

## Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning 6 kcal) 32p	4.03
Small bowl of chips	603 kcal	2.37
Five chicken wings	402 kcal	3.06
Eight Whitby breaded scampi	133 kcal	3.12
Peas	130 kcal	86p
Side salad	68 kcal	2.10
Coleslaw	399 kcal	1.29
Sliced chillies	3 kcal	81p
Chicken gravy	50 kcal	86p
Grilled halloumi-style cheese	394 kcal	1.88
Mushy peas	226 kcal	86p
Mediterranean side salad	179 kcal	2.96
Roasted vegetables	135 kcal	1.40
Onion rings	237 kcal 2.14	Twelve 474 kcal 3.21
Garlic pizza bread	352 kcal 4.03	11" 703 kcal 5.11
With cheese	424 kcal 4.57	11" 848 kcal 5.91

## Desserts

<b>NEW</b> Vanilla ice cream	V UNDER 500 352 kcal	1.67
Two scoops, toffee sauce, Belgian chocolate sauce		
<b>NEW</b> Cookie crunch	V UNDER 500 346 kcal	1.67
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
<b>Mini warm chocolate brownie</b>	V UNDER 500 426 kcal	2.74
Belgian chocolate sauce, vanilla ice cream		
<b>Mini warm cookie dough sandwich</b>	V UNDER 500 425 kcal	2.74
Salted caramel filling, toffee sauce, vanilla ice cream		
<b>Mini American-style pancakes</b>	V UNDER 500 437 kcal	3.28
Two pancakes, maple-flavour syrup, vanilla ice cream		
Fresh fruit	V UNDER 500 469 kcal	4.19
Apple, banana, blueberries, strawberries, vanilla ice cream		
<b>Warm chocolate fudge cake</b>	V 796 kcal. Vanilla ice cream	4.89
Warm chocolate brownie	V 726 kcal	4.89
Belgian chocolate sauce, vanilla ice cream		
<b>Warm cookie dough sandwich</b>	V 724 kcal	4.89
Salted caramel filling, toffee sauce, vanilla ice cream		
<b>British Bramley apple crumble</b>	V 5.16	
Vanilla ice cream 810 kcal or custard 694 kcal		
<b>American-style pancakes</b>	V 749 kcal	4.62
Four pancakes, maple-flavour syrup, vanilla ice cream		
Add: Custard V (134 kcal) 1.13; Vanilla ice cream scoop V (125 kcal) 86p		
Belgian chocolate sauce V (77 kcal) 38p; Toffee sauce V (74 kcal) 38p		
Banana V (101 kcal) 59p; Strawberries V (14 kcal) 59p; Blueberries V (17 kcal) 59p		

## ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.

• See full lists of ingredients.

• Set Calorie and carbohydrate limits.

• List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

## DIETARY SYMBOLS

V = Very mild M = Mild MM = Medium hot MM = Very hot

MM = Extremely hot

V = Vegetarian V = Vegan % 5% fat or less UNDER 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>§</sup>

# BREAKFAST

Served from  
8am - 12 noon

<b>Large breakfast</b>	1313 kcal	6.34
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast, butter		
<b>Traditional breakfast</b>	743 kcal	4.95
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast, butter		
<b>Small breakfast</b>	300 kcal	4.41
Fried egg, bacon, sausage, baked beans, hash brown		
Add: Two slices of black pudding (355 kcal)	1.40	
<b>Large vegetarian breakfast</b>	V 1236 kcal	6.34
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast, butter		
<b>Vegetarian breakfast</b>	V 856 kcal	4.95
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, butter		
<b>Small vegetarian breakfast</b>	V UNDER 500 343 kcal	4.41
Fried egg, Quorn sausage, baked beans, hash brown, tomato		
<b>Vegan breakfast</b>	V 343 kcal	4.57
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
<b>Freedom breakfast</b>	613 kcal	4.41
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
<b>American breakfast</b>	1353 kcal	6.34
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup		
<b>Small American breakfast</b>	676 kcal	4.62
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup		

