










































Sides and extras

































Bowl of chips  964 kcal (Add: Spicy seasoning  (8 kcal) 34p)	4.23
Small bowl of chips  602 kcal	2.48
Five chicken wings  402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Grilled halloumi-style cheese  446 kcal	1.97
Peas  130 kcal	94p
Mushy peas  248 kcal	94p
Side salad  87 kcal	2.29
Mediterranean side salad  198 kcal	3.22
Roasted vegetables  135 kcal	1.53
Coleslaw  399 kcal	1.40
Sliced chillies  3 kcal	88p
Chicken gravy 50 kcal	94p
Onion rings  Six 269 kcal 2.33 Twelve 538 kcal 3.50	
Garlic pizza bread  8* 386 kcal 4.40	11* 772 kcal 5.57
With cheese  8* 461 kcal 4.98	11* 922 kcal 6.44

Desserts











Vanilla ice cream   338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch   365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie   435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich   435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Mini American-style pancakes   412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.54
Fresh fruit    447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake  913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich  735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble  694 kcal Vanilla ice cream 830 kcal or custard 694 kcal	5.62
American-style pancakes   689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	4.99
Add: Custard  (134 kcal) 1.23 ; Vanilla ice cream scoop  (135 kcal) 94p Belgian chocolate sauce  (61 kcal) 42p ; Toffee sauce  (74 kcal) 42p Banana  (101 kcal) 62p ; Strawberries  (14 kcal) 62p ; Blueberries  (17 kcal) 62p	

BREAKFAST

Served
8am - 12 noon




















Large Scottish breakfast 1441 kcal Two fried eggs, bacon, two sausages, two slices of black pudding, baked beans, potato scone, two slices of toast	6.59	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Scottish breakfast 848 kcal Fried egg, bacon, sausage, black pudding, baked beans, potato scone, slice of toast	4.99	Mushroom Benedict  629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Small Scottish breakfast  429 kcal Fried egg, bacon, sausage, baked beans, potato scone	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Add: Haggis (246 kcal) 1.40 ; Two slices of black pudding (355 kcal) 1.51		American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup.   554 kcal	4.99 4.30
Large vegetarian breakfast  1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup.  322 kcal Two pancakes, maple-flavour syrup.   277 kcal	3.54 3.25
Vegetarian breakfast  816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.77
Small vegetarian breakfast   313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45	Beans on toast   566 kcal. Buttered white bloomer toast	3.66
Vegan breakfast  786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Small beans on toast    251 kcal Buttered white bloomer toast	2.62
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Fresh fruit    177 kcal Apple, banana, blueberries, strawberries	3.66
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup	6.85	Porridge    252 kcal (plain) Add: Banana  (101 kcal) 62p ; Maple-flavour syrup  (125 kcal) 34p Strawberries  (14 kcal) 62p ; Blueberries  (17 kcal) 62p Honey  (91 kcal) 34p	2.09
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup	4.99	Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
Two slices of toast with jam or marmalade   496 kcal White bloomer bread	2.47	Vegetarian breakfast wrap  835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.36

Breakfast extras

Add any of the following:					
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57	Hash brown  82 kcal	46p
Sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms  91 kcal	93p
Quorn™ sausage  116 kcal	1.05	Two scrambled eggs  136 kcal	1.63	Two grilled tomato halves  16 kcal	52p
Grilled halloumi-style cheese  396 kcal	1.97	Fried egg  56 kcal	93p	Slice of toast  191 kcal	1.13
Baked beans  126 kcal	93p	Poached egg  63 kcal	93p		

Breakfast deals

Includes tea, coffee or hot chocolate. Free refills 

Breakfast roll	3.77
Choose: Bacon  303 kcal; Sausage 540 kcal; Quorn™ sausage   436 kcal Fried egg   260 kcal; Haggis  450 kcal; Black pudding 559 kcal	
Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin  298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin  417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.77
Egg & Quorn™ sausage muffin   364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin  466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.01
Smashed avocado muffin    244 kcal Guacamole, pico di gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52 ; Poached egg  (63 kcal) 93p Grilled halloumi-style cheese  (396 kcal) 1.97	4.01
Add: Hash brown  (82 kcal) 46p	





All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spiritz, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA
TORINO, ITALIA, 1895

£1.56 each

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

for the facts
drinkaware.co.uk
jdwetherspoon.com

SCO

MENU_943

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* 
Choose from over 150 drinks



The Salt Cot

Saltcoats

The town of Saltcoats and this Wetherspoon pub take their name from the salt cots on the seashore, used for curing fish. Saltcoats originated from a small community living in huts on the seashore, earning a living by fishing or boiling seawater in small kettles or pans (salt 'cots'), mainly for curing fish. These early origins are recalled in the Burgh of Saltcoats seal which features a salt pan in its design.



Food hygiene information scheme
We have been awarded the food hygiene rating of PASS in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
£4.99

Scottish breakfast

Tea, coffee and hot chocolate
Free refills 
£1.56 each

Burger meals

INCLUDES A DRINK 

Featuring 3oz American burger soft drink* **£5.28** | alcoholic drink* **£6.81**

Afternoon deals

INCLUDES A DRINK 

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink* **£5.91** | alcoholic drink* **£7.44**

Steak Club®

INCLUDES A DRINK 

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin soft drink* **£9.67** | alcoholic drink* **£11.20**

Curry Club®

INCLUDES A DRINK 

Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* **£7.91** | alcoholic drink* **£9.44**

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

57 in England, Ireland, Scotland and Wales
HOTELS
Book direct for the best rates* jdwetherspoon.com or on our app

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.*



