

Sides and extras					
Bowl of chips	🌿 964 kcal (Add: Spicy seasoning 🌿 (8 kcal) 34p)			4.23	
Small bowl of chips	🌿 602 kcal			2.48	
Five chicken wings	🔥🔥🔥 402 kcal			3.34	
Eight Whitby breaded scampi	527 kcal			4.99	
Grilled halloumi-style cheese	🌿 446 kcal			1.97	
Peas	🌿 130 kcal			94p	
Mushy peas	🌿 248 kcal			94p	
Side salad	🌿 87 kcal			2.29	
Mediterranean side salad	🌿 198 kcal			3.22	
Roasted vegetables	🌿 135 kcal			1.53	
Coleslaw	🌿 399 kcal			1.40	
Sliced chillies	🔥🔥🔥🔥🔥 🌿 3 kcal			88p	
Chicken gravy	50 kcal			94p	
Onion rings	🌿	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread	🌿	8" 386 kcal	4.40	11" 772 kcal	5.57
With cheese	🌿	8" 461 kcal	4.98	11" 922 kcal	6.44

Desserts				
Vanilla ice cream	🌿 ^{UNDER 500} 338 kcal			1.82
Two scoops, toffee sauce, Belgian chocolate sauce				
Cookie crunch	🌿 ^{UNDER 500} 365 kcal			1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce				
Mini warm chocolate brownie	🌿 ^{UNDER 500} 435 kcal			2.98
Belgian chocolate sauce, vanilla ice cream				
Mini warm cookie dough sandwich	🌿 ^{UNDER 500} 435 kcal			2.98
Salted caramel filling, toffee sauce, vanilla ice cream				
Mini American-style pancakes	🌿 ^{UNDER 500} 412 kcal			3.54
Two pancakes, maple-flavour syrup, vanilla ice cream				
Fresh fruit	🌿 ^{5% ^{UNDER 500}} 447 kcal			4.56
Apple, banana, blueberries, strawberries, vanilla ice cream				
Warm chocolate fudge cake	🌿 913 kcal. Vanilla ice cream			5.33
Warm chocolate brownie	🌿 736 kcal			5.33
Belgian chocolate sauce, vanilla ice cream				
Warm cookie dough sandwich	🌿 735 kcal			5.33
Salted caramel filling, toffee sauce, vanilla ice cream				
British Bramley apple crumble	🌿			5.62
Vanilla ice cream 830 kcal or custard 694 kcal				
American-style pancakes	🌿 ^{5% ^{UNDER 500}} 689 kcal			4.99
Four pancakes, maple-flavour syrup, vanilla ice cream				
Add: Custard 🌿 (134 kcal) 1.23; Vanilla ice cream scoop 🌿 (135 kcal) 94p				
Belgian chocolate sauce 🌿 (61 kcal) 42p; Toffee sauce 🌿 (74 kcal) 42p				
Banana 🌿 (101 kcal) 62p; Strawberries 🌿 (14 kcal) 62p; Blueberries 🌿 (17 kcal) 62p				

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot

🔥🔥🔥🔥🔥 = Extremely hot

🌿 Vegetarian 🌿 Vegan ^{5% ^{UNDER 500}} 5% fat or less ^{UNDER 500} Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Served 8am – 12 noon

