#### **Sides and extras**

| Bowl of chips 🥥 964 kcal (Add: Spicy seasoning 🥥 (7 kcal) 34p) |                      |         | 4.23                          |      |
|--|----------------------|---------|-------------------------------|------|
| Small bowl of chips @ 602 kcal                                 |                      |         | 2.48                          |      |
| Five chicken wings 🏸   | 🕖 407 kcal           |         |                               | 3.34 |
| NEW Five chicken bre   | east bites 161       | kcal    |                               | 2.99 |
| Eight Whitby breaded   | scampi 464 ka        | cal     |                               | 4.99 |
| Grilled halloumi-style   | cheese 💟 4/          | 47 kcal |                               | 1.97 |
| Mediterranean side salad 🧭 198 kcal                            |                      |         | 3.22                          |      |
| Sliced chillies 🖉 🖉 🌮 🔕 3 kcal                                 |                      |         | 88p                           |      |
| Peas 🧭 133 kcal  | 94p                  |         | Mushy peas V 248 kcal         | 94p  |
| Side salad 🥝 91 kcal   | 2.29                 |         | Coleslaw V 399 kcal           | 1.40 |
| Chicken gravy 50 kcal  | 94p                  | Roaste  | <b>d vegetables </b> 135 kcal | 1.53 |
| Onion rings 🤕  | Six 269 kcal         | 2.33    | Twelve 538 kcal               | 3.50 |
| Garlic pizza bread V   | <b>8</b> '' 386 kcal | 4.40    | <b>11</b> " 772 kcal          | 5.57 |
| With cheese V  | <b>8</b> " 473 kcal  | 4.98    | <b>11</b> " 922 kcal          | 6.44 |
|  |                      |         |                               |      |

#### Desserts

| NEW 11" sharing dessert pizza 👽 🚳 883 kcal<br>Banana, strawberries, chocolate cookie, toffee sauce, Belgian chocolate sauce  | 5.99 |
|--|------|
| <b>NEW</b> Chocolate & salted caramel torte Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream  V46 kcal or coconut ice cream  V766 kcal | 5.33 |
| NEW Salted caramel sticky toffee pudding<br>Vanilla ice cream 877 kcal or custard 741 kcal   | 4.99 |
| Millionaire's shortbread V 🐯 409 kcal<br>Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce                                   | 2.17 |
| <b>Vanilla ice cream (V) (1999)</b> 334 kcal<br>Two scoops, toffee sauce, Belgian chocolate sauce  | 1.82 |
| <b>Cookie crunch (V) ()))</b> 364 kcal<br>Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce  | 1.82 |
| Mini warm chocolate brownie 🔇 👹 435 kcal<br>Belgian chocolate sauce, vanilla ice cream   | 2.98 |
| Mini warm cookie dough sandwich V (1187) 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream  | 2.98 |
| Mini American-style pancakes 👽 🐻 412 kcal<br>Two pancakes, maple-flavour syrup, vanilla ice cream  | 3.54 |
| <b>Fresh fruit ()</b> (2) (20) 470 kcal<br>Apple, banana, blueberries, strawberries, vanilla ice cream   | 4.56 |
| Warm chocolate fudge cake 👽 909 kcal. Vanilla ice cream  | 5.33 |
| <b>Warm chocolate brownie 🕥</b> 736 kcal<br>Belgian chocolate sauce, vanilla ice cream   | 5.33 |
| Warm cookie dough sandwich 🔮 727 kcal<br>Salted caramel filling, toffee sauce, vanilla ice cream   | 5.33 |
| British Bramley apple crumble<br>Vanilla ice cream 🕐 673 kcal, coconut ice cream 🥥 628 kcal or custard 🗐 537 kcal  | 5.62 |
| <b>American-style pancakes ♥ </b> ☺ 689 kcal<br>Four pancakes, maple-flavour syrup, vanilla ice cream  | 4.99 |
| Add: Custard 🔇 (134 kcal) 1.23; Vanilla ice cream scoop 🔇 (135 kcal) 94p   |      |

Add: Custard 🖤 (134 kcal) 1.23: Vanilla ice cream scoop 🖤 (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

While we have procedures for segregating

kitchen and bar service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

contained in the dish.

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus. customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the ustomer information screen to filter menus by specific dietary requirements, such as

• Exclude those dishes containing certain allergens

- See full lists of ingredients. • Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

#### DIETARY SYMBOLS

| Very mild V = Mild V = Medium hot V = Very hot  |
|---|
| <b>FFFF</b> = Extremely hot   |
| Vegetarian ØVegan 🚳 5% fat or less 🐜 Dish under 500 Calories                                    |
| Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org |
| Adults need around 2000 kcal a day.§  |

