#### Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 🗸 8" 473 kcal 4.98 **11**" 922 kcal **6.44** With cheese V

#### **Desserts** NEW Salted caramel sticky toffee pudding V 4.99 Vanilla ice cream 877 kcal or custard 741 kcal 2.17 NEW Millionaire's shortbread (V) (1888) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, Vanilla ice cream V 500 334 kcal 1.82 Two scoops, toffee sauce, Belgian chocolate sauce 1.82 Cookie crunch V 5364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 600 435 kcal 2.98 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1888) 431 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 500) 412 kcal 3.54 Two pancakes, maple-flavour syrup, vanilla ice cream 4.56 Fresh fruit V 5% 500 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.33 Warm chocolate brownie V 736 kcal 5.33 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.62 Vanilla ice cream 673 kcal or custard 🚳 537 kcal American-style pancakes V 38 689 kcal 4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
  Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and  $\,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

= Very mild	= Mild	🖊 = Medium ho	ot ////=	Very hot
= Extr	emely hot			
Vegetarian (	Vegan 🥯 5	% fat or less 🌓	Dish und	ler 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	<b>NEW Fiesta brunch </b> ✓ 659 kcal  Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.88
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to: Small breakfast (200) 435 kcal	<b>4.99</b> ast <b>4.45</b>	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown  Add: Black pudding (178 kcal) 75p		Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom,	5.14
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Hollandaise sauce, rocket  Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Large vegetarian breakfast 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59 4.99	American-style pancakes NEW Four pancakes, banana, strawberries, blueberries,	4.99
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		maple-flavour syrup.	4.99 4.30
Small vegetarian breakfast  \$\mathbf{O}\$ \ \colon \	4.45 4.61	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal Two pancakes, maple-flavour syrup. 8 87 kcal	3.54 3.25
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	3.77
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	6.85	Beans on toast V 30 566 kcal. Buttered white bloomer toast  NEW Vegan option available with vegan spread Ø 30 5555 460 kcal  Small beans on toast V 30 5555 252 kcal	3.66 2.62
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	4.99	Buttered white bloomer toast  Two slices of toast with jam or marmalade   524 kcal	2.62
two pancakes, maple-flavour syrup  Porridge V 32 (775) 252 kcal (plain)	2.09	White bloomer bread  Fresh fruit @ \$200 kcal	3.66
Add: Banana (110 kcal) 62p: Maple-flavour syrup (125 kcal) 34p Strawberries (27 kcal) 62p: Blueberries (17 kcal) 62p Honey (91 kcal) 34p: Sliced apple (46 kcal) 62p		Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt © 334 kcal  Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

## **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
_incolnshire sausage 168 kcal 1	.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
/egan sausage ⊘ 82 kcal 1	.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown 🥑 82 kcal	46p	Poached egg V 63 kcal	93p	-	

## **Breakfast butties and wraps**

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty ♥ 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 🚳 🐃 435 kcal	

# Rroakfast muffin doal

Breakiast muiiin deal	
Includes tea, coffee or hot chocolate. Free refil	ls°
<b>Egg &amp; cheese muffin V</b> 555 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
<b>Egg &amp; bacon muffin (555)</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin (355) 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin 👽 📆 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
<b>Breakfast muffin (555)</b> 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffir	<b>4.01</b>
Smashed avocado muffin ② ॐ ॐ 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97	4.01
Add: Hash brown 🥑 (82 kcal) <b>46p</b>	

Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

## Tea. coffee and hot chocolate-



Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

## **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all cannet

drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

100% UK and

Irish beef



#### Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest

The freshly ground

coffee<sup>tt</sup> we serve

is from Rainforest

Alliance-certified

100% Arabica Lavazza

Coffee

farms



回郷回

### **Sustainable Restaurant Association** Awarded the highest rating in the world's largest sustainability





#### **Award-winning** children's menu Best children's meals

(first place) Independently run 'secret diner' survey.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