Large breakfast	1286 kcal	6.59	Eggs Benedict	725 kcal	5.14
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast			Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Traditional breakfast	742 kcal	4.99	Mushroom Benedict	🌿 629 kcal	5.14
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast			Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Small breakfast	^{UNDER 500} 419 kcal	4.45	Miner's Benedict	939 kcal	5.14
Fried egg, bacon, sausage, baked beans, hash brown			Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
Add: Two slices of black pudding (355 kcal) 1.51					
Large vegetarian breakfast	🌿 1206 kcal	6.59	American-style pancakes		
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast			Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal		
Vegetarian breakfast	🌿 816 kcal	4.99	Four pancakes, maple-flavour syrup. 🌿 ^{5% ^{UNDER 500}} 554 kcal		
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast			Small American-style pancakes		
Small vegetarian breakfast	🌿 ^{UNDER 500} 313 kcal	4.45	Two pancakes, maple-cured bacon, maple-flavour syrup. ^{UNDER 500} 322 kcal		
Fried egg, Quorn sausage, baked beans, hash brown, tomato			Two pancakes, maple-flavour syrup. 🌿 ^{5% ^{UNDER 500}} 277 kcal		
Vegan breakfast	🌿 786 kcal	4.61	Scrambled egg on toast	🌿 570 kcal	3.77
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread			Three eggs, buttered white bloomer toast		
Freedom breakfast	545 kcal	4.45	Beans on toast	🌿 ^{5% ^{UNDER 500}} 566 kcal. Buttered white bloomer toast	3.66
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato			Small beans on toast	🌿 ^{5% ^{UNDER 500}} 251 kcal	2.62
American breakfast	1258 kcal	6.85	Buttered white bloomer toast		
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup			Two slices of toast with jam or marmalade	🌿 ^{5% ^{UNDER 500}} 496 kcal	2.47
Small American breakfast	629 kcal	4.99	White bloomer bread		
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup			Fresh fruit	🌿 ^{5% ^{UNDER 500}} 177 kcal	3.66
			Apple, banana, blueberries, strawberries		
			Porridge	🌿 ^{5% ^{UNDER 500}} 252 kcal (plain)	2.09
			Add: Banana 🌿 (101 kcal) 62p; Maple-flavour syrup 🌿 (125 kcal) 34p		
			Strawberries 🌿 (14 kcal) 62p; Blueberries 🌿 (17 kcal) 62p		
			Honey 🌿 (91 kcal) 34p		

Breakfast extras

Add any of the following:					
Two slices of black pudding	355 kcal	1.51	Two rashers of back bacon	99 kcal	1.57
Sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal	1.52
Quorn™ sausage	🌿 116 kcal	1.05	Two scrambled eggs	🌿 136 kcal	1.63
Grilled halloumi-style cheese	🌿 396 kcal	1.97	Fried egg	🌿 56 kcal	93p
Baked beans	🌿 126 kcal	93p	Poached egg	🌿 63 kcal	93p
Hash brown	🌿 82 kcal	46p	Two mushrooms	🌿 91 kcal	93p
Four rashers of maple-cured bacon	91 kcal	1.52	Two grilled tomato halves	🌿 16 kcal	52p
Two scrambled eggs	🌿 136 kcal	1.63	Slice of toast	🌿 191 kcal	1.13
Fried egg	🌿 56 kcal	93p			
Poached egg	🌿 63 kcal	93p			

Breakfast butties and wraps

Bacon butty	525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88	Breakfast wrap	739 kcal	4.36
Sausage butty	713 kcal. Two sausages, buttered white bloomer bread	3.88	Fried egg, bacon, sausage, hash brown, Cheddar cheese		
Quorn™ sausage butty	🌿 609 kcal	3.88	Vegetarian breakfast wrap	🌿 835 kcal	4.36
Two Quorn sausages, buttered white bloomer bread			Fried egg, two Quorn sausages, two hash browns, Cheddar cheese		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin	🌿 ^{UNDER 500} 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	^{UNDER 500} 298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	^{UNDER 500} 417 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin		
Egg & Quorn™ sausage muffin	🌿 ^{UNDER 500} 364 kcal	3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin		
Breakfast muffin	^{UNDER 500} 466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	🌿 ^{5% ^{UNDER 500}} 244 kcal	4.01
Guacamole, pico di gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg 🌿 (63 kcal) 93p		
Grilled halloumi-style cheese 🌿 (396 kcal) 1.97		
Add: Hash brown 🌿 (82 kcal) 46p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spiritzies, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —

LAVAZZA

TORINO, ITALIA, 1895

100% ARABICA BEANS

£1.56 each

Biscuits

Walkers shortbread 🌿 151 kcal 71p

Stem ginger biscuit 🌿 123 kcal 71p

Belgian chocolate biscuit 🌿 129 kcal 71p

Salted caramel brownie bar 🌿 316 kcal 1.64

Flat white 🌿 92 kcal
Cappuccino 🌿 102 kcal
Latte 🌿 113 kcal
Mocha 🌿 147 kcal
Espresso 🌿 6 kcal
Black coffee 🌿 6 kcal
White coffee 🌿 24 kcal
(Oat milk available 🌿 4 kcal)
Hot chocolate 🌿 169 kcal
Tea ^{Tetley} with semi-skimmed milk 🌿 14 kcal
(Oat milk available 🌿 4 kcal)
Decaffeinated tea and coffee available.