#### Served BREAKFAST 8am - 12 noon Large breakfast 1343 kcal 6.59

| Large breakfast 1343 kcal  | 6.59 |
|--|------|
| Two fried eggs, bacon, two Lincolnshire sausages, baked beans,<br>three hash browns. mushroom. two slices of toast       |      |
| Traditional breakfast 807 kcal   | 4.99 |
| Fried egg, bacon, Lincolnshire sausage, baked beans,   | 4.77 |
| two hash browns, slice of toast  |      |
| Small breakfast 👹 435 kcal   | 4.45 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown  |      |
| Add: Black pudding (178 kcal) <b>75p</b>   |      |
| Freedom breakfast 586 kcal   | 4.45 |
| Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato  | 4.45 |
| Large vegetarian breakfast 🔮 1129 kcal   | 6.59 |
| Two fried eggs, three vegan sausages, baked beans, three hash browns,  | 0.07 |
| mushroom, tomato, two slices of toast  |      |
| Vegetarian breakfast 🕐 786 kcal  | 4.99 |
| Two fried eggs, two vegan sausages, baked beans, two hash browns,  |      |
| mushroom, tomato, slice of toast   |      |
| Small vegetarian breakfast 💟 🕸 🐻 291 kcal  | 4.45 |
| Fried egg, vegan sausage, baked beans, hash brown, tomato  | / /1 |
| <b>Vegan breakfast @</b> 642 kcal<br>Two vegan sausages, baked beans, two hash browns, mushroom,                         | 4.61 |
| tomato, slice of toast, vegan spread   |      |
| American breakfast 1258 kcal   | 6.85 |
| Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,   |      |
| four pancakes, maple-flavour syrup   |      |
| Small American breakfast 629 kcal  | 4.99 |
| Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,  |      |
| two pancakes, maple-flavour syrup  | 0.00 |
| VEW Creamy jumbo oat porridge (new recipe: now contains gluten)  () () () () () () () () () () () () (                   | 2.09 |
| Add: Banana @ (110 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p   |      |
| Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  |      |
| Honey 💟 (91 kcal) 34p; Sliced apple 🥥 (46 kcal) 62p  |      |
| NEW Shakshuka 🖉 💟 547 kcal   | 5.14 |
| Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,  |      |
| rocket, toasted ciabatta   |      |
| Add: Grilled halloumi-style cheese 🔍 (447 kcal) <b>1.97</b><br>Maple-cured bacon (91 kcal) <b>1.52</b>                   |      |
|  | 0.00 |
| NEW Fiesta brunch ♥ ♥ 659 kcal<br>Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, | 3.88 |
| Eqqs Benedict 725 kcal   | 5.14 |
| Two poached eggs, on an English muffin, with Wiltshire cured ham,  | 0.14 |
| Hollandaise sauce, rocket  |      |
| Mushroom Benedict V 638 kcal   | 5.14 |
| Two poached eggs, on an English muffin, with mushroom,   |      |
| Hollandaise sauce, rocket  |      |
| Miner's Benedict 939 kcal  | 5.14 |
| Two poached eggs, on an English muffin, with black pudding,<br>Hollandaise sauce, rocket                                 |      |
| American-style pancakes  |      |
| <b>NEW</b> Four pancakes, banana, strawberries, blueberries,   | 4.99 |
| maple-flavour syrup. V 🧐 708 kcal  | //   |
| Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal  | 4.99 |
| Four pancakes, maple-flavour syrup. 💙 🍩 554 kcal   | 4.30 |
| Small American-style pancakes  |      |
| Two pancakes, maple-cured bacon, maple-flavour syrup. 📆 322 kcal   | 3.54 |
| Two pancakes, maple-flavour syrup. 💟 🕸 🐯 277 kcal  | 3.25 |
| Scrambled egg on toast 💙 570 kcal<br>Three eggs, buttered white bloomer toast  | 3.77 |
| Beans on toast 🔍 🧐 566 kcal. Buttered white bloomer toast  | 3.66 |
| Vegan option available with vegan spread @ 50 (500) 460 kcal   | 3.00 |
| Small beans on toast 💟 🚳 😘 252 kcal  | 2.62 |
| Buttered white bloomer toast   |      |
| Two slices of toast with jam or marmalade Ѵ 524 kcal   | 2.47 |
| White bloomer bread  |      |
| Fresh fruit @ 🚳 (100) 200 kcal   | 3.66 |
| Apple, banana, blueberries, strawberries   |      |
| NEW Fresh fruit and yoghurt 🛛 🕸 🗺 334 kcal   | 4.45 |

NEW Fresh fruit and yoghurt V 🚳 🎆 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com °Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. •Non-refundable advance purchase rates, available to book direct on our website; an and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster, An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

#### **Breakfast extras**

| Add any of the following:                 |                |                         |      |
|---|----------------|-------------------------|------|
| Black pudding 178 kcal                    | 75p            | Hash brown ⊘ 82 kcal    | 46p  |
| Lincolnshire sausage 168 kcal             | 1.05           | Vegan sausage Ø 82 kcal | 1.05 |
| Slice of toast V 225 kcal                 | 1.13           | Baked beans 🥏 126 kcal  | 93p  |
| Fried egg V 56 kcal                       | 93p            | Poached egg V 63 kcal   | 93p  |
| Two scrambled eggs V 136 kca              | l              |                         | 1.63 |
| Two rashers of back bacon 131 kcal        |                |                         | 1.57 |
| Four rashers of maple-cured bacon 91 kcal |                |                         | 1.52 |
| Two mushrooms 🥏 100 kcal                  |                |                         | 93p  |
| Two grilled tomato halves 🧭 16 kcal       |                |                         | 52p  |
| Grilled halloumi-style cheese             | <b>V</b> 447 k | cal                     | 1.97 |