Sustainable fish

The cod and haddock we serve

been independently certified

well-managed and sustainable

to the MSC's standard for

fisheries

come from fisheries which have







**Traditional** 

breakfast

£4.99

£1.56

alcoholic drink\*

£5.64

alcoholic drink\*

£6.97

£7.62

alcoholic drink<sup>\*</sup>

£11.20

alcoholic drink\*

£9.44

**Breakfast** 

8am - 12 noon

Tea. coffee and

hot chocolate

**Deli Deals** 

INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap

just-a-wrap, without a drink

£3.08

**Burger meals** 

INCLUDES A DRINK •

Featuring 3oz American burger

**Afternoon deals** 

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Steak Club

INCLUDES A DRINK' •

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

Curry Club

INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range

INCLUDES A DRINK •

Choose from over 150 drinks

Free refills

soft drink\*

£4.11

soft drink\*

soft drink\*

£6.09

£9.67

soft drink\*

£7.91

£5.44

Small plates Any 3 for £14	.93	Burgers include
8" pizzas. Sourdough base - proved, stretched,		Beef burgers made with 10
topped and freshly baked to order.		Beef burgers One 3oz beef pat
Margherita V 5555 467 kcal. Mozzarella, basil	5.91	Served with a small portion of ch
Pepperoni 🔑 575 kcal. Mozzarella, pepperoni	6.51	American burger 696 kcal Red onion, gherkin, ketchup, American-
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rock		Classic beef burger 677 kcal
BBQ chicken 555 kcal Mozzarella. BBQ sauce, chicken breast, red onion, rocket	6.51	Iceberg lettuce, tomato, red onion
Roasted vegetable V 514 kcal	6.51	Skinny beef burger (500) 375 k
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	0.01	Iceberg lettuce, tomato, red onion, with
Vegan roasted vegetable @ 53 (535) 355 kcal	6.51	American cheese burger 730
Mushroom, roasted pepper, courgette, onion, basil		American-style cheese, red onion, gher
Spicy meat feast /// 615 kcal	7.09	American-style mustard
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		Double beef burgers Two 3
VEW Char-grilled halloumi-style cheese V 514 kcal	4.96	Served with chips (602 kcal, inclu
Rocket, roasted pepper, courgette, onion, salsa		<b>Double American burger</b> 113 Red onion, gherkin, ketchup, American-
11" garlic pizza bread V 772 kcal	5.57	Double classic beef burger
Nachos /// © 695 kcal. Cheese, guacamole, salsa, sour cream, sliced		Iceberg lettuce, tomato, red onion
Bowl of chips @ 964 kcal	4.23	Double American cheese bu
Bowl of chips with curry sauce @ 1082 kcal	5.58 5.36	American-style cheese, red onion, gher
Cheesy chips ♥ 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.36 6.03	American style enesse, rea onion, gner
Tomato & basil soup V 52 555 374 kcal. White bloomer bread		Chicken burgers
NEW Vegan option available with vegan spread @ 53 535 285 kcal	7.20	Served with a small portion of chi
With any of the small plates below, choose one dip:	• • • • • • • • • • • • • • • • • • • •	Crunchy chicken strip burge
with any of the small places below, choose one tip: Sweet chilli 🆊 🗸 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🏴 🗸 🤇	136 kcal	Two southern-fried chicken strips, iceb
Jack Daniel's® Tennessee Honey glaze <b>©</b> 87 kcal; Chipotle mayo		Served with chips (602 kcal, inclu
Blue cheese V 270 kcal; BBQ sauce Ø 83 kcal	100 11041	Fried buttermilk chicken bu
Halloumi-style fries V 😘 396 kcal	4.96	Breaded whole chicken breast fillet
Chicken bites (303) 322 kcal. Ten battered chicken breast pieces	5.91	Char-grilled chicken breast
Southern-fried chicken strips 🖊 📸 459 kcal. Five chicken bro	east strips <b>5.91</b>	Skinny chicken burger 🚳 📆
Chicken wings FFF 813 kcal. Ten spicy chicken wings	6.03	Char-grilled chicken breast, with a side s
<b>Quorn™ nuggets @ (5555)</b> 331 kcal. Eight coated pieces	5.19	Meat-free burgers
		Served with chips (602 kcal, included Beyond Burger 00 1043 kcal
Deli Deals <sup>®</sup> Includes a Drink •		BEYOND MEAT plant-based patt
All wraps and paninis are freshly made to order.		iceberg lettuce, garlic & herb sauce
		Breaded vegetable burger
YEW 10" wraps A smaller wrap and filling.		
		Lentils, carrot, onion, sweetcorn, mush
Small brunch wrap 559 kcal		Lentils, carrot, onion, sweetcorn, mush Fried halloumi-style chees
<b>Small brunch wrap</b> 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink	
Small brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap ♥ 545 kcal	just-a-wrap,	Fried halloumi-style cheese Just-a-burger Served on its own, without chips
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	just-a-wrap, without a drink	Fried halloumi-style cheese Just-a-burger Served on its own, without chips American burger 367 kca