for the facts
drinkaware.co.uk

jdwetherspoon.com

STD

MENU_548

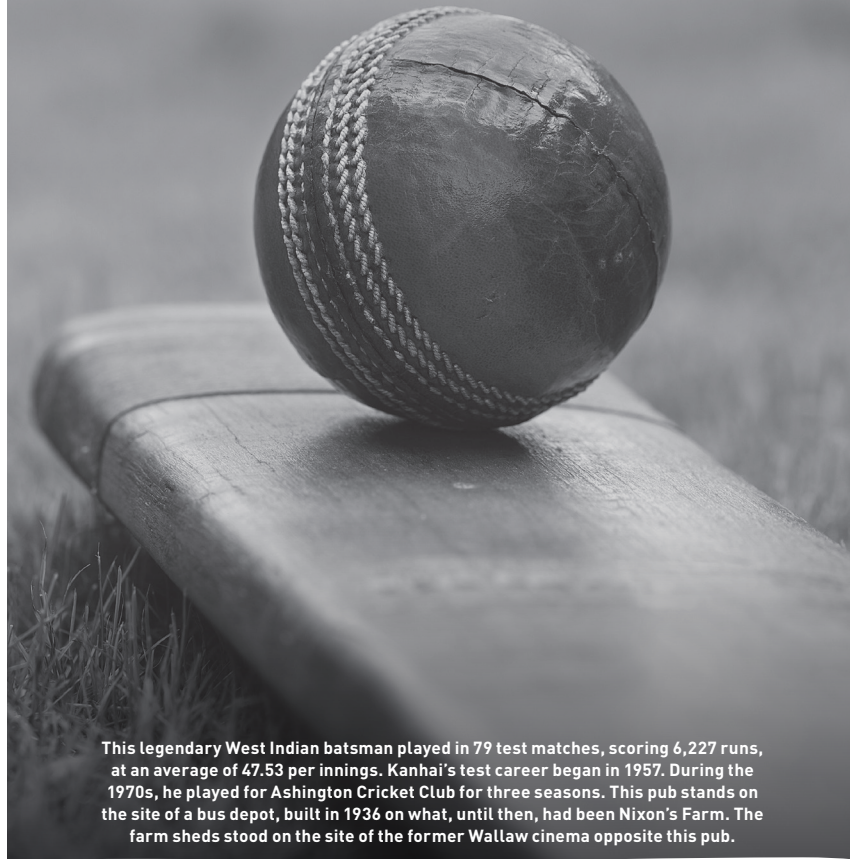
FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*
Choose from over 150 drinks

The Rohan Kanhai

Ashington



This legendary West Indian batsman played in 79 test matches, scoring 6,227 runs, at an average of 47.53 per innings. Kanhai's test career began in 1957. During the 1970s, he played for Ashington Cricket Club for three seasons. This pub stands on the site of a bus depot, built in 1936 on what, until then, had been Nixon's Farm. The farm sheds stood on the site of the former Wallaw cinema opposite this pub.



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

57 in England, Ireland, Scotland and Wales

Book direct for the best rates* jdwetherspoon.com or on our app

goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.*



How to order from your table

Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Small plates | Any 3 for £14.93

8" pizzas on a freshly baked sourdough base.

Margherita  UNDER 500 470 kcal	5.91
Mozzarella, basil	
Pepperoni  578 kcal	6.51
Mozzarella, pepperoni	
Ham and mushroom 505 kcal	6.51
Mozzarella, ham, mushroom, rocket	
BBQ chicken 558 kcal	6.51
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable  515 kcal	6.51
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable   5% UNDER 500 353 kcal	6.51
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast    618 kcal	7.09
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
11" garlic pizza bread  772 kcal	5.57
Nachos     592 kcal	5.81
Cheese, guacamole, salsa, sour cream, sliced chillies	
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.36
Loaded chips 1218 kcal	6.03
Cheese, maple-cured bacon, sour cream	
Tomato & basil soup   5% UNDER 500 341 kcal	4.23
White bloomer bread	
With any of the small plates below, choose one dip:	
Sweet chilli   48 kcal; Sticky soy  100 kcal	
Naga chilli    136 kcal; Jack Daniel's® Tennessee Honey glaze  87 kcal	
Chipotle mayo    150 kcal; Blue cheese  270 kcal	
Halloumi-style fries  UNDER 500 396 kcal	4.96
Chicken bites  UNDER 500 298 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips  5% UNDER 500 459 kcal. Five chicken breast strips	6.09
Chicken wings    804 kcal. Ten spicy chicken wings	6.26
Quorn™ nuggets  UNDER 500 331 kcal. Eight coated pieces	5.19