#### Breakfast butties and wraps

| Bacon butty 574 kcal  | 3.88 |
|---|------|
| hree rashers of bacon, buttered white bloomer bread               |      |
| ausage butty 714 kcal   | 3.88 |
| vo Lincolnshire sausages, buttered white bloomer bread            |      |
| <b>/egetarian sausage butty 🖤</b> 541 kcal                        | 3.88 |
| wo vegan sausages, buttered white bloomer bread                   |      |
| egan option available with vegan spread 🥥 🤓 🐻 435 kcal            |      |
| Breakfast wrap 724 kcal   | 4.36 |
| ried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese |      |
| <b>/egetarian breakfast wrap </b> 735 kcal                        | 4.36 |
| ied egg, two vegan sausages, two hash browns, Cheddar cheese      |      |
|   |      |

#### **Breakfast muffin deal**

| Includes tea, coffee or hot chocolate. Free refills"  | 8.31      |
|---|-----------|
|   | 3.31      |
| Egg & cheese muffin (*) (****)       249 kcal       3         Fried egg, American-style cheese, in an English muffin       3  |           |
| Egg & bacon muffin         314 kcal         3           Fried egg, bacon, American-style cheese, in an English muffin         3   | 8.77      |
| Egg & sausage muffin (555)         417 kcal         3           Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin         3  | 8.77      |
| Egg & vegetarian sausage muffin (V (555) 330 kcal 3<br>Fried egg, vegan sausage, American-style cheese, in an English muffin  | 8.77      |
| Breakfast muffin (333) 482 kcal 44<br>Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin   | .01       |
| Smashed avocado muffin ⊘ ☎ (55)       271 kcal       4         Guacamole, pico de gallo, on an English muffin, rocket       Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p       4         Grilled halloumi-style cheese ♥ (447 kcal) 1.97       1.97 | .01       |
| Add: Hash brown 🥥 (82 kcal) 46p   | • • • • • |



**Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar (V) 316 kcal 1.64

> for the facts drinkaware.co.uk

Flat white V 92 kcal

Latte 💟 113 kcal

Tea

Mocha 💟 147 kcal

Espresso ⊘ 6 kcal

Black coffee Ø 6 kcal

White coffee V 24 kcal

Hot chocolate 🚺 169 kcal

with semi-skimmed milk 💟 14 kcal

Dairy alternative: oat sachet @ 4 kcal

Decaffeinated tea and coffee available.

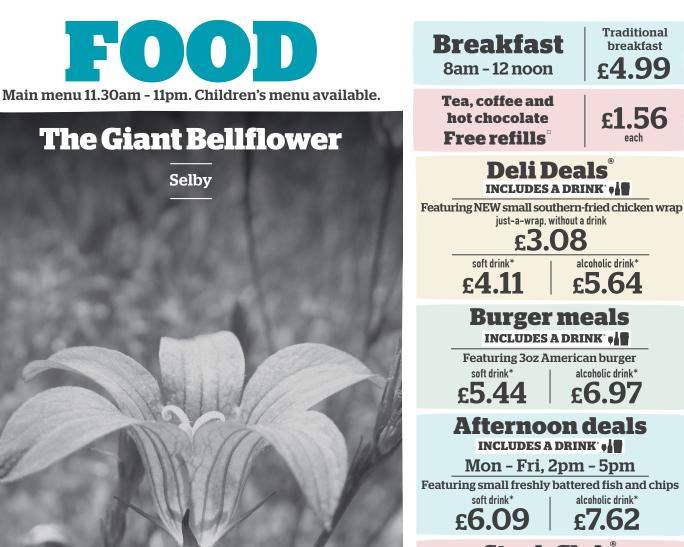
Cappuccino 🖤 102 kcal

jdwetherspoon.com ⊋ TC  $\Xi$ 



FOOD HYGIENE RATING

· 100% · AND IRISH BEEF



Thomas Johnson was born in Selby in the early 17th century. A 'learned, amiable, brave man', he was a leading herbalist of his day, recording many examples of the giant bellflower found on the banks of the River Ouse which flows through Selby. Johnson combined his work as an apothecary with botanical excursions around England and Wales, publishing many books about his discoveries. He later fought for the Royalists in the Civil War and was 'mortally wounded'.



**Table service** 



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



**Food hygiene** rating We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK and

From farms in the UK

and Ireland, prime beef

steaks, matured for 28

days. Traceable from

Irish beef



**RSPCA** 

ASSURED

#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.





Traditional

breakfast

£4.99

£1.56

Featuring the katsu curry range soft drink\* alcoholic drink\* £7.91 £9.44

INCLUDES A DRINK<sup>\*</sup> **Choose from over 150 drinks** 

## LAVATLA Coffee The freshly ground 100% Arabica





#### Independently run 'secret diner' survey **Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'

Lavazza coffee<sup>tt</sup> we serve is from

Rainforest Alliance-certified farms

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

farm to fork.