## Breakfast extras

Add any of the following:		
<b>Two slices of black pudding</b>	355 kcal	1.40
Sausage	168 kcal	97p
Quorn™ sausage	119 kcal	97p
Grilled halloumi-style cheese	V 394 kcal	1.88
Baked beans	126 kcal	86p
<b>Two rashers of back bacon</b>	99 kcal	1.45
Four rashers of maple-cured bacon	87 kcal	1.45
<b>Two scrambled eggs</b>	V 163 kcal	1.51
Fried egg	69 kcal	86p
Poached egg	V 57 kcal	86p
<b>Hash brown</b>	V 83 kcal	43p
<b>Two mushrooms</b>	V 129 kcal	86p
<b>Two grilled tomato halves</b>	V 16 kcal	48p
Slice of toast, butter	V 176 kcal	1.13

## Breakfast butties and wraps

<b>Bacon buttery</b>	508 kcal. Three rashers of bacon, white bloomer bread, butter spread	3.60
Sausage buttery	696 kcal. Two sausages, white bloomer bread, butter spread	3.60
Quorn™ sausage buttery	V 597 kcal	3.60
Two Quorn sausages, white bloomer bread, butter spread		
<b>Breakfast wrap</b>	711 kcal	4.03
Fried egg, bacon, sausage, hash brown, Cheddar cheese		
<b>Vegetarian breakfast wrap</b>	V 815 kcal	4.03
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese		

## Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills<sup>□</sup>

<b>Egg &amp; cheese muffin</b>	V UNDER 500 268 kcal	3.06
Fried egg, American-style cheese, in an English muffin		
<b>Egg &amp; bacon muffin</b>	V UNDER 500 317 kcal	3.49
Fried egg, bacon, American-style cheese, in an English muffin		
<b>Egg &amp; sausage muffin</b>	V UNDER 500 436 kcal	3.49
Fried egg, sausage, American-style cheese, in an English muffin		
<b>Egg &amp; Quorn™ sausage muffin</b>	V UNDER 500 387 kcal	3.49
Fried egg, Quorn sausage, American-style cheese, in an English muffin		
<b>Breakfast muffin</b>	UNDER 500 485 kcal	3.71
Fried egg, sausage, bacon, American-style cheese, in an English muffin		
<b>Smashed avocado muffin</b>	V UNDER 500 232 kcal	3.71
Guacamole, pico di gallo, on an English muffin, rocket		
Add: Maple-cured bacon (87 kcal) 1.45; Poached egg V (57 kcal) 86p		
Grilled halloumi-style cheese V (394 kcal) 1.88		
Add: Hash brown V (83 kcal) 43p		

# FOOD

ALL main meals\* INCLUDE A DRINK\*  
over 150 drinks to choose from

Main menu 11.30am - 11pm  
Children's menu available

<b>Breakfast</b>	8am - 12 noon	<b>£4.95</b>
<b>Tea, coffee and hot chocolate</b>	<b>Free refills</b>	<b>£1.45</b>

<b>NEW Burger meals</b>	Featuring 3oz American burger
	soft drink* £5.04   alcoholic drink* £6.44

<b>Steak Club®</b>	Tuesday 11.30am - 11pm
	Featuring classic 8oz sirloin

<b>Curry Club®</b>	Thursday 11.30am - 11pm
	Featuring the new katsu curry range

<b>NEW Afternoon deals</b>	Mon - Fri, 2pm - 5pm
	Featuring small freshly battered fish and chips

<b>FREE REFILLS</b>	TEA, COFFEE AND HOT CHOCOLATE — ALL DAY EVERY DAY —
LAVAZZA	TORINO, ITALIA 1895
100% ARABICA BEANS	
Flat white	V 92 kcal
Cappuccino	V 102 kcal

## Small plates | Any 3 for £14.24

8" pizzas on a freshly baked sourdough base.

