* 13.59 each	alcoholic drink* <b>15.12</b> each		
Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauc Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82				
Below meals are served with peas, tomato and m	<b>ushroom.</b> soft drink	* alcoholic drir		
BBQ chicken melt	10.08	11.6		

Mashed potato 1003 kcal: Chips 1320 kcal  Add your choice of steak sauce: Creamy peppercorn sauce (74  Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each	,	
Below meals are served with peas, tomato and mush	room.	alcoholic drink*
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad \$\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\ointilde{\oin	10.08	11.61
5oz gammon and egg Choose: Side salad & **** 402 kcal; Mediterranean salad 5: Jacket potato & 649 kcal; Mashed potato 620 kcal; Chips 936		10.26
10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 k	<b>11.89</b>	13.42
Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519	11.89	13.42
Large mixed grill Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012	13.65	15.18

Noodles, salads and pasta	5
INCLUDES A DRINK • • • •	

	soft drink* alo	coholic drink*
NEW Ramen noodle bowl // @ @ 655 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion,	6.99	8.52
carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriar in a light broth	ider,	
Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg	🗸 (63 kcal) <b>9</b> 3	3p
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 333 kcal	9.47	11.00
Southern-fried chicken breast strips (\$500) 465 kcal		
Mediterranean salad @ 888 334 kcal	8.35	9.88
Pearl barley, quinoa, butternut squash, wheat berries, red peppe	r,	
cherry tomatoes, pumpkin seeds, basil, dressing		
Add: Grilled halloumi-style cheese (V) (447 kcal) 1.97		
Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal) 1.	.53	
Char-grilled chicken breast (187 kcal) 1.97		
Grilled halloumi-style cheese	8.62	10.15
& roasted vegetable salad V 555 494 kcal		
Roasted pepper, courgette, onion, pico de gallo, dressing		
Burrito salad bowl V 668 kcal	8.62	10.15
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chip quacamole, sliced chillies	S,	
Add: Char-grilled chicken breast (187 kcal) <b>1.97</b>		
Chilli bean non-carne 🖊 💿 (149 kcal) 1.97		
Pasta alfredo V 618 kcal	8.90	10.43
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach,	0.70	10.40
sun-dried tomato, basil, rocket		
Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured	<b>bacon</b> (91 kca	al) <b>1.52</b>
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	9.47	11.00

### Jacket potatoes includes a drink

Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Baked beans @ 59 566 482 kcal Chilli bean non-carne / @ 59 595 442 kcal

With side salad and one filling. Extra fillings 1.30 each.

soft drink\* alcoholic drink\* 6.85 8.38 each Roasted vegetables @ 5% 500 383 kcal