## wetherspoon hotels **Book direct** for the best rates



# 









#### Small plates Any 3 for £14.93

| Sman places Any 5101 £14.95  |                       |
|--|-----------------------|
| 8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to o<br>Margherita (V) (333) 467 kcal. Mozzarella, basil<br>NEW Spicy chicken /// 706 kcal | rder.<br>5.91<br>6.51 |
| Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket   |                       |
| Pepperoni 🖅 575 kcal. Mozzarella, pepperoni  | 6.51                  |
| Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket   | 6.51                  |
| BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket   | 6.51                  |
| Roasted vegetable V 514 kcal<br>Mozzarella, mushroom, roasted pepper, courgette, onion, basil  | 6.51                  |
| Roasted vegetable and vegan cheeze @ 38 (300) 416 kcal<br>Mushroom, roasted pepper, courgette, onion, basil  | 6.51                  |
| Spicy meat feast <b>FFF</b> 615 kcal<br>Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket  | 7.09                  |
| NEW Char-grilled halloumi-style cheese V 514 kcal<br>Rocket, roasted pepper, courgette, onion, salsa   | 4.96                  |
| Char-grilled tandoori chicken breast skewer  | 4.96                  |
| 11" garlic pizza bread 💟 772 kcal  | 5.57                  |
| Nachos /// 👽 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies   | 5.81                  |
| Add: Spicy pulled chicken thigh / (249 kcal) 2.99  |                       |
| Bowl of chips Ø 964 kcal   | 4.23                  |
| NEW Shawarma-chicken-topped chips /// 1387 kcal<br>Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces                                      | 6.03                  |
|  | E EQ                  |
| Bowl of chips with curry sauce @ 1082 kcal<br>Cheesy chips @ 1256 kcal   | 5.58<br>5.53          |
| Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream  | 6.03                  |
|  | 6.03<br>4.23          |
| Tomato & basil soup 🖤 🕸 📷 374 kcal. White bloomer bread Vegan option available with vegan spread 🥥 🕸 📆 285 kcal  | 4.23                  |
| With any of the small plates below, choose one dip:  |                       |
| NEW Korean-style dip 🔍 96 kcal; Sweet chilli 🖅 🥥 37 kcal; Sticky soy 💟   |                       |
| Naga chilli <b>FFF</b> 136 kcal; Jack Daniel's® Tennessee Honey glaze V 87 kcal  |                       |
| Chipotle mayo  |                       |
| Halloumi-style fries () 500 396 kcal   | 4.96<br>6.09          |
| Chicken bites (30) 322 kcal. Ten battered chicken breast pieces<br>Southern-fried chicken strips / (30) 459 kcal. Five chicken breast strip                        |                       |
| Chicken wings <b>11</b> 813 kcal. Ten spicy chicken wings  | 6.75                  |
| Quorn <sup>™</sup> nuggets @ 331 kcal. Eight coated pieces   | 5.19                  |
|  | 0.17                  |

#### Deli Deals<sup>®</sup> INCLUDES A DRINK

All wraps and paninis are freshly made to order.

| NEW 10" wraps A smaller wrap and filling.  |                                 |  |
|--|---------------------------------|--|
| Small Korean fried chicken 384 kcal<br>Iceberg lettuce, cucumber, coriander, Korean-style sauce                |                                 |  |
| Small brunch wrap 559 kcal<br>Fried egg, bacon, Lincolnshire sausage, Cheddar cheese                           | just-a-wrap,<br>without a drink |  |
| Small vegetarian brunch wrap 🔮 545 kcal<br>Fried egg, two vegan sausages, Cheddar cheese                       | <b>3.08</b><br>each             |  |
| Small shawarma chicken 💋 502 kcal  |                                 |  |
| Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  | soft drink*<br><b>4.11</b>      |  |
| Small Quorn <sup>™</sup> nuggets @ (555) 310 kcal<br>Salad leaves, tomato, cucumber, salsa                     | each                            |  |
| Small southern-fried chicken   | alcoholic drink*<br><b>5.64</b> |  |
| Small cold chicken breast <b>//</b> 😵 📷 277 kcal<br>Salad leaves, sweet chilli sauce                           | each                            |  |
| Small fried halloumi-style cheese <b>//</b> 🛇 🚟 391 kcal<br>Salad leaves, sweet chilli sauce, tomato, cucumber |                                 |  |
| Add: Small side salad 🥥 (46 kcal); Small portion of chips 🥥 (329 kcal) 1.03 each                               |                                 |  |

12" wraps

| 12 wraps  |                  |
|---|------------------|
| <b>NEW Korean fried chicken</b> 618 kcal<br>lceberg lettuce, cucumber, coriander, Korean-style sauce                                    |                  |
| Shawarma chicken /// 719 kcal. Chicken thigh, Middle Eastern<br>Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint | spices,          |
| Southern-fried chicken //// 609 kcal<br>Salad leaves, smoky chipotle mayo   |                  |
| <b>Cold chicken breast // 😳 479</b> kcal<br>Salad leaves, sweet chilli sauce  | soft drink*      |
| Fried halloumi-style cheese 💋 🛇 707 kcal<br>Salad leaves, sweet chilli sauce, tomato, cucumber  | 5.70<br>each     |
| Quorn <sup>™</sup> nuggets @ ፼ 508 kcal. Tomato, cucumber, salsa  | alcoholic drink* |
| Paninis<br>NEW Roasted vegetable and vegan cheeze @ 480 kcal  | 7.23<br>each     |
| Tuna mayo and Cheddar cheese 590 kcal<br>Cheddar cheese and tomato 父 527 kcal   |                  |
| Wiltshire cured ham and Cheddar cheese 508 kcal   |                  |