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken ୭୭୭ 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	just-a-wrap, without a drink 3.08 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chips American burger 330 367 kca Red onion, gherkin, ketchup, American-s
Fmall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese Fmall vegetarian brunch wrap ♥ 545 kcal ried egg, two vegan sausages, Cheddar cheese Fmall shawarma chicken ୭୭୭ 502 kcal chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint	just-a-wrap, without a drink 3.08 each	Fried halloumi-style chees.  Just-a-burger Served on its own, without chip. American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge
Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, two vegan sausages, Cheddar cheese  Fired egg, the chedar chees	just-a-wrap, without a drink 3.08 each soft drink* 4.11	Fried halloumi-style cheese  Just-a-burger Served on its own, without chips American burger 330 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge
Finall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese Finall vegetarian brunch wrap ♥ 545 kcal ried egg, two vegan sausages, Cheddar cheese Finall shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each	Fried halloumi-style chees:  Just-a-burger Served on its own, without chip: American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb
mall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese mall vegetarian brunch wrap ♥ 545 kcal ried egg, two vegan sausages, Cheddar cheese mall shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink*	Fried halloumi-style chees  Just-a-burger Served on its own, without chip American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries INCLUDE:
imall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese imall vegetarian brunch wrap ♥ 545 kcal ried egg, two vegan sausages, Cheddar cheese imall shawarma chicken 🎢 502 kcal hicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, amato, onion, rocket, fresh mint imall Quorn™ nuggets ② 555 310 kcal alad leaves, tomato, cucumber, salsa imall southern-fried chicken 🎢 556 399 kcal alad leaves, smoky chipotle mayo	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chips American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries INCLUDE: Classic curries With basmati
Finall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese Finall vegetarian brunch wrap ▼ 545 kcal ried egg, two vegan sausages, Cheddar cheese Finall shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64	Fried halloumi-style chees  Just-a-burger Served on its own, without chip American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries include: Classic curries with basmate Mangalorean roasted caulif
Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, two vegan sausages, Sala kcal  Fired egg, two vegan sausages, Cheddar cheese  Fired egg, two vegan sausages,	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64	Fried halloumi-style chees  Just-a-burger Served on its own, without chip American burger 3367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries INCLUDE: Classic curries with basmate Mangalorean roasted caulif & spinach curry // @ \$9 927
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64	Fried halloumi-style chees  Just-a-burger Served on its own, without chip American burger 3367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ \$9 927 Chicken tikka masala // 119
Finall brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Finall vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Finall shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 367 ka Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ \$927 Chicken tikka masala // 119 Chicken jalfrezi /// \$935 kg
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 🎢 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ◎ ੴ 310 kcal Galad leaves, tomato, cucumber, salsa  Small southern-fried chicken 🎢 ⑥ ③ 399 kcal Galad leaves, smoky chipotle mayo  Small cold chicken breast 🎵 ⑥ ⑤ 277 kcal Galad leaves, sweet chilli sauce  Small fried halloumi-style cheese 🎵 ♥ ⑥ 391 kcal Galad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad ⑥ (46 kcal); Small portion of chips ⑥ (329 kcal)	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style chees  Just-a-burger Served on its own, without chip American burger 3367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ \$9 927 Chicken tikka masala // 119
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chips American burger 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ \$927 l Chicken tikka masala // 119 Chicken jalfrezi /// \$935 kc Beef Madras //// 1043 kcal