Deli Deals

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section.

Paninis

Tuna mayo and Cheddar cheese 599 kcal	
Cheddar cheese and tomato  532 kcal	
Wiltshire cured ham	
and Cheddar cheese 512 kcal	
BBQ chicken, bacon and Cheddar cheese 572 kcal	
Wraps	
Quorn™ nuggets  534 kcal	soft drink* 5.70 each
Tomato, cucumber, salsa	
Southern-fried chicken	
and smoky chipotle mayo    639 kcal	
Cold chicken and sweet chilli sauce    514 kcal	
Fried halloumi-style cheese and sweet chilli sauce   738 kcal	
Tomato, cucumber	
Add: Chips  (602 kcal); Salad  (87 kcal)	
Tomato & basil soup  (150 kcal); Spicy rice  (208 kcal) 1.44 each	

Jacket potatoes

With salad and one filling. Extra fillings 1.22 each.

Tuna mayo 621 kcal	
Coleslaw  578 kcal	soft drink* 6.85 each
Cheese  531 kcal	
Baked beans   501 kcal	alcoholic drink* 8.38 each
Five-bean chilli    5% UNDER 500 431 kcal	
Roasted vegetables   5% UNDER 500 402 kcal	

Burgers | Beef burgers made from 100% British beef.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 695 kcal		
Red onion, gherkin, ketchup, American-style mustard		
Classic beef burger 676 kcal	soft drink* 5.44 each	alcoholic drink* 6.97 each
Iceberg lettuce, tomato, red onion		
Skinny beef burger  UNDER 500 369 kcal		
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 729 kcal		
American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.04 alcoholic drink* 7.57	
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1137 kcal		
Red onion, gherkin, ketchup, American-style mustard		
Double classic beef burger 1118 kcal	soft drink* 7.73 each	alcoholic drink* 9.26 each
Iceberg lettuce, tomato, red onion		
Double American cheese burger 1206 kcal		
American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 8.30 alcoholic drink* 9.83	

Just-a-burger	
Served on its own, without chips or a drink.	each 3.36
American burger  UNDER 500 366 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger  5% UNDER 500 459 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  83 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50
3oz beef patty 169 kcal	
Fried halloumi-style cheese  446 kcal	
Grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	
Breaded vegetable patty  257 kcal	each 1.97
 BEYOND MEAT patty  184 kcal	

Chicken

Char-grilled half chicken		
Chicken on the bone is marinated, slow cooked and finished on the char-grill.		
Lemon and herb  Char-grilled in a lemon & herb glaze		
Coleslaw, garlic & herb dip		
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Mashed potato 1177 kcal	soft drink* 10.83 each	
Side salad 978 kcal; Mediterranean salad 1089 kcal		
Hot and spicy    Char-grilled in a Naga chilli & citrus glaze	alcoholic drink* 12.36 each	
Coleslaw, Naga chilli dip		
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Mashed potato 1147 kcal		
Side salad 948 kcal; Mediterranean salad 1058 kcal		
Char-grilled half chicken, mash and gravy 857 kcal		
Lemon & herb chicken, peas, chicken gravy		
Chicken baskets		
Chicken wing basket    Eight wings, coleslaw, Naga chilli dip		
Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal		
Boneless basket 		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal	soft drink* 8.68 each	
Chicken bites basket		
Ten battered chicken breast pieces, coleslaw, sticky soy sauce		
Choose: Spicy rice  739 kcal; Chips 1133 kcal; Side salad 618 kcal	alcoholic drink* 10.21 each	
Southern-fried chicken strips basket 		
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze		
Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal		
Quorn™ 'no chicken' nuggets basket  		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal		
Add: Chicken gravy (50 kcal) 94p		