#### BBQ chicken, bacon and Cheddar cheese 586 kcal 8" pizzas on a freshly baked sourdough base

#### Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); Tomato & basil soup (150 kcal) Spicy rice @ (208 kcal); Chips @ (602 kcal) 1.44 each

#### Burgers INCLUDES A DRINK"

| Beef burgers One 3oz beef patty.<br>Served with a small portion of chips (329 kcal, included in Calories below).<br>American burger 696 kcal<br>Red onion, gherkin, ketchup, American-style mustard<br>Classic beef burger 677 kcal<br>Iceberg lettuce, tomato, red onion<br>Skinny beef burger 575 kcal<br>Iceberg lettuce, tomato, red onion, with a side salad, instead of chips | soft drink*<br>5.44<br>each<br>alcoholic drink*<br>6.97<br>each                    |
|---|--|
|   | oft drink* 6.04<br>lic drink* 7.57   |
| Double beef burgers Two 3oz beef patties.<br>Served with chips (602 kcal, included in Calories below).<br>Double American burger 1138 kcal<br>Red onion, gherkin, ketchup, American-style mustard<br>Double classic beef burger 1119 kcal<br>Iceberg lettuce, tomato, red onion   | soft drink*<br>7.73<br>each<br>alcoholic drink*<br>9.26<br>each<br>oft drink* 8.30 |
|   | oft drink* 8.30<br>lic drink* 9.83   |

#### **Gourmet burgers**

| Gouinier burgers  |                          |  |
|---|--------------------------|--|
| Served with chips, six onion rings (871 kcal, included in Calories below).                                      |                          |  |
| Ultimate burger 1656 kcal   |                          |  |
| Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burge  | r sauce, gherkin         |  |
| Tennessee burger  |                          |  |
| Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze   |                          |  |
| Choose: Beef (two 3oz beef patties) 1567 kcal   |                          |  |
| Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal                                       | soft drink*              |  |
| BBQ burger  | 9.93                     |  |
| Maple-cured bacon, Cheddar cheese, BBQ sauce  | each                     |  |
| Choose: Beef (two 3oz beef patties) 1644 kcal   | alcoholic drink*         |  |
| Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal                                       | 11.46                    |  |
| Heatwave burger   | each                     |  |
| Naga chilli mayo, American-style cheese, hash brown,  |                          |  |
| topped with a spicy chicken wing  |                          |  |
| Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal                               |                          |  |
| Fiesta burger 🧭 1380 kcal   |                          |  |
| <b>BEYOND MEAT</b> plant-based patty, salsa, guacamole, roasted pepper,   | courgette, onion         |  |
|   |                          |  |
| 1 · · · · · · · · · · · · · · · · · · ·   | oft drink* <b>11.38</b>  |  |
| the second se | olic drink* <b>12.91</b> |  |
| red onion, gherkin, ketchup, American-style mustard   |                          |  |

#### Curries Includes A DRINK

| INCLUDES A DRINK   |                                    |  |
|--|------------------------------------|--|
| Classic curries With basmati pilau rice, plain na<br>Mangalorean roasted cauliflower & spina   |                                    |  |
| Chicken tikka masala // 1190 kcal<br>Chicken jalfrezi //// 😒 935 kcal<br>Beef Madras //// 1043 kcal  | soft drink*<br><b>9.84</b><br>each | alcoholic drink*<br><b>11.37</b><br>each |
| Change your plain naan to a garlic naan 🔇 (add   | 92 kcal) <b>47p</b>                |  |
| Simple curries With basmati pilau rice or chips.<br>Simple Mangalorean roasted cauliflowe<br>Choose: Basmati pilau rice 😳 568 kcal; Chips 970 kcal                     |                                    | n curry 🎵 🥥                              |
| Simple chicken tikka masala //<br>Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal<br>Simple chicken jalfrezi ///  | soft drink*<br><b>7.62</b><br>each | alcoholic drink*<br><b>9.15</b><br>each  |
| Choose: Basmati pilau rice 😳 575 kcal; Chips 977 kcal<br>Simple beef Madras <b>FFFF</b><br>Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal                        |                                    |  |
| Add: One vegetable samosa and two onion bhajis <b>//</b> @<br>Two plain poppadums @ (86 kcal) <b>47</b> p<br>NEW Char-grilled tandoori chicken breast skewer <b>//</b> | . ,                                |  |
| Katsu curries With a mild Japanese-style katsu o   | curry sauce,                       |  |
| Katsu grilled chicken curry ॐ 542 kcal<br>Sliced char-grilled chicken breast<br>Katsu Quorn™ nugget curry ⊘ 686 kcal   | soft drink*<br><b>8.73</b><br>each | alcoholic drink*<br><b>10.26</b><br>each |

| Katsu chicken curry 828 kcal               |
|--|
| Sliced whole breaded chicken breast fillet |
|  |