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 350 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries With basmati Mangalorean roasted caulif & spinach curry // @ 39 927   Chicken tikka masala // 119 Chicken jalfrezi /// 39 935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar
Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, bacon, Lincolnshire sausage, Cheddar cheese  Fired egg, two vegan sausages, Cheddar cheese  Fired thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint  Fired leaves, tomato, cucumber, salsa  Fired leaves, smoky chipotle mayo  Fired halloumi-fired chicken  Fired halloumi-style cheese  Fired egg, two vegan sausages, Cheddar cheese  Fired egg, two vegan sausages, Chedar cheese  Fired egg, two vegans sausages  Fired egg, two vegans sausages  Fired egg, two ve	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 350 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries With basmati Mangalorean roasted caulif & spinach curry // @ 3927 Chicken tikka masala // 119 Chicken jalfrezi /// 3935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar  Simple curries With basmati
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 350 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries With basmati Mangalorean roasted caulif & spinach curry // @ \$927 Chicken tikka masala // 119 Chicken jalfrezi /// \$935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar  Simple curries With basmati Simple Mangalorean roaste
Finall brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Finall vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Finall shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 350 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries With basmati Mangalorean roasted caulif & spinach curry // @ 3927 Chicken tikka masala // 119 Chicken jalfrezi /// 3935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar  Simple curries With basmati
Finall brunch wrap 559 kcal ried egg, bacon, Lincolnshire sausage, Cheddar cheese Finall vegetarian brunch wrap \$ 545 kcal ried egg, two vegan sausages, Cheddar cheese Finall shawarma chicken	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chips American burger 350 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries With basmati Mangalorean roasted caulif & spinach curry // @ 39 927 l Chicken tikka masala // 119 Chicken jalfrezi /// 39 935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar Simple curries With basmati Simple Mangalorean roaste cauliflower & spinach curry
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 330 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries Includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ 39 927 l Chicken tikka masala // 119 Chicken jalfrezi /// 39 935 kc Beef Madras //// 1043 kcal Change your plain naan to a gar Simple curries With basmati Simple Mangalorean roaste cauliflower & spinach curry Choose: Basmati pilau rice 3568 kca Simple chicken tikka masal Choose: Basmati pilau rice 830 kcal; Cl
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap ② 545 kcal Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken /// 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint Small Quorn™ nuggets ② 3553 310 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken /// 3553 399 kcal Salad leaves, smoky chipotle mayo Small cold chicken breast // 3563 277 kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese // 3663 277 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad ③ (46 kcal); Small portion of chips ③ (329 kcal)  12" wraps 12" wraps 12" Shawarma chicken /// 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint Quorn™ nuggets ③ 508 kcal. Tomato, cucumber, salsa Southern-fried chicken /// 609 kcal Salad leaves, smoky chipotle mayo Cold chicken breast // 369 kcal Salad leaves, sweet chilli sauce	just-a-wrap, without a drink 3.08 each  soft drink* 4.11 each alcoholic drink* 5.64 each	Fried halloumi-style cheese  Just-a-burger Served on its own, without chip American burger 330 367 kca Red onion, gherkin, ketchup, American-s Crunchy chicken strip burge Two southern-fried chicken strips, iceb  Curries includes  Classic curries with basmati Mangalorean roasted caulif & spinach curry // @ 39 927 l Chicken tikka masala // 119 Chicken jalfrezi /// 39 935 kc Beef Madras //// 1043 kcal  Change your plain naan to a gar  Simple curries With basmati Simple Mangalorean roaste cauliflower & spinach curry Choose: Basmati pilau rice 368 kcal Simple chicken tikka masal