Gourmet burgers		
Served with chips, six onion rings (871 kcal, included in Calories below).		
Heatwave burger   		
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing		
Choose: Grilled chicken breast 1754 kcal; Fried buttermilk chicken 2039 kcal		
Ultimate burger 1661 kcal		
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 9.93 each	
Tennessee burger	alcoholic drink* 11.46 each	
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze		
Choose: Beef (two 3oz beef patties) 1565 kcal		
Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal		
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce		
Choose: Beef (two 3oz beef patties) 1644 kcal; Grilled chicken breast 1495 kcal		
Fried buttermilk chicken 1780 kcal		
Fiesta burger  1462 kcal		
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		
Triple American cheese & bacon burger 1479 kcal	soft drink* 11.38 alcoholic drink* 12.91	
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard		

Chicken burgers		
Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger  787 kcal	soft drink* 5.44	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 6.97	
Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1254 kcal	soft drink* 7.73 each	
Breaded whole chicken breast fillet		
Grilled chicken breast burger 969 kcal	alcoholic drink* 9.26 each	
Skinny chicken burger  5% UNDER 500 388 kcal		
Grilled chicken breast with salad, instead of chips		
Meat-free burgers		
Served with chips (602 kcal, included in Calories below).		
Fried halloumi-style cheese burger   1128 kcal	soft drink* 7.73 each	
Sweet chilli sauce		
Breaded vegetable burger  1038 kcal	alcoholic drink* 9.26 each	
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese		
Beyond Burger™  834 kcal.  BEYOND MEAT plant-based patty		

Curries

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu chicken curry 826 kcal	soft drink* 8.73 each	
Sliced whole breaded chicken breast fillet		
Katsu grilled chicken curry  541 kcal	alcoholic drink* 10.26 each	
Sliced grilled chicken breast		
Katsu Quorn™ nugget curry  685 kcal		
Eight coated pieces		
Classic curries With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry    867 kcal	soft drink* 9.84 each	
Chicken tikka masala  1190 kcal	alcoholic drink* 11.37 each	
Chicken jalfrezi     935 kcal		
Beef Madras     1043 kcal		
Change your plain naan to a garlic naan  (add 58 kcal) 47p		
Simple curries With basmati pilau rice or chips.		
Simple Mangalorean roasted cauliflower & spinach curry  	soft drink* 7.62 each	
Choose: Basmati pilau rice  508 kcal; Chips 910 kcal	alcoholic drink* 9.15 each	
Simple chicken tikka masala 		
Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal		
Simple chicken jalfrezi   		
Choose: Basmati pilau rice  575 kcal; Chips 977 kcal		
Simple beef Madras    		
Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal		

11" pizzas

On a freshly baked sourdough base.		
Margherita  939 kcal. Mozzarella, basil	soft drink* 8.68	alcoholic drink* 10.21
Pepperoni   1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal		
Mozzarella, ham, mushroom, rocket		
BBQ chicken 1103 kcal	soft drink* 9.84 each	alcoholic drink* 11.37 each
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable  1029 kcal		
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable   705 kcal		
Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast     1220 kcal	11.02	12.55
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
Additional toppings		
Red onion  10 kcal; Sliced chillies      3 kcal; Mushroom  6 kcal	each	88p
Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each	1.15
Pepperoni  109 kcal; Roasted vegetables  135 kcal	each	1.53

Small pub classics

	soft drink*	alcoholic drink*
Fish and chips		
Small freshly battered cod and chips 	7.84	9.37
Peas 680 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi	7.84	9.37
Chips, peas 658 kcal or mushy peas 718 kcal.		
Four Whitby breaded scampi		
Add: Two slices of bread  (383 kcal) 1.34		
Chip shop-style curry sauce  (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips  455 kcal	6.61	8.14
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 666 kcal	6.91	8.44
Sausage, bacon, fried egg, baked beans, chips		
Small vegetarian all-day brunch  680 kcal	6.91	8.44
Two Quorn sausages, fried egg, baked beans, chips		

Afternoon deal

Mon - Fri, 2pm - 5pm	soft drink* 6.09	alcoholic drink* 7.62
Choose from the above small pub classic meals.		