Eight coated pieces

Adults need around 2000 kcal a day.§

| Chicken burgers<br>Served with a small portion of chips (329 kcal, included in Calories below).  | soft drink*<br><b>5.44</b>             |
|--|--|
| NEW Korean crunchy chicken strip burger 712 kcal   | each                                   |
| Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce   | alcoholic drink                        |
| <b>Crunchy chicken strip burger //</b> 776 kcal<br>Two southern-fried chicken strips, iceberg lettuce, mayonnaise  | 6.97<br>each                           |
| Served with chips (602 kcal, included in Calories below).  | soft drink*                            |
| Fried buttermilk chicken burger 1255 kcal<br>Breaded whole chicken breast fillet   | 7.73<br>each                           |
| Char-grilled chicken breast burger 970 kcal  | alcoholic drink                        |
| Skinny chicken burger 🚳 😘 394 kcal<br>Char-grilled chicken breast, with a side salad, instead of chips   | <b>9.26</b><br>each                    |
| Meat-free burgers  |  |
| Served with chips (602 kcal, included in Calories below).<br>Beyond Burger <sup>™</sup> @ 1043 kcal  | soft drink*<br><b>7.73</b><br>each     |
| General Sector         BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce           Breaded vegetable burger         1039 kcal           Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese         1039 kcal | alcoholic drink<br><b>9.26</b><br>each |
| Fried halloumi-style cheese burger 🖊 🔇 1118 kcal. Sv   | weet chilli sauc                       |
| Just-a-burger<br>Served on its own, without chips or a drink.  | •••••                                  |
| NEW Korean crunchy chicken strip burger 🕸 383 kca  | 1                                      |
| Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce<br><b>American burger</b> (1997) 367 kcal<br>Red onion, gherkin, ketchup, American-style mustard  | <b>3.36</b><br>each                    |
| <b>Crunchy chicken strip burger</b> (1997) 447 kcal<br>Two southern-fried chicken strips, iceberg lettuce, mayonnaise  |  |
| Additional toppings and burger patties   |  |
| Maple-cured bacon with Cheddar cheese 173 kcal   | 2.1<br>kcal 2.1                        |
|  | KCal Z.                                |
| Maple-cured bacon with American-style cheese 160   | 1 6                                    |
| Maple-cured bacon with American-style cheese 160<br>Cheddar cheese 🔇 82 kcal   | 1.5<br>1.5                             |
| Maple-cured bacon with American-style cheese 160<br>Cheddar cheese V 82 kcal<br>American-style cheese V 69 kcal  | 1.5<br>1.5<br>1.5                      |
| Maple-cured bacon with American-style cheese 160<br>Cheddar cheese V 82 kcal   | 1.5                                    |

each **1.97** 

12.36

each

soft drink\*

**8.68** each

alcoholic drink\*

10.21

each

Add: Chicken

gravy (50 kcal)

94p

### Chicken Includes A DRINK

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Fried halloumi-style cheese V 298 kcal

BEYOND MEAT patty @ 184 kcal

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 💟 257 kcal

| <b>NEW Char-grilled tandoori chicken breast skewers</b>  | soft drink*      |
|--|------------------|
| <b>762</b> kcal. Two skewers, basmati pilau rice, roasted pepper,  | <b>8.68</b>      |
| courgette, onion, rocket, garlic & herb sauce  | each             |
| NEW Sticky Korean fried chicken bowl 961 kcal  | alcoholic drink* |
| Chicken strips, chicken breast bites,  | <b>10.21</b>     |
| chips tossed in a Korean-style sauce, coriander, sliced chillies   | each             |
| Chicken on the bone is marinated, slow cooked and finished on the char<br><b>Peri-peri char-grilled half chicken</b><br><b>Lemon and herb</b> / Char-grilled in a lemon & herb glaze | :-grill.         |
| Coleslaw, garlic & herb dip  | soft drink*      |
| Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal   | <b>10.83</b>     |
| Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal   | each             |
| Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze   | alcoholic drink* |

Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

#### **Chicken baskets**

Boneless basket 🖊 Three southern-fried chicken strips, five chicken breast bites, coleslaw. BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket **FFF** Eight wings, coleslaw, Naga chilli dip

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 🚳 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket 🖊 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn<sup>™</sup> 'no chicken' nuggets basket **//** ♥

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

# Sourdough ba

Margheri NEW Spic Mozzarella, sp Pepperon Ham and n

**BBQ** chick Mozzarella, B Roasted v Mozzarella, m Roasted v Mushroom, ro

Mozzarella h

Spicy mea Mozzarella, ha

Addition Red onion 🧭 Garlic & herb

Chicken breas

Pepperoni 📂 109 kcal; Roasted vegetables 🥥 90 kcal

## Small

Small fres Peas 681 kcal Small Whi Chips, peas 62 Four Whitby br Add: Two slice Chip shop-styl Small Wilt egg and ch One slice of Wi

Small all-Lincolnshire sa Add: Black pud Small vege Two vegan sau

Mon - Fri, 2pm - 5pm

**Freshly ba** Peas 1240 kcal Whitby bre Chips, peas 11 Eight Whitby br Add: Two slice: Chip shop-sty All-day br Two fried eggs Add: Black pud