Margherita	V 5% UNDER 500	407 kcal	5.43
Mozzarella, basil			
Pepperoni	PPP 579 kcal		5.97
Mozzarella, pepperoni			
Ham and mushroom	509 kcal		5.97
Mozzarella, ham, mushroom, rocket			
BBQ chicken	563 kcal		5.97
Mozzarella, BBQ sauce, chicken breast, red onion, rocket			
Roasted vegetable	V 519 kcal		5.97
Mozzarella, mushroom, roasted pepper, courgette, onion, basil			
Vegan roasted vegetable	✓ 5% UNDER 500 355 kcal		5.97
Mushroom, roasted pepper, courgette, onion, basil			
Spicy meat feast	PPP 702 kcal		6.50
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket			
11" garlic pizza bread	V 703 kcal		5.11
Tomato & basil soup	V 5% UNDER 500 327 kcal		4.03
White bloomer bread, butter			
Quorn™ nuggets	PPP 395 kcal		4.95
Eight coated pieces, sweet chilli sauce			
Halloumi-style fries	PPP V 453 kcal		4.73
Sweet chilli sauce			
Nachos	V 636 kcal		5.54
Cheese, guacamole, salsa, sour cream, sliced chillies			
Bowl of chips	✓ 964 kcal		4.03
Bowl of chips with curry sauce	✓ 1083 kcal		5.32
Cheesy chips	V 1269 kcal		5.11
Loaded chips	1306 kcal		5.75
Cheese, maple-cured bacon, sour cream			
Chicken breast bites	✓ 406 kcal		5.81
Battered chicken pieces, sticky soy sauce			
Southern-fried chicken strips	PPP 652 kcal		5.81
Five chicken strips, smoky chipotle mayo			
Chicken wings	PPP 1106 kcal		6.44
Ten spicy chicken wings, Naga chilli dip, blue cheese dip			

## Deli Deals® | Includes a drink\*

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section.

### Paninis

NEW Tuna mayo and Cheddar cheese	642 kcal
Cheddar cheese and tomato	V 569 kcal
Wiltshire cured ham and Cheddar cheese	548 kcal
BBQ chicken, bacon and Cheddar cheese	615 kcal
<b>Wraps</b>	
Quorn™ nuggets	V 486 kcal
Tomato, cucumber, salsa	
Southern-fried chicken and smoky chipotle mayo	PPP 621 kcal
Cold chicken and sweet chilli sauce	PPP 490 kcal
Grilled halloumi-style cheese and sweet chilli sauce	V 692 kcal
Tomato, cucumber	
Add: Chips (603 kcal); Salad (68 kcal)	
Tomato & basil soup (150 kcal); Spicy rice (240 kcal)	1.34 each

## Jacket potatoes | Includes a drink\*

With salad and one filling. Extra fillings 1.13 each.

Coleslaw	V 623 kcal	6.34
Cheese	V 520 kcal	
Baked beans	✓ 5% UNDER 500 451 kcal	
Tuna mayo	546 kcal	
Five-bean chilli	✓ 5% UNDER 500 472 kcal	
Roasted vegetables	✓ 5% UNDER 500 351 kcal	

## Burgers | Includes a drink\* Our beef burgers are made from 100% British beef.

<b>NEW 3oz beef burgers</b>	One 3oz beef patty.
Served with a small portion of chips (329 kcal, included in Calories below).	
<b>3oz American burger</b>	714 kcal
Red onion, gherkin, ketchup, American-style mustard	
<b>3oz classic beef burger</b>	695 kcal
Cos lettuce, tomato, red onion	
<b>3oz skinny beef burger</b>	UNDER 500 412 kcal
Cos lettuce, tomato, red onion, with a side salad, instead of chips	
<b>3oz American cheese burger</b>	755 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard	
<b>3oz Roasted vegetable burger</b>	✓ 5% UNDER 500 355 kcal
Mushroom, roasted pepper, courgette, onion, basil	
<b>NEW 6oz beef burgers</b>	Two 3oz beef patties.
Served with chips (603 kcal, included in Calories below)	
<b>6oz American burger</b>	1162 kcal
Red onion, gherkin, ketchup, American-style mustard	
<b>6oz classic beef burger</b>	1142 kcal
Cos lettuce, tomato, red onion	
<b>6oz American cheese burger</b>	1243 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard	
<b>6oz Roasted vegetable burger</b>	✓ 5% UNDER 500 355 kcal
Mushroom, roasted pepper, courgette, onion, basil	
<b>NEW 3oz just-a-burger</b>	UNDER 500 386 kcal
Served on its own, without chips or a drink.	
3oz American burger, red onion, gherkin, ketchup, American-style mustard	