Fried halloumi-style cheese // W 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber **Paninis** 

alcoholic drink\*

7.23

Tuna mayo and Cheddar cheese 590 kcal

Cheddar cheese and tomato V 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section. Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

gers includes a drink

irgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

urgers One 3oz beef patty. with a small portion of chips (329 kcal, included in Calories below). ican burger 696 kcal , gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* 5.44 6.97 ic beef burger 677 kcal ttuce, tomato, red onion each each beef burger 375 kcal ettuce, tomato, red onion, with a side salad, instead of chips can cheese burger 730 kcal soft drink\* 6.04 n-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 7.57 -style mustard e beef burgers Two 3oz beef patties. with chips (602 kcal, included in Calories below) e American burger 1138 kcal soft drink\* alcoholic drink\* n, gherkin, ketchup, American-style mustard 7.73 9.26 e classic beef burger 1119 kcal each each ttuce, tomato, red onio soft drink\* 8.30 e American cheese burger 1207 kcal -style cheese, red onion, gherkin, ketchup, alcoholic drink\* 9.83

-style mustard en burgers with a small portion of chips (329 kcal, included in the Calories below). hy chicken strip burger / 776 kcal soft drink\* 5.44 alcoholic drink\* 6.97 thern-fried chicken strips, iceberg lettuce, mayonnaise

with chips (602 kcal, included in Calories below).

buttermilk chicken burger 1255 kcal whole chicken breast fillet alcoholic drink\* grilled chicken breast burger 970 kcal 7.73 9.26 y chicken burger 🚳 5 394 kcal each led chicken breast, with a side salad, instead of chips

free burgers with chips (602 kcal, included in Calories below).

nd Burger™ 🕢 1043 kcal soft drink\* alcoholic drink\* YOND MEAT plant-based patty 7.73 9.26 lettuce, garlic & herb sauce each each

led vegetable burger 💟 1039 kcal carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese halloumi-style cheese burger 🖊 💟 1118 kcal. Sweet chilli sauce

-burger l on its own, without chips or a drink. ican burger (500) 367 kcal

ı, gherkin, ketchup, American-style mustard chy chicken strip burger / 447 kcal hern-fried chicken strips, iceberg lettuce, mayonnaise

## INCLUDES A DRINK •

ic curries With basmati pilau rice, plain naan and poppadums. alorean roasted cauliflower

nach curry 腪 🧑 🥸 927 kcal **en tikka masala 🍠** 1190 kcal en jalfrezi \llbracket 🎏 🚳 935 kcal

soft drink\* alcoholic drink\* 11.37 9.84 each each

soft drink\* alcoholic drink\*

9.15

7.62

each

each **3.36** 

e your plain naan to a garlic naan V (add 92 kcal) 47p

le curries With basmati pilau rice or chips.

e Mangalorean roasted lower & spinach curry 🏉 🧑 Basmati pilau rice 🥯 568 kcal; Chips 970 kcal

e chicken tikka masala 🆊 Basmati pilau rice 830 kcal; Chips 1232 kcal e chicken jalfrezi 🆊 🎏

Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal

Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 8.73 10.26 each each

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

soft drink\* Char-grilled chicken breast 1417 kcal 9.93 Fried buttermilk chicken 1703 kcal each alcoholic drink\* Maple-cured bacon, Cheddar cheese, BBQ sauce

11.46

each

soft drink\*

10.83

each

alcoholic drink\*

12.36

each

soft drink\*

8.68

each

alcoholic drink\*

10.21

Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal

Heatwave burger

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal

Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.38 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.91 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal 2.14 2.14 Maple-cured bacon with American-style cheese 160 kcal 1.52 Cheddar cheese V 82 kcal 1.52 American-style cheese V 69 kcal 1.52 Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal 1.50