Vegetariar Two fried eggs Steak & ki Choose: Mash **Bangers** a Three Lincolns Vegetariar Three vegan sa Wiltshired Two slices of V Sausages, Three Lincolns Vegan sau Three vegan s NEW Chill Red peppers, r



#### 11" DIZZAS INCLUDES A DRINK

| <mark>ase — proved, stretched, topped and freshly bake</mark><br><b>ta 🔇</b> 934 kcal. Mozzarella, basil  |           | alcoholic drink*  |
|---|-----------|---|
| cy chicken //// 1374 kcal<br>picy pulled chicken thigh, Naga chilli and garlic & he<br>ii // 1151 kcal. Mozzarella, pepperoni<br>mushroom 1011 kcal<br>am, mushroom, rocket<br>ken 1097 kcal<br>IBQ sauce, chicken breast, red onion, rocket<br>/egetable ② 1028 kcal<br>nushroom, roasted pepper, courgette, onion, basil<br>/egetable and vegan cheeze @ 28 829 k | a         | rocket<br>soft drink*<br>9.84<br>each<br>Icoholic drink*<br>11.37<br>each |
| asted pepper, courgette, onion, basil<br>at feast //// 1214 kcal<br>am, pepperoni, chicken breast, sliced chillies, rocke   | 11.02     | 12.55   |
| <b>tal toppings</b><br>10 kcal; <b>Sliced chillies /////</b> @ 3 kcal; <b>Mushro</b>  | om 🥑 4 kc | al each <b>88p</b>  |
| dip @ 180 kcal; Mozzarella ♥ 150 kcal; Ham 71 k<br>st 94 kcal; Maple-cured bacon 91 kcal<br>♥ 109 kcal; Roasted vegetables @ 90 kcal  | ical      | each <b>1.15</b><br>each <b>1.53</b>                                      |
| 107 hour, housing regetation of 70 hour   |           |   |

| DU | 222 | <b>CS</b> | INCLUDES A DRINK' 🖡 |
|----|-----|-----------|---------------------|

| —   |                           |                  |
|---|---------------------------|------------------|
| shly battered cod and chips 🧭<br>or mushy peas 739 kcal   | soft drink<br><b>7.84</b> |                  |
| <b>itby breaded scampi</b><br>29 kcal or mushy peas 686 kcal.<br>readed scampi  | 7.84                      | 9.37             |
| es of bread 🔍 (404 kcal) <b>1.34</b><br>Ile curry sauce 🧭 (118 kcal) <b>1.46</b>  |                           |                  |
| tshire cured ham,<br>hips 뻀 455 kcal  | 6.61                      | 8.14             |
| iltshire cured ham, fried egg<br><b>day brunch</b> 681 kcal<br>ausage, bacon, fried egg, baked beans, chips<br><b>dding</b> (178 kcal) <b>75p</b> | 6.91                      | 8.44             |
| etarian all-day brunch ♥ 611 kcal<br>Isages, fried egg, baked beans, chips  | 6.91                      | 8.44             |
| rnoon deal  | soft drink*               | alcoholic drink* |

6.09

7.62

<u>Afternoon deal</u>

#### Pub classics INCLUDES A DRINK

| <b>attered cod and chips ⊘</b><br>11 or mushy peas 1298 kcal  | soft drink<br><b>10.08</b>     |                  |
|---|--------------------------------|------------------|
| <b>eaded scampi</b><br>35 kcal or mushy peas 1192 kcal.   | 10.08                          | 11.61            |
| readed scampi   |                                |                  |
| es of bread 🔍 (404 kcal) <b>1.34</b><br>rle curry sauce 🥏 (118 kcal) <b>1.46</b>  |                                |                  |
| r <b>unch</b> 1245 kcal   | 9.72                           | 11.25            |
| s, bacon, two Lincolnshire sausages, baked bea<br><b>dding</b> (178 kcal) <b>75p</b>  | ans, chips                     |                  |
| n all-day brunch 🔍 1023 kcal<br>s, three vegan sausages, baked beans, chips   | 9.72                           | 11.25            |
| dney pudding Peas, onion & red wine grav<br>ed potato 963 kcal; Chips 1279 kcal   | y <b>8.32</b>                  | 9.85             |
| and mash 894 kcal   | 8.32                           | 9.85             |
| shire sausages, peas, onion & red wine gravy<br><b>n bangers and mash ♥</b> 635 kcal<br>ausages, peas, onion & red wine gravy | 8.32                           | 9.85             |
| <b>cured ham, eggs and chips</b> 856 kca<br>Wiltshire cured ham, two fried eggs   | l <b>7.73</b>                  | 9.26             |
| , <b>chips and beans</b> 1170 kcal<br>shire sausages  | 7.73                           | 9.26             |
| isages, chips and beans @ 910 kcal<br>ausages   | 7.73                           | 9.26             |
| l <b>i bean non-carne // @</b> 🐼 635 kcal<br>red kidney and black turtle beans, smoky chipo                                   | <b>8.32</b><br>otle sauce, ric |                  |
| rnoon deal  | soft drink*                    | alcoholic drink* |

| noonueai  | soft drink* | alcoholic drin |
|---|-------------|----------------|
| r <b>i, 2pm – 5pm</b><br>n the above pub classic meals. | 7.27        | 8.80           |
| in the above pub classic means.                         |             |                |