<b>Additional toppings and burger patties</b>	
Maple-cured bacon with Cheddar cheese	170 kcal
Maple-cured bacon with American-style cheese	168 kcal
Cheddar cheese	V 83 kcal
American-style cheese	V 81 kcal
Maple-cured bacon	87 kcal
Two 3oz beef patties	347 kcal
<b>NEW Fried halloumi-style cheese</b>	V 347 kcal
Grilled chicken breast	200 kcal
Fried buttermilk chicken	340 kcal
Breaded vegetable patty	V 279 kcal
BEYOND MEAT patty	V 289 kcal

<b>Curries   Includes a drink*</b>	
Katsu curries	With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.
<b>NEW Katsu chicken curry</b>	686 kcal
Sliced whole breaded chicken breast escalope	
<b>NEW Katsu grilled chicken curry</b>	✓ 5% UNDER 500 554 kcal
Sliced grilled chicken breast	
<b>NEW Katsu Quorn™ nugget curry</b>	✓ 686 kcal
Eight coated pieces	
<b>Classic curries</b>	With basmati pilau rice, plain naan, poppadums and mango chutney.
Chicken jalfrezi	PPP 947 kcal
Beef Madras	PPP 1138 kcal
Chicken tikka masala	PPP 1183 kcal
Mangalorean roasted cauliflower & spinach curry	V 951 kcal
Change your plain naan to a garlic naan	V (add 58 kcal) 43p
<b>Simple curries</b>	With basmati pilau rice or chips.
Simple chicken jalfrezi	PPP 6.99
Simple beef Madras	PPP 8.39
Simple chicken tikka masala	PPP 8.39
Simple Mangalorean roasted cauliflower & spinach curry	PPP 11.34
Choose: Basmati pilau rice 5% UNDER 500 591 kcal; Chips 727 kcal	

## Meat-free burgers | Includes a drink\*

<b>Meat-free burgers</b>	Served with chips (603 kcal, included in Calories below).
<b>NEW Fried halloumi-style cheese burger</b>	✓ 5% UNDER 500 1029 kcal
Sweet chilli sauce	
<b>Breaded vegetable burger</b>	V 916 kcal
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	
<b>Beyond Burger™</b>	✓ 939 kcal
BEYOND MEAT plant-based patty	
<b>Roasted vegetable burger</b>	V 1037 kcal
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
<b>Chicken burgers</b>	Served with chips (603 kcal, included in Calories below).
<b>Fried buttermilk chicken burger</b>	968 kcal
Breaded whole chicken breast escalope	
<b>Grilled chicken breast burger</b>	837 kcal
Grilled chicken breast with salad, instead of chips	
<b>Skinny chicken burger</b>	✓ 5% UNDER 500 407 kcal
Grilled chicken breast with salad, instead of chips	
<b>Gourmet burgers</b>	Served with chips, six onion rings (860 kcal, included in Calories below).
<b>NEW Heatwave burger</b>	PPP 919 kcal
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing	
Choose: Grilled chicken breast 1528 kcal	
Fried buttermilk chicken 1659 kcal	
<b>Ultimate burger</b>	1651 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
<b>Tennessee burger</b>	Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1380 kcal; Grilled chicken breast 1234 kcal	
Fried buttermilk chicken 1652 kcal	
<b>BBQ burger</b>	Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1245 kcal; Grilled chicken breast 1479 kcal	
Fried buttermilk chicken 1652 kcal	
<b>Fiesta burger</b>	V 1279 kcal
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion, six onion rings	
<b>Empire State burger</b>	1897 kcal
Four 3oz beef patties, American-style cheese, maple-cured bacon	

## 11" pizzas | Includes a drink\*

<b>On a freshly baked sourdough base.</b>	
<b>Margherita</b>	V 941 kcal. Mozzarella, basil
	7.96 9.36
<b>Pepperoni</b>	1159 kcal. Mozzarella, pepperoni
<b>Ham and mushroom</b>	1020 kcal
Mozzarella, ham, mushroom, rocket	
<b>BBQ chicken</b>	1123 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
<b>Beyond Burger™</b>	✓ 939 kcal
BEYOND MEAT plant-based patty	
<b>Roasted vegetable</b>	V 1037 kcal
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
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