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal each 1.97 Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

## Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze

Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dir

Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn<sup>™</sup> 'no chicken' nuggets basket **// V** 

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 94p

11" pi	zzas	INCLUDES A DRINK •

Sourdough base - proved, stretched,		
topped and freshly baked to order. so	ft drink*	alcoholic drink*
Margherita ♥ 934 kcal. Mozzarella, basil	8.68	10.21
Pepperoni 🌈 1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal		soft drink* 9.84 each
Mozzarella, BBQ sauce, chicken breast, red onion, rocket  Roasted vegetable 1028 kcal  Mozzarella, mushroom, roasted pepper, courgette, onion, basil  Vegan roasted vegetable 2020 709 kcal	a	lcoholic drink* 11.37 each
Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast /// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	11.02	12.55
Additional toppings Red onion @ 10 kcal; Sliced chillies ###### @ 3 kcal; Mushroom	ı	al each <b>88p</b>

## Small nub classics inclines a DRINK AD

each **1.15** 

each 1.53

soft drink\* alcoholic drink\*

Garlic & herb dip 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal

Chicken breast 94 kcal: Maple-cured bacon 91 kcal

Pepperoni **FF** 109 kcal: **Roasted vegetables 3** 90 kcal

Silian pub classics inch	JDES A DI	KINK .
Fish and chips	soft drink*	alcoholic drink
Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips 333 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	6.91	8.44
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	6.91	8.44

The regul educages, fried egg, salted soulis, ellips		
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* <b>6.09</b>	alcoholic drink* <b>7.62</b>

## Pub classics includes a drink of

Fish and chips	JOIL UI IIIK	atconotic arink
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) <b>75p</b>	<b>9.72</b> chips	11.25
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	7.73	9.26
NEW Chilli bean non-carne 🖊 🕝 🥸 635 kcal	8.32	9.85

#### Afternoon deal soft drink\* alcoholic drink Mon - Fri, 2pm - 5pm 7.27 8.80

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

## Steaks and grills INCLUDES A DRINK ... From farms in the UK and Ireland, prime beef steaks

(traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak soft drink\* alcoholic drink Choose: Side salad 526 kcal

11.25 12.78 Mediterranean salad 657 kcal: Jacket potato 774 kcal each each Mashed potato 745 kcal: Chips 1061 kcal Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink\* Choose: Side salad 785 kcal 13.59 15.12

each

each

alcoholic drink

Mashed potato 1003 kcal: Chips 1320 kcal Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each

Mediterranean salad 915 kcal; Jacket potato 1032 kcal

Below meals are served with peas, tomato and mu soft drink\*

**BBQ** chicken melt 10.08 11.61 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 8.73 10.26 Choose: Side salad 🚳 ; 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.42 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 13.42 11.89 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.65 15.18

## Noodles. salads and pastas INCLUDES A DRINK'

Gammon, pork loin, rump, lamb, two Lincolnshire sausages,

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

fried egg, six onion rings

soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 6.99 8.52 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg (63 kcal) 93p Chicken & maple-cured bacon salad 9.47 11.00 Choose: Char-grilled chicken breast (1988) 283 kcal Southern-fried chicken breast strips 6500 465 kcal Mediterranean salad @ 334 kcal 8.35 9.88 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 1.97 8.62 10.15

Tuna mayo (298 kcal) 1.06; Roasted vegetables (90 kcal) 1.53 Char-grilled chicken breast (187 kcal) 1.97 Grilled halloumi-style cheese & roasted vegetable salad (V) 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 8.62 10.15 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / (a) (149 kcal) 1.97 Pasta alfredo V 618 kcal 8.90 10.43

Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52 British beef & pancetta lasagne 9.47 11.00

Choose: Side salad 761 kcal; Chips 1295 kcal

## Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal soft drink\*

Baked beans @ 5% 555 482 kcal 6.85 each Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\*

8.38