#### Steaks and grills INCLUDES A DRINK From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork),

matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

| COOKED TO YOUR LIKING.   |                                     |  |
|--|-------------------------------------|--|
| Classic 8oz sirloin steak<br>Choose: Side salad 526 kcal<br>Mediterranean salad 657 kcal; Jacket potato 774 kcal<br>Mashed potato 745 kcal; Chips 1061 kcal  | soft drink*<br><b>11.25</b><br>each | alcoholic drink*<br><b>12.78</b><br>each |
| Gourmet 8oz sirloin steak<br>Peas, tomato, mushroom, three onion rings, steak sauce<br>Choose: Side salad 785 kcal<br>Mediterranean salad 915 kcal; Jacket potato 1032 kcal<br>Mashed potato 1003 kcal; Chips 1320 kcal<br>Add your choice of steak sauce: Creamy peppercorn sauc<br>Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82 |                                     | alcoholic drink*<br><b>15.12</b><br>each |
| Below meals are served with peas, tomato and mushroor<br>BBQ chicken melt<br>Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce<br>Choose: Side salad @ 609 kcal; Mediterranean salad 739<br>Jacket potato @ 856 kcal; Mashed potato 827 kcal; Chips   | <b>10.08</b><br>9 kcal              |  |
| 5oz gammon and egg<br>Choose: Side salad @ 🐨 402 kcal; Mediterranean sal<br>Jacket potato @ 649 kcal; Mashed potato 620 kcal; Chips  |                                     | 10.26                                    |
| 10oz gammon and eggs<br>Choose: Side salad 611 kcal; Mediterranean salad 741 kc<br>Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 11  |                                     | 13.42                                    |
| Mixed grill<br>Gammon, pork loin, rump, lamb, Lincolnshire sausage<br>Choose: Side salad 984 kcal; Mediterranean salad 1114 k<br>Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips   | <b>11.89</b>                        | 13.42                                    |
| Large mixed grill<br>Gammon, pork loin, rump, lamb, two Lincolnshire sausage<br>fried egg, six onion rings<br>Choose: Side salad 1477 kcal; Mediterranean salad 1607<br>Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips  | kcal                                | 15.18                                    |

#### Noodles, salads and pastas INCLUDES A DRINK

| s<br><b>Ramen noodle bowl PP @ S Sign</b> 466 kcal<br>Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi<br>bamboo shoots, red onion, sliced chillies, coriander, in a light broth  | 6.99                      | lcoholic drink*<br><b>8.52</b>                                    |
|---|---------------------------|---|
| Chicken & maple-cured bacon salad<br>Choose: Char-grilled chicken breast (300) 283 kcal<br>Southern-fried chicken breast strips (300) 465 kcal  | 9.47                      | 11.00   |
| Mediterranean salad<br>Pearl barley, quinoa, butternut squash, wheat berries, red pepper,<br>cherry tomatoes, pumpkin seeds, basil, dressing  | 8.35                      | 9.88  |
| Grilled halloumi-style cheese<br>& roasted vegetable salad V (300) 494 kcal<br>Roasted pepper, courgette, onion, pico de gallo, dressing  | 8.62                      | 10.15   |
| Burrito salad bowl V 668 kcal<br>Spicy rice, cheese, roasted pepper, courgette, onion,<br>tortilla chips, guacamole, sliced chillies  | 8.62                      | 10.15   |
| Additional toppings:<br>Maple-cured bacon (91 kcal)<br>Tuna mayo (298 kcal)<br>Char-grilled half chicken breast (93 kcal)<br>Char-grilled whole chicken breast (187 kcal)<br>NEW Spicy pulled chicken thigh / (249 kcal)<br>NEW Char-grilled tandoori chicken breast skewer // (145 kcal)<br>Grilled halloumi-style cheese (447 kcal)<br>Chilli bean non-carne / (149 kcal) | Ìes 🥏 (90 I               | 93p<br>(cal) 1.53<br>1.15<br>1.97<br>2.99<br>3.99<br>1.97<br>1.97 |
| Pasta alfredo ♥ 618 kcal<br>Fusilli pasta, creamy pecorino & regato cheese sauce, spinach,<br>sun-dried tomato, basil, rocket<br>Add: Char-grilled chicken breast (187 kcal) <b>1.97; Maple-cured b</b>   | <b>8.90</b><br>acon (91 k | <b>10.43</b><br>cal) <b>1.52</b>                                  |
| British beef & pancetta lasagne<br>Choose: Side salad 761 kcal; Chips 1295 kcal   | 9.47                      | 11.00   |

#### Jacket potatoes Includes A DRINK

With side salad and one filling. Extra fillings 1.30 each. Tuna mayo 592 kcal; Coleslaw 👽 559 kcal Cheese 💟 512 kcal Baked beans @ 🚳 🐻 482 kcal Chilli bean non-carne 🖊 🕢 😳 🐯 442 kcal Roasted vegetables ⊘ 🥺 5 383 kcal

| soft drink*<br><b>6.85</b><br>each |
|------------------------------------|
|------------------------